REVISED REQUEST FOR AN INITIAL HOME AND COMMUNITY-BASED SERVICES WAIVER (0410) IN ACCORDANCE WITH SECTION 1915(C) OF THE SOCIAL SECURITY ACT

Submitted to the U.S. Department of Health and Human Services Centers for Medicare and Medicaid Services

By the State of Washington Department of Social and Health Services

Submission date:	
Requested Effective	Date: January 1, 2004

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SECTION 1915(c) WAIVER FORMAT

1.	The State of <u>Washington</u> requests a Medicaid home and community-based services waiver under the authority of section 1915(c) of the Social Security Act. The administrative authority under which this waiver will be operated is contained in Appendix A.					
This is	a request for a a Yes	model waiver. b. X No				
	If Yes, the Sta at any one tim	te assures that no more than 200 individuals will be served by this waiver e.				
This w	a. X 3 yea	ted for a period of (check one): ars (initial waiver) s (renewal waiver)				
2.	individuals wh	requested in order to provide home and community-based services to o, but for the provision of such services, would require the following levels cost of which could be reimbursed under the approved Medicaid State				
	a bX	Nursing facility (NF) Intermediate care facility for mentally retarded or persons with related conditions (ICF/MR)				
	c d e	Hospital NF (served in hospital) ICF/MR (served in hospital				
3.		ction 1902(a)(10)(B) of the Act is requested to target waiver services to ect group(s) of individuals who would be otherwise eligible for waiver				
	a b c d e fX	aged (age 65 and older) disabled aged and disabled mentally retarded developmentally disabled mentally retarded and developmentally disabled (as defined in Washington Administrative Code [WAC] 388-825-030 [Attachment				
	g	A-1] and implemented by WAC 388-825-035 [Attachment A-2]). chronically mentally ill				
4.		ction 1902(a)(10)(B) of the Act is also requested to impose the following eting restrictions (specify):				
	a b	Waiver services are limited to the following age groups (specify): Waiver services are limited to individuals with the following disease(s) or condition(s) (specify):				
	C.	Waiver services are limited to individuals who are mentally retarded or				

result	opmentally disabled, who currently reside in general NFs, but who have been shown, as a of the Pre-Admission Screening and Annual Resident Review process mandated by P.L. 33 to require active treatment at the level of an ICF/MR. d. X Other criteria. (Specify):	
	The individuals on this waiver require residential habilitation services or live at home but are at immediate risk of out of home placement due to one or more of the following extraordinary needs. O The individual has extreme and frequently occurring behavior challenges resulting in danger to health or safety or O Has had 18 or more days of inpatient psychiatric care in the past 12 month or	ıs
	 The individual lives in an ICF/MR and requests community placement or Requires daily to weekly one-on-one support, supervision and 24-hour access to trained others to meet basic health and safety needs. 	
	e Not applicable.	
5.	Except as specified in item 6 below, an individual must meet the Medicaid eligibility criteria set forth in Appendix C-1 in addition to meeting the targeting criteria in items 2 through 4 of this request.	
6.	This waiver program includes individuals who are eligible under medically needy groups	3.
	aYes bX_No	
7.	A waiver of 1902(a)(10)(C)(i)(III) of the Social Security Act has been requested in order to use institutional income and resource rules for the medically needy.	
	aYes bNo cX_N/A	
8.	The State will refuse to offer home and community-based services to any person for whom it can reasonably be expected that the cost of home or community-based service furnished to that individual would exceed the cost of a level of care referred to in item 2 of this request.	
	aYes bX_No	
9.	A waiver of the "statewideness" requirements set forth in section 1902(a)(1) of the Act i requested.	S
	a Yes b X No	
	If yes, waiver services will be furnished only to individuals in the following geographic areas or political subdivisions of the State (Specify):	
10.	A waiver of the amount, duration and scope of services requirements contained in section 1902(a)(10)(B) of the Act is requested, in order that services not otherwise available under the approved Medicaid State plan may be provided to individuals serve on the waiver.	d
11.	The State requests that the following home and community-based services, as described and defined in Appendix B.1 of this request, be included under this waiver:	

a	_ Case management
b.	Homemaker
^	Hama haalth aida aaniisaa
d. X	Personal care services Respite care Adult day health Habilitation X Residential habilitation Day habilitation
e. X	Respite care
f	Adult day health
q. X	Habilitation
<u> </u>	X Residential habilitation
	Day habilitation
	X Prevocational services
	X Prevocational services X Supported employment services
	Educational services
h. X	Environmental accessibility adaptations
i. X	Skilled nursing
i. X	Transportation
k X	Specialized medical equipment and supplies
I <u>/ / / / / / / / / / / / / / / / / / </u>	Chore services
m.	Educational services Environmental accessibility adaptations Skilled nursing Transportation Specialized medical equipment and supplies Chore services Personal Emergency Response Systems
n	Companion services
	_ Private duty nursing
	Family training
q	Attendant care
r. X	Adult Residential Care
	X Adult foster care
	Assisted living Other Service Definition: Adult Residential Care
	X Other Service Definition: Adult Residential Care
s. <u>X</u>	Extended State plan services (Check all that apply):
	Physician services
	Home health care services
	X Physical therapy services
	X Occupational therapy services
	X Speech, hearing and language services
	Prescribed drugs
	Other (specify):
t. X	Prescribed drugs Other (specify): Other services (specify):
	Behavior Management and Consultation
	Staff/Family Consultation and Training
	Specialized Psychiatric Services
	4. Community Access
	5. Community Guide
	6. Person to Person
u	_The following services will be provided to individuals with chronic mental illness:
	Day treatment/Partial hospitalization
	Psychosocial rehabilitation
	Clinic services (whether or not furnished in a facility)

12. The state assures that adequate standards exist for each provider of services under the waiver. The State further assures that all provider standards will be met.

- 13. An individual written plan of care will be developed by qualified individuals for each individual under this waiver. This plan of care will describe the medical and other services (regardless of funding source) to be furnished, their frequency, and the type of provider who will furnish each. All services will be furnished pursuant to a written plan of care. The plan of care will be subject to the approval of the Medicaid agency. FFP will not be claimed for waiver services furnished prior to the development of the plan of care. FFP will not be claimed for waiver services which are not included in the individual written plan of care.
- 14. Waiver services will not be furnished to individuals who are inpatients of a hospital, NF, or ICF/MR.
- 15. FFP will not be claimed in expenditures for the cost of room and board, with the following exception(s) (Check all that apply):

a	X When provided as part of respite care in a facility approved by the State
	that is not a private residence (hospital, NF, foster home, or
	community residential facility).
b	Meals furnished as part of a program of adult day health services.
C.	When a live-in personal caregiver (who is unrelated to the individual receiving
	care) provides approved waiver services, a portion of the rent and
	food that may be reasonably attributed to the caregiver who
	resides in the same household with the waiver recipient. FFP for
	rent and food for a live-in caregiver is not available if the recipient
	lives in the caregiver's home, or in a residence that is owned or
	leased by the provider of Medicaid services. An explanation of the
	method by which room and board costs are computed is included
	in Appendix G-3.

For purposes of this provision, "board" means 3 meals a day, or any other full nutritional regimen.

- 16. The Medicaid agency provides the following assurances to HCFA:
 - a. Necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. Those safeguards include:
 - 1. Adequate standards for all types of providers that furnish services under the waiver (see Appendix B);
 - Assurance that the standards of any State licensure or certification requirements are met for services or for individuals furnishing services that are provided under the waiver (see Appendix B). The State assures that these requirements will be met on the date that the services are furnished; and
 - 3. Assurance that all facilities covered by section 1616(e) of the Social Security Act, in which home and community-based services will be provided, are in compliance with applicable State standards that meet the requirements of 45 CFR Part 1397 for board and care facilities.

- b. The agency will provide for an evaluation (and periodic reevaluations, at least annually) of the need for a level of care indicated in item 2 of this request, when there is a reasonable indication that individuals might need such services in the near future (one month or less), but for the availability of home and community-based services. The requirements for such evaluations and reevaluations are detailed in Appendix D.
- c. When an individual is determined to be likely to require a level of care indicated in item 2 of this request, and is included in the targeting criteria included in items 3 and 4 of this request, the individual or his or her legal representative will be:
 - 1. Informed of any feasible alternatives under the waiver; and
 - 2. Given the choice of either institutional or home and community-based services.
- d. The agency will provide an opportunity for a fair hearing, under 42 CFR Part 431, subpart E, to persons who are not given the choice of home or community-based services as an alternative to institutional care indicated in item 2 of this request, or who are denied the service(s) of their choice, or the provider(s) of their choice.
- e. The average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures for the level(s) of care indicated in item 2 of this request under the State plan that would have been made in that fiscal year had the waiver not been granted.
- f. The agency's actual total expenditure for home and community-based and other Medicaid services under the waiver and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred by the State's Medicaid program for these individuals in the institutional setting(s) indicated in item 2 of this request in the absence of the waiver.
- g. Absent the waiver, persons served in the waiver would receive the appropriate type of Medicaid-funded institutional care that they require, as indicated in item 2 of this request.
- h. The agency will provide CMS annually with information on the impact of the waiver on the type, amount and cost of services provided under the State plan and on the health and welfare of the persons served on the waiver. The information will be consistent with a data collection plan designed by CMS.
- i. The agency will assure financial accountability for funds expended for home and community-based services, provide for an independent audit of its waiver program (except as CMS may otherwise specify for particular waivers), and it will maintain and make available to HHS, the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver, including reports of any independent audits conducted.

The State conducts a single audit in conformance with the Single Audit Act of

		198	34, P	.L. 98-	502.			
		a	Χ	Yes		b	_ No	
17.	quality assess	of of one of the	care p nt wil waive	orovide I be su er perio	ed, according to the second and and and and and and and and and a	ess to c d to CM cover th	are, and IS at lea	sessment of its waiver that evaluates the document cost-neutrality. The results of the st 90 days prior to the expiration of the 4 months (new waivers) or 48 months
	a	_Ye	S		b. <u>X</u>	No		
18.	health quality Monito continus service these pand the that all	and cor pring uous es fu prod e St	welf trol p will d sly ma irnish edura ate p blem	are of proced ensure et, and are es, the lan to siden	the ind ures de that a that p consis State waiver tified b	ividuals escribed Il provid lans of destent winders will ens persone y this m	served in this er stand care are th the id ure the s served onitoring	on the waiver, through monitoring of the waiver document (including Appendices). lards and health and welfare assurances are periodically reviewed to ensure that the entified needs of the individuals. Through quality of services furnished under the waiver I on the waiver. The State further assures g will be addressed in an appropriate and and nature of the deficiencies.
19.	An effe	ectiv	e dat	te of	Januar	y 1, 200	<u>)4</u> is re	quested.
20.	The State contact person for this request is <u>Chris Imhoff</u> who can be reached by telephone at (360)902-8453 .							
21.	This document, together with Appendices A through G, and all attachments, constitutes the State's request for a hoe and community-based services waiver under section 1915(c) of the Social Security Act. The State affirms that it will abide by all terms and conditions set forth in the waiver (including Appendices and attachments), and certifies that any modifications to the waiver request will be submitted in writing by the State Medicaid agency. Upon approval by HCFA, this waiver request will serve as the State's authority to provide home and community services to the target group under its Medicaid plan. Any proposed changes to the approved waiver will be formally requested by the State in the form of waiver amendments.							
								s waiver application (including standards, t on file at the Medicaid agency.
						Signat	ure:	
						Print N	lame:	DENNIS BRADDOCK
						Title:		SECRETARY
						Date:		

APPENDIX A ADMINISTRATION

LINE OF AUTHORITY FOR WAIVER OPERATION

CHEC	K ONE:
	The waiver will be operated directly by the Medical Assistance Unit of the Medicaid agency.
	The waiver will be operated by, a separate agency of the State, under the supervision of the Medicaid agency. The Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. A copy of the interagency agreement setting forth the authority and arrangements for this policy is on file at the Medicaid agency.
_X	The waiver will be operated by The Division of Developmental Disabilities , a separate division within the Single State agency. The Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. A copy of the interagency agreement setting forth the authority and arrangements for this policy is on file at the Medicaid agency.

ATTACHMENT A-1 WAC 388-825-030

WAC 388-825-030 Eligibility for services. (1) A developmental disability is a condition which meets all of the following:

- (a) A condition defined as mental retardation, cerebral palsy, epilepsy, autism, or another neurological or other condition as described under WAC 388-825-030;
 - (b) Originates before the individual reaches eighteen years of age;
 - (c) Is expected to continue indefinitely; and
 - (d) Results in a substantial handicap.
- (2) Mental retardation is a condition resulting in significantly subaverage general intellectual functioning as evidenced by:
- (a) A diagnosis of mental retardation documented by a licensed psychologist or certified school psychologist; and
- (b) A substantial handicap when the individual has an intelligence quotient score of more than two standard deviations below the mean using the Stanford-Binet, Wechsler, or Leiter International Performance Scale; and
 - (c) An intelligence quotient score which is not:
- (i) Expected to improve with treatment, instruction, or skill acquisition above the established level: or
 - (ii) Attributable to mental illness or other psychiatric condition; and
- (d) Meeting the requirements of developmental disability under subsection (1)(b) and (c) of this section.
 - (3) Cerebral palsy is a condition evidenced by:
 - (a) A diagnosis of cerebral palsy by a licensed physician; and
 - (b) A substantial handicap when, after forty-eight months of age:
 - (i) An individual needs direct physical assistance in two or more of the following activities:
 - (A) Eating:
 - (B) Dressing;
 - (C) Bathing:
 - (D) Toileting; or
 - (E) Mobility; or
 - (ii) An individual meets the requirements under subsection (6)(b) of this section; and
 - (c) Meeting the requirements under subsection (1)(b) and (c) of this section.
 - (4) Epilepsy is a condition evidenced by:
- (a) A diagnosis of epilepsy by a board-eligible neurologist, including documentation the condition is chronic; and
 - (b) The presence of partially controlled or uncontrolled seizures; and
 - (c) A substantial handicap when the individual:
- (i)(A) Requires the presence of another individual to monitor the individual's medication, and is certified by a physician to be at risk of serious brain damage/trauma without direct physical assistance from another individual; or
- (B) In the case of individuals eighteen years of age or older only, requires the presence of another individual to monitor the individual's medication, and is unable to ATTACHMENT A-1 CONTINUED

monitor the individual's own medication resulting in risk of medication toxicity or serious dosage side effects threatening the individual's life; or

- (ii) Meets the requirements under subsection (6)(b) of this section; and
- (d) Meeting the requirements under subsection (1)(b) and (c) of this section.

- (5) Autism is a condition evidenced by:
- (a) A specific diagnosis, by a board-eligible psychiatrist or licensed clinical psychologist, of autistic disorder, a particular diagnostic subgroup of the general diagnostic category pervasive developmental disorders; and
 - (b) A substantial handicap shown by:
- (i) The presence of significant deficits of social and communication skills and marked restriction of activities of daily living, as determined by one or more of the following persons with at least one year's experience working with autistic individuals:
 - (A) Licensed psychologists;
 - (B) Psychiatrists;
 - (C) Social workers:
 - (D) Certified communication disorder specialists;
 - (E) Registered occupational therapists;
 - (F) Case managers;
 - (G) Certificated educators; and
 - (H) Others; or
 - (ii) Meeting the requirements under subsection (6)(b) of this section; and
 - (c) Meeting the requirements under subsection (1)(b) and (c) of this section.
- (6) Another neurological or other condition closely related to mental retardation, or requiring treatment similar to that required for individuals with mental retardation is a condition evidenced by:
 - (a)(i) Impairment of the central nervous system as diagnosed by a licensed physician; and
- (ii) A substantial handicap when, after forty-eight months of age, an individual needs direct physical assistance with two or more of the following activities:
 - (A) Eating;
 - (B) Dressing;
 - (C) Bathing;
 - (D) Toileting; or
 - (E) Mobility; and
- (iii) An intelligence quotient score of at least one and one-half standard deviations below the mean, using the Wechsler Intelligence Scale, the Stanford-Binet, or the Leiter International Performance Scale; and
 - (iv) Meeting the requirements under subsection (1)(b) and (c) of this section; or
 - (b) A condition evidenced by:
- (i) An intelligence quotient score at least one and one-half standard deviations below the mean, using the Wechsler Intelligence Scale, the Stanford-Binet, or the Leiter International Performance Scale; or
- (ii) If the individual's intelligence score is higher than one and one-half standard deviations below the mean, then current or previous eligibility for participation in special ATTACHMENT A-1 CONTINUED

education, under WAC <u>392-172-114</u> through <u>392-172-150</u>, shall be demonstrated. Such participation shall not currently or at eighteen years of age be solely due to one or more of the following:

- (A) Psychiatric impairment;
- (B) Serious emotional/behavioral disturbance; or
- (C) Orthopedic impairment; and
- (iii) A substantial handicap when a standard score of more than two standard deviations below the mean in each of four domains of the adaptive behavior section of the Inventory for Client and Agency Planning (ICAP) is obtained, the domains identified as:
 - (A) Motor skills:

- (B) Social and communication skills;
- (C) Personal living skills;
- (D) Community living skills; and
- (iv) The ICAP is administered at least every twenty-four months; and
- (v) Is not attributable to mental illness, personality and behavioral disorders, or other psychiatric conditions; and
 - (vi) Meets the requirements under subsection (1)(b) and (c) of this section; or
- (c) A child under six years of age at risk of developmental disability, as measured by developmental assessment tools and administered by qualified professionals, showing a substantial handicap as evidenced by one of the following:
- (i) A delay of at least twenty-five percent of the chronological age in one or more developmental areas between birth and twenty-four months of age; or
- (ii) A delay of at least twenty-five percent of the chronological age in two or more developmental areas between twenty-five and forty-eight months of age; or
- (iii) A delay of at least twenty-five percent of the chronological age in three or more developmental areas between forty-nine and seventy-two months of age; and
- (iv) Such eligibility shall be subject to review at any time, but at least at thirty-six months of age and at least seventy-two months of age:
 - (v) Developmental areas as described in subsection (6)(c) of this section are:
 - (A) Fine or gross motor skills;
 - (B) Self-help skills;
 - (C) Expressive and receptive communication skills, including American sign language skills;
 - (D) Social skills; and
 - (E) Cognitive, academic, or problem-solving skills.
- (vi) Qualified professionals, as described in subsection (6)(c) of this section, include, but are not limited to, the following professionals with at least one year's experience and training in the field of child development and preferably in the area of developmental disabilities:
 - (A) Licensed physicians;
 - (B) Licensed psychologists;
 - (C) Certified communication disorder specialists;
 - (D) Registered occupational therapists:

ATTACHMENT A-1 CONTINUED

- (E) Licensed physical therapists;
- (F) Case managers;
- (G) Registered public health nurses; and
- (H) Educators.
- (vii) Any standardized developmental assessment tool may be used if the tool:
- (I) Is reasonably reliable and valid by professional standards; and
- (II) Demonstrates the information required to make a determination of the developmental delay; or
 - (d) A child under six years of age having a diagnosis of Down Syndrome.

[Statutory Authority: RCW <u>71A.16.010</u>, <u>71A.16.030</u>, <u>71A.12.030</u>, chapter <u>71A.20</u> RCW, RCW <u>72.01.090</u>, and <u>72.33.125</u>. 02-16-014, § 388-825-030, filed 7/25/02, effective 8/25/02; <u>99-19-104</u>, recodified as § 388-825-030, filed 9/20/99, effective 9/20/99. Statutory Authority: RCW <u>71A.10.020</u>. 92-04-004 (Order 3319), § 275-27-026, filed 1/23/92, effective 2/23/92. Statutory Authority: RCW <u>71.20.070</u>. 89-06-049 (Order 2767), § 275-27-026, filed 2/28/89.]

ATTACHMENT A-2

WAC 388-825-035

WAC 388-825-035 Determination of eligibility. (1) The department shall determine an individual eligible for services upon application if the individual meets developmental disability criteria as defined under WAC 388-825-030.

- (2) The department may require appropriate documents substantiating the presence of a developmental disability.
- (3) When the department uses or requires the Wechsler Intelligence Test for the purposes of this chapter, the department may consider any standardized Wechsler Intelligence Test as a valid measure of intelligence, assuming a full scale score can be obtained.
- (4) If, in the opinion of the testing psychologist, an individual is not able to complete all of the subtests necessary to achieve a full scale score on the Wechsler, the department shall make a professional judgment about the person's intellectual functioning, based upon the information available.
- (5) When an applicant has a significant hearing impairment, the department may use or require the Leiter International Performance Scale to determine the individual's intelligence quotient for the purposes of WAC <u>388-825-030</u>.
- (6) When an applicant has a significant vision impairment, the department may use or require the Wechsler verbal intelligence quotient score as the intelligence quotient score for the purposes of WAC <u>388-825-030</u>.
- (7) When an Inventory for Client and Agency Planning (ICAP) is required by the department to demonstrate a substantial handicap, the department shall provide or arrange for the administration of the ICAP.
- (8) The department shall determine an applicant's eligibility for services within ten working days of receipt of the completed application and supporting documents.
- (9) Any documentation the department requires shall be subject to departmental review. The department may also review client eligibility at any time.
- (10) The secretary or designee may authorize eligibility under subsection (1) of this section under the following conditions:
- (a) To register a child under eighteen years of age who is eligible for medically intensive home care services, under the department's Title XIX Model 50 waiver program; or
- (b) To eliminate the department's requirement for documentation of disability prior to eighteen years of age when:
 - (i) The applicant is otherwise eligible under WAC 388-825-030; and
- (ii) The department and applicant are unable to obtain any documentation of disability originating prior to eighteen years of age; and
- (iii) The department has determined the applicant's condition occurred prior to eighteen years of age.

[Statutory Authority: RCW <u>71A.16.010</u>, <u>71A.16.030</u>, <u>71A.12.030</u>, chapter <u>71A.20</u> RCW, RCW <u>72.01.090</u>, and <u>72.33.125</u>. 02-16-014, § 388-825-035, filed 7/25/02, effective 8/25/02; <u>99-19-104</u>, recodified as § 388-825-035, filed 9/20/99, effective 9/20/99. Statutory Authority: RCW <u>71.20.070</u>. 89-06-049 (Order 2767), § 275-27-030, filed 2/28/89; 84-15-058 (Order 2124), § 275-27-030, filed 7/18/84; Order 1143, § 275-27-030, filed 8/11/76.]

APPENDIX B - SERVICES AND STANDARDS

APPENDIX B-1 DEFINITION OF SERVICES

The State requests that the following home and community-based services, as described and defined herein, be included under this waiver. Provider qualifications/standards for each service are set forth in Appendix B-2.

a Case Manage	ment
	Services which will assist individuals who receive waiver services in gaining access to needed waiver and other State plan services, as well as needed medical, social, educational and other services, regardless of the funding source for the services to which access is gained.
	Case managers shall be responsible for ongoing monitoring of the provision of services included in the individual's plan of care.
	1Yes 2No
	Case managers shall initiate and oversee the process of assessment and reassessment of the individual's level of care and the review of plans of care at such intervals as are specified in Appendices C & D of this request.
	1Yes 2No
	Other Service Definition (Specify):
b Homemaker:	
	Services consisting of general household activities (meal preparation and routine household care) provided by a trained homemaker, when the individual regularly responsible for these activities is temporarily absent or unable to manage the home and care for him or herself or others in the home. Homemakers shall meet such standards of education and training as are established by the State for the provision of these activities.

		Other	Service	e Defin	ition (S _l	pecify):					
c Home			es defi limitati service shall n these estima Servic	ned in one one one one one one one one one on	the amosed by applicables shall ren in Avided ur	nount, do the Stable. The instead ppendix nder the	uration te's a second and te's a modern terms to the individual terms to the i	unt, dur accord this wa	cope of Meditation and the comment of the comment o	of such icaid pla and scop vith the	e of
		Other	Service	e Defin	ition (S _l	pecify):					
d. <u>X</u>	Persor	nal care	e servi	ces:							
	<u>X</u>	Assista	activiti with protection the me this see bedman the can welfare	es of description of the control of	aily livir ion of n emselve nay also dusting shed, c e individ	ng. This neals, bes. Whe include and vacer which lual, rath	servi ut doc en spe e suc cuumi are e her th	es not in ecified in h house ng, whice essentia an the i	y includencludenthe pickeepirch are I to the ndividu	giene, de assis the cost lan of ca ng chore incidenta health a ual's fam ards for	of are, s as al to and nily.
			1.	Servic	es prov	ided by	famil	y memb	ers (C	heck on	e):
					•		s furn	ished by		sonal car mber of	
				<u>X</u>		the indi [,] be mad minor b	vidua e for y the or to	l's family services child's p an indi	y. Pay s furnis parent	nembers ment wi shed to a (or step- by that	ll not a
						Justifica	ation a	attached	d. (Ch	eck one)):
						F	- amily	person must m	al care	no provid e service e same provider	s

who are unrelated to the individual.

X Standards for family members providing personal care services differ from those for other providers of this service. The different standards are indicated in Appendix B-2.

2. Supervision of personal care providers will be furnished by (Check all that apply):

		iuiiisiieu by	(Check all that apply).
nurse,	as provided under State la	ational nurse,	nursing in the State. under the supervision of a registered
	Case managers	X Other	(Specify): A qualified home care agency or The waiver recipient or the recipient's representative
	3.	Frequency or	intensity of supervision (Check one):
	As indicated in the plan of		(Specify): The waiver recipient or the recipient's representative will supervise the personal care provider on a day to day basis. Recipients hire, train and supervise qualified providers of the recipient's choice. Recipients are free to terminate the provider's employment and select new providers. Recipients also have the choice of receiving personal care services through a qualified agency.
	4.	Relationship	to State plan services (Check one):
	Personal care services are	•	under the approved State plan. nal care services are included in the State plan, but with limitations. The waivered service will serve as an

			extension of the State plan service, in accordance with documentation provided in Appendix G of this waiver request.
			Personal care services under the State plan differ in service definition or provider type from the services to be offered under the waiver.
		Other service defin	ition (Specify):
e. <u>X</u>	_ Resp	ite care:	
This is		furnished on need for reli	to individuals unable to care for themselves; a short-term basis because of the absence or ef of those persons normally providing the care. It will be while a parent or guardian is at work. Ition (Specify):
		except wher	be claimed for the cost of room and board n provided as part of respite care furnished in a oved by the State that is not a private residence
		Respite care (Check all th	e will be provided in the following location(s) nat apply):
X X X X X	Foster home Medicaid ce Medicaid ce Medicaid ce Group home Licensed res	ertified Hospital ertified NF (state-oper ertified ICF/MR (state- e spite care facility	rated)
	private resid Residential children's gr	lence (Specify type): Rehabilitation Center	an Adult Residential Center; an Adult r; a boarding home; an adult family home, a censed child care setting, or other community
		Other service defin	ition (Specify):
f	Adult day he	ealth:	
		Services furnished	4 or more hours per day on a regularly

scheduled basis, for one or more days per week, in an outpatient setting, encompassing both health and social services needed to ensure the optimal functioning of the individual. Meals provided as part of these services shall not constitute a "full nutritional regimen" (3 meals per day). Physical, occupational and speech therapies indicated in the individual's plan of care will be furnished as component parts of this service.

Transportation between the individual's place of residence and the adult day health center will be provided as a component part of adult day health services. The cost of this transportation is included in the rate paid to providers of adult day health services. (Check one):

1Yes	2	No
 Other service definition	(Specif	y):

Qualifications of the providers of adult day health services are contained in Appendix B-2.

g. X Habilitation:

X Services designed to assist individuals in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings. This service includes:

X Residential habilitation: assistance with acquisition. retention, or improvement in skills related to activities of daily living, such as personal grooming and cleanliness, bed making and household chores, eating and the preparation of food, and the social and adaptive skills necessary to enable the individual to reside in a non-institutional setting. Payments for residential habilitation are not made for room and board, the cost of facility maintenance, upkeep and improvement, other than such costs for modifications or adaptations to a facility required to assure the health and safety of residents, or to meet the requirements of the applicable life safety code. Payment for residential habilitation does not include payments made, directly or indirectly, to

members of the individual's immediate family. Payments will not be made for the routine care and supervision which would be expected to be provided by a family or group home provider, or for activities or supervision for which a payment is made by a source other than Medicaid. Documentation which shows that Medicaid payment does not cover these components is attached to Appendix G.

Day habilitation: assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills which takes place in a non-residential setting, separate from the home or facility in which the individual resides. Services shall normally be furnished 4 or more hours per day on a regularly scheduled basis, for 1 or more days per week unless provided as an adjunct to other day activities included in an individual's plan of care.

Day habilitation services shall focus on enabling the individual to attain or maintain his or her maximum functional level and shall be coordinated with any physical, occupational, or speech therapies listed in the plan of care. In addition, day habilitation services may serve to reinforce skills or lessons taught in school, therapy, or other settings.

X Prevocational services not available under a program funded under section 110 of the Rehabilitation Act of 1973 or section 602(16) and (17) of the Individuals with Disabilities Education Act (20 U.S.C. 1401(16 and 17)). Services are aimed at preparing an individual for paid or unpaid employment, but are not job-task oriented. Services include teaching such concepts as compliance, attendance, task completion, problem solving and safety. Prevocational services are provided to persons not expected to be able to join the general work force or participate in a transitional sheltered workshop

within one year (excluding supported employment programs).

Check one: Individuals will not be compensated for prevocational services. X When compensated, individuals are paid at less than 50 percent of the minimum wage. Activities included in this service are not primarily directed at teaching specific job skills, but at underlying habilitative goals, such as attention span and motor skills. All prevocational services will be reflected in the individual's plan of care as directed to habilitative, rather than explicit employment objectives. Documentation will be maintained in the file of each individual receiving this service that: 1.

The service is not otherwise available under a program funded under the Rehabilitation Act of 1973, or P.L. 94-142; and

Educational services, which consist of special education and related services as defined in section s (15) and (17) of the Individuals with Disabilities Education Act, to the extent to which they are not available under a program funded by IDEA. Documentation will be maintained in the file of each individual receiving this service that:

> 1. The service is not otherwise available under a program funded under the Rehabilitation Act of 1973, or P.L. 94-142: and

X Supported employment services, which consist of

paid employment for persons for whom competitive employment at or above the minimum wage is unlikely, and who, because of their disabilities, need intensive ongoing support to perform in a work setting. Supported employment is conducted in a variety of settings, particularly work sites in which persons without disabilities are employed. supported employment includes activities needed to sustain paid work by individuals receiving waiver services, including supervision and training. When supported employment services are provided at a work site in which persons without disabilities are employed, payment will be made only for the adaptations, supervision and training required by individuals receiving waiver services as a result of their disabilities, and will not include payment for the supervisory activities rendered as a normal part of the business setting.

Supported employment services furnished under the waiver are not available under a program funded by either the Rehabilitation Act of 1973 or P.L. 94-142. Documentation will be maintained in the file of each individual receiving this service that:

1. The service is not otherwise available under a program funded under the Rehabilitation Act of 1973, or P.L. 94-142; and

FFP will not be claimed for incentive payments, subsidies, or unrelated vocational training expenses such as the following:

- Incentive payments made to an employer to encourage or subsidize the employer's participation in a supported employment program;
- Payments that are passed through to users of supported employment programs; or

3. Payments for vocational training that is not directly related to an individual's supported employment program.

The State will require prior institutionalization in a NF or ICF/MR before a recipient is eligible for expanded habilitation services (pre-vocational, educational and supported employment).

1. __Yes 2. _X_No

Transportation will be provided between the individual's place of residence and the site of the habilitation services, or between habilitation sites (in cases where the individual receives habilitation services in more than one place) as a component part of habilitation services. The cost of this transportation is included in the rate paid to providers of the appropriate type of habilitation services.

1. X* Yes 2. No

*Coverage of transportation in the rate varies by provider and depends on the contract and negotiated rate.

___ Other service definition (Specify):

The State requests the authority to provide the following additional services, not specified in the statute. The State assures that each service is cost-effective and necessary to prevent institutionalization. The cost neutrality of each service is demonstrated in Appendix G. Qualifications of providers are found in Appendix B-2.

h. X Environmental accessibility adaptations:

X Those physical adaptations to the home, required by the individual's plan of care, which are necessary to ensure the health, welfare and safety of the individual, or which enable the individual to function with greater independence in the home, and without which, the individual would require institutionalization. Such adaptations may include the installation of ramps and grab-bars, widening of doorways, modification of bathroom facilities, or installation of specialized electric and plumbing systems which are necessary to accommodate the medical equipment and supplies which are necessary for the welfare of the

individual. Excluded are those adaptations or improvements to the home which are of general utility, and are not of direct medical or remedial benefit to the individual, such as carpeting, roof repair, central air conditioning, etc. Adaptations which add to the total square footage of the home are excluded from this benefit. All services shall be provided in accordance with applicable State or local building codes.

	Other service definition (Specify):
i. <u>X</u>	Skilled nursing:
	Services listed in the plan of care which are within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse, or licensed practical or vocational nurse under the supervision of a registered nurse, licensed to practice in the State.
	X _Other service definition (Specify): Services listed in the plan of care which are within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse, or licensed practical or vocational nurse under the supervision of a registered nurse, licensed to practice in the State. Also includes payment for nurse delegation services provided by a registered nurse, including the initial visit, follow-up instruction, and/or supervisory visits. Skilled nursing may be part time, intermittent or continuous.
j. <u>X</u>	Transportation:
	X Service offered in order to enable individuals served on the waiver to gain access to waiver and other community services, activities and resources, specified by the plan of care. This service is offered in addition to medical transportation required under 42 CFR 431.53 and transportation services under the State plan, defined at 42 CFR 440.170(a) (if applicable), and shall not replace them. Transportation services under the waiver shall be offered in accordance with the individual's plan of care. Whenever possible, family, neighbors, friends, or community agencies which can provide this service without charge will be utilized.
	Other service definition (Specify):
k. <u>X</u>	Specialized Medical Equipment and Supplies:

X Specialized medical equipment and supplies to include devices, controls, or appliances, specified in the plan of care, which enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live. This service also includes items necessary for life support, ancillary supplies and equipment necessary to the proper functioning of such items, and durable and non-durable medical equipment not available under the Medicaid State plan. Items reimbursed with waiver funds shall be in addition to any medical equipment and supplies furnished under the State plan and shall exclude those items which are not of direct medical or remedial benefit to the individual. All items shall meet applicable standards of manufacture, design and installation. Other service definition (Specify): I. Chore services: Services needed to maintain the home in a clean, sanitary and safe environment. This service includes heavy household chores such as washing floors, windows and walls, tacking down loose rugs and tiles, moving heavy items of furniture in order to provide safe access and egress. These services will be provided only in cases where neither the individual, nor anyone else in the household, is capable of performing or financially providing for them, and where no other relative. caregiver, landlord, community/volunteer agency, or third party payor is capable of or responsible for their provision. In the case of rental property, the responsibility of the landlord, pursuant to the lease agreement, will be examined prior to any authorization of service. Other service definition (Specify): Personal Emergency Response Systems (PERS) PERS is an electronic device which enables certain individuals at high risk of institutionalization to secure help in an emergency. The individual may also wear a portable "help" button to allow for mobility. The system is connected to the person's phone and programmed to signal a response center

once a "help" button is activated. The response center is

staffed by trained professionals, as specified in Appendix B-2. PERS services are limited to those individuals who live alone, or who are alone for significant parts of the day, and have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision.

	·
	Other service definition (Specify):
n Adult compa	nion services:
	Non-medical care, supervision and socialization, provided to a functionally impaired adult. Companions may assist or supervise the individual with such tasks as meal preparation laundry and shopping, but do not perform these activities as discrete services. The provision of companion services does not entail hands-on nursing care. Providers may also perform light housekeeping tasks which are incidental to the care and supervision of the individual. This service is provided in accordance with a therapeutic goal in the plan of care, and is not purely diversional in nature.
	Other service definition (Specify):
o Private duty	nursing:
	Individual and continuous care (in contrast to part time or intermittent care) provided by licensed nurses within the scope of State law. These services are provided to an individual at home.
	Other service definition (Specify):
p Family trainir	ng:
	Training and counseling services for the families of individuals served on this waiver. For purposes of this service, "family" is defined as the persons who live with or provide care to a person served on the waiver, and may include a parent, spouse, children, relatives, foster family, or in-laws. "Family" does not include individuals who are employed to care for the consumer. Training includes instruction about treatment regimens and use of equipment specified in the plan of care, and shall include updates as necessary to safely maintain the individual at home. All family training must be included in the individual's written plan of care.

	Other service definition (Specify):
q	Attendant care services:
	Hands-on care, of both a supportive and health-related nature, specific to the needs of a medically stable, physically handicapped individual. Supportive services are those which substitute for the absence, loss, diminution, or impairment of a physical or cognitive function. this service may include skilled or nursing care to the extent permitted by State law. Housekeeping activities which are incidental to the performance of care may also be furnished as part of this activity.
	Supervision (Check all that apply):
	Supervision will be provided by a Registered Nurse, licensed to practice in the State. The frequency and intensity of supervision will be specified in the individual's written plan of care.
	Supervision may be furnished directly by the individual, when the person has been trained to perform this function, and when the safety and efficacy of consumer-provided supervision has been certified in writing by a registered nurse or otherwise as provided in State law. This certification must be based on direct observation of the consumer and the specific attendant care provider, during the actual provision of care. Documentation of this certification will be maintained in the consumer's individual plan of care.
	Other supervisory arrangements (Specify):
	Other service definition (Specify):
r. <u>X</u>	_ Adult Residential Care (Check all that apply):
	X Adult foster care: Personal care and services, homemaker, chore, attendant care and companion services medication oversight (to the extent permitted under State law) provided in a licensed (where applicable) private home by a principal care provider who lives in the home. Adult foster care is

furnished to adults who receive these services in conjunction with residing in the home. the total number of individuals (including persons served in the waiver) living in the home, who are unrelated to the principal care provider, cannot exceed 6. Separate payment will not be made for homemaker or chore services furnished to an individual receiving adult foster care services, since these services are integral to and inherent in the provision of adult foster care services.

Assisted living: Personal care and services, homemaker, chore, attendant care, companion services, medication oversight (to the extent permitted under State law), therapeutic social and recreational programming, provided in a home-like environment in a licensed (where applicable) community care facility, in conjunction with residing in the facility. This service includes 24 hour on-site response staff to meet scheduled or unpredictable needs in a way that promotes maximum dignity and independence, and to provide supervision, safety and security. Other individuals or agencies may also furnish care directly, or under arrangement with the community care facility, but the care provided by these other entities supplements that provided by the community care facility and does not supplant it.

Personalized care is furnished to individuals who reside in their own living units (which may include dually occupied units when both occupants consent to the arrangement) which may or may not include kitchenette and/or living rooms and which contain bedrooms and toilet facilities. The consumer has a right to privacy. Living units may be locked at the discretion of the consumer, except when a physician or mental health professional has certified in writing that the consumer is sufficiently cognitively impaired as to be a danger to self or others if given the opportunity to lock the door. (This requirement does not apply where it conflicts with fire code.) Each living unit is separate and distinct from each other. The facility must have a central dining room, living room or parlor, and common activity center(s) (which may also serve as living rooms or dining rooms). The consumer retains the right to assume risk, tempered only by the individual's ability to assume responsibility for that risk. Care must be furnished in a way which fosters the independence of each consumer to facilitate aging in place. Routines of care provision and service delivery must be consumer-driven to the

and service delivery must be consumer-driven to the maximum extent possible, and treat each person with dignity

and respect.

Assisted living services may also include (Check all that apply):

____ Home health care
___ Physical therapy
___ Occupational therapy
___ Speech therapy
___ Medication administration
___ Intermittent skilled nursing services
___ Transportation specified in the plan of care
___ Periodic nursing evaluations
___ Other (Specify)

However, nursing and skilled therapy services (except periodic nursing evaluations if specified above) are incidental, rather than integral to the provision of assisted living services. Payment will not be made for 24-hour skilled care or supervision. FFP is not available in the cost of room and board furnished in conjunction with residing in an assisted living facility.

X Other service definition (Specify): Adult Residential Care Adult Residential Care (ARC) is provided in licensed boarding homes that provide for each resident's health. well-being and safety consistent with the resident's negotiated service agreement. Per individual service agreements, services may include: individual and group activities; assistance with arranging transportation; assistance with obtaining and maintaining functional aids and equipment; housework; laundry; self-administration of medications and treatments; therapeutic diets; cuing and providing physical assistance with bathing, eating, dressing, locomotion and toileting; provide stand-by one person assistance for transferring. Boarding homes must have the capacity to provide these basic services on both a scheduled and un-scheduled basis and provide them as needed by residents.

Payments for adult residential care services are not made for room and board, items of comfort or convenience, or the costs of facility maintenance, upkeep and improvement. Payment for adult residential care services does not include payments made, directly or indirectly, to members of the consumer's immediate family. The methodology by which payments are calculated and made is described in Appendix G.

s. X Other waiver services which are cost-effective and necessary to prevent institutionalization (Specify):

Behavior Management and Consultation:

Behavior Management & Consultation is the development and implementation of programs designed to support waiver participants to behave in ways that enhance their inclusion in the community. Multiple strategies, which include effectively relating to caregivers and other people in the waiver participant's life as well as direct interventions (i.e. training, specialized cognitive counseling) with the individual waiver participant are utilized to decrease aggressive, destructive, sexually inappropriate or other behaviors that compromise the waiver participant's ability to remain in the community.

Staff/Family Consultation and Training:

Consultation and training is provided to families supporting waiver participants and to personal care staff by nurses; physical, occupational, and speech therapists; psychologists; social workers; mental health counselors; marriage and family therapists; and other specialists.

Family consultation and training is authorized by DDD case management staff to assist families to meet specific need(s) of waiver participants as outlined in the individual's Plan of Care.

Consultation and training includes direct 1:1 training related to the waiver participant's needs. Consultation and training does not include room and board or attendance at general conferences. It must be specific to the waiver participant's needs as documented in the plan of care.

Staff consultation and training is authorized by DDD case management staff to address the individual's assessed needs. Consultation and training enables direct service staff to more effectively implement individual written plans of care for specific individuals with areas of special need. Special need includes health and medication monitoring (e.g., for an individual with a seizure disorder which is regulated with medication); positioning and transfer (e.g., for an individual with cerebral palsy or quadriplegia who cannot move him/herself); basic and advanced instructional techniques (e.g., task analysis for activities of daily living, such as dental hygiene); non-aversive behavior management (e.g., for an individual who is occasionally aggressive or disruptive, one result of which might be property damage); and augmentative

communication systems (e.g., such as computer-assisted speech systems). Consultation and training does not include room and board or attendance at general conferences. It must be specific to the waiver participant's needs as documented in the plan of care.

Provider qualifications ensure that individuals meet basic minimum requirements in order to provide specific services to individuals with developmental disabilities.

Specialized psychiatric services not available under the state plan or the mental health 1915b waiver. This includes services by psychiatrists, physician assistants and Advanced Registered Nurse Practitioners who specialize in medications and treatment for people with MR/DD and mental illness, specialized psychiatric hospital diversion beds for DD clients, specialized consultation for DD providers on working with individual clients who are dually diagnosed, provision of functional assessments for individual clients and implementation of behavior support plans for DD clients.

Community Access Supports:

The provision of assistance with acquisition, maintenance, or improvement in activities of daily living, self-help, socialization and adaptive skills, which support individuals to live and participate in the community.

Community Access supports are provided in any community setting designated on the individual's plan of care. While they are separate and distinct from residential supports they may at times be delivered in an individual's home.

Community Access supports include instruction in skills an individual wishes to acquire, retain or improve that enhance competence, integration and/or maintain the individual's physical and mental skills.

Community Guide: Short-term services designed to develop creative, flexible and supportive community resources for individuals with developmental disabilities and their families or to help the person/family prepare a person-centered plan. The emphasis in this service is to increase access to informal community supports.

<u>Person to Person:</u> An extension of Community access, services and supports to assist participants to (1)articulate a personal vision for a desired life in the community; (2) to help the person define and

progress toward employment goals(3) locate and connect to sources of personal supports in the community that enhance the vision for a desired life. Services and supports include person centered planning, skill instruction, information and referral, physical support and one to one relationship building. Desired outcomes are: individual person centered plans, connection to sources of support in service to the person's vision and individualized employment planning.

t. X Extended State plan services:

The following services, available through the approved State plan, will be provided, except that the limitations on amount, duration and scope specified in the plan will not apply. Services will be as defined and described in the approved State plan. The provider qualifications listed in the plan will apply, and are hereby incorporated into this waiver request by reference. These services will be provided under the State plan until the plan limitations have been reached. Documentation of the extent of services and cost-effectiveness are demonstrated in Appendix G. (Check all that apply):

= - - -	Physician services Home health care services Physical therapy services Cocupational therapy services Speech, hearing and language services Prescribed drugs Other State plan services (Specify):
D	y treatment or other partial hospitalization services (Check one)
	Services that are necessary for the diagnosis or treatment of the individual's mental illness. These services consist of the following elements:

- individual and group therapy with physicians or psychologists (or other mental health professionals to the extent authorized under State law),
- b. occupational therapy, requiring the skills

of a qualified occupational therapist,

- services of social workers, trained psychiatric nurses, and other staff trained to work with individuals with psychiatric illness,
- d. drugs and biologicals furnished for therapeutic purposes,
- e. individual activity therapies that are not primarily recreational or diversionary,
- f. family counseling (the primary purpose of which is treatment of the individual's condition),
- g. training and education of the individual (to the extent that training and educational activities are closely and clearly related to the individual's care and treatment), and
- h. diagnostic services.

Meals and transportation are excluded from reimbursement under this service. The purpose of this service is to maintain the individual's condition and functional level and to prevent relapse or hospitalization.

	Other service definition (Specify):
 Psychosocia	I rehabilitation services (Check one):
	Medical or remedial services recommended by a physician or other licensed practitioner under State law, for the maximum reduction of physical or mental disability and the restoration of maximum functional level. Specific services include the following:

a. restoration and maintenance of daily living skills (grooming, personal hygiene, cooking, nutrition, health and mental health education, medication

management, money management and maintenance of the living environment);

- b. social skills training in appropriate use of community services;
- c. development of appropriate personal support networks, therapeutic recreational services (which are focused on therapeutic intervention, rather than diversion); and
- d. telephone monitoring and counseling services.

The following are specifically excluded from Medicaid payment for psychosocial rehabilitation services:

- a. vocational services,
- b. prevocational services,
- c. supported employment services, and
- d. room and board.

	Other service definition (Specify):
	es (whether or not furnished in a facility) are services ed in 42 CFR 440.90.
Check one:	
	This service is furnished only on the premises of a clinic.
_	Clinic services provided under this waiver may be furnished outside the clinic facility. Services may be furnished in the following locations (Specify):

APPENDIX B-2 PROVIDER QUALIFICATIONS

A. LICENSURE AND CERTIFICATION CHART

The following chart indicates the requirements for the provision of each service under the waiver. Licensure, Regulation, State Administrative Code are referenced by citation. Standards not addressed under uniform State citation are attached.

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
Personal Care Services	Individual In-Home Provider (Includes permissible family members)			WAC 388-71-0510 through 0556 WAC 388-71-0580 through 05952 Individual Provider and Home Care Agency Provider Qualifications (note exemptions for parent providers in WAC 388-71-05930)
	Home Care Agency	Chapter 70.127 RCW (In-Home Services Agencies)		WAC 388-71-0510 through 0556 WAC 388-71-0580 through 05952 Individual Provider and Home Care Agency Provider Qualifications
	Home health Agency	Chapter 70.127 RCW (In-Home Services Agencies)		
2. Respite Care	Adult Family Home	Chapter 388-76 WAC (Adult family homes minimum licensing requirements)		
	Adult Residential Center (ARC)	Chapter 388-78A WAC (Boarding Homes)		

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
Respite Care Continued	Adult Residential Rehabilitation Center	WAC 246-325-012 (Licensure-Adult residential rehabilitation centers and private adult treatment homes)		
	Boarding Home	Chapter 388-78A WAC (Boarding Homes)		
	Child Care Center	Chapter 388-151 WAC (School-age child care center minimum licensing requirements)		
	Children's Group Care Facility	Chapter 388-148 WAC (Licensing requirements for child foster homes, staffed residential homes, group care programs/facilities, and agencies)		
	Child placing agency*	Chapter 388-148 WAC (Licensing requirements for child foster homes, staffed residential homes, group care programs/facilities and agencies)		WAC 388-148-1060 (What services may a child placing agency provide?) * Payment is <u>not</u> for foster care, but for respite in licensed facilities
	Community Center	,		Contract Standards
	Senior Center			Contract Standards
	Parks and Recreation Dept.			Contract Standards

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
Respite Care	Day Care Center	Chapter 388-150 WAC (Minimum licensing requirements for		
Continued		child day care centers)		
		Chapter388-155		
		WAC (Minimum licensing		
		requirements for		
		family child day care homes)		
	DD Certified Residential	Chapter 388-820		
	Provider	WAC(Community		
		residential services and support)		
	Foster Family Home	Chapter 388-148		
		WAC (Licensing requirements for		
		child foster homes,		
		staffed residential		
		homes, group care programs/facilities		
		and agencies)		
	Group home	Chapter 388-78A WAC (Boarding homes)	Chapter 388-820 WAC (Community residential services and support)	
	Home Care agency/ Home health Agency	Chapter 246-335 WAC Part 1. Requirements for in-home services agencies licensed to provide home health, home care, hospice, and hospice care center services.		WAC 388-71-0510 through 0556 WAC 388-71-0580 through 05952 Individual Provider and Home Care Agency Provider Qualifications

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
	ICF/MR (state-operated RHC) Nursing Facility (State	Chapter 18.51	Chapter 388-835 WAC (ICF/MR program and reimbursement system) WAC 388-97-005	
Respite Care Continued	Operated RHC)	RCW (Nursing Homes)	(Definitions [nursing homes])	
	Respite Provider (Individual provider)			388-825-260 What are qualifications for individual service providers? 388-825-266 If I want to provide respite care in my home, what is required? 388-825-270 Are there exceptions to the licensing requirement? 388-825-272 What are the minimum requirements to become an individual provider? 388-825-276 What are the required skills and abilities for this job? 388-825-284 Are providers expected to report abuse?
	Supported Living		Chapter 388-820 WAC (Community residential services and support)	
	Summer Program		Summer Camps	Contract Standards
3. Residential habilitation	Attendant Care (Agency Provider)	Chapter 388-825- 268 requirements for agencies		Contract standards

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
Residential Habilitation Continued	Attendant Care (Individual Provider)			388-825-260 What are qualifications for individual service providers? 388-825-266 If I want to provide respite care in my home, what is required? 388-825-270 Are there exceptions to the licensing requirement? 388-825-272 What are the minimum requirements to become an individual provider? 388-825-276 What are the required skills and abilities for this job? 388-825-284 Are providers expected to report abuse?
	Alternative Living (Individual Provider)			Chapter 388-820 WAC (Community residential services and support) 388-825-260 What are qualifications for individual service providers? 388-825-266 If I want to provide respite care in my home, what is required? 388-825-270 Are there exceptions to the licensing requirement? 388-825-272 What are the minimum requirements to become an individual provider? 388-825-276 What are the required skills and abilities for this job? 388-825-284 Are providers expected to report abuse?
	Adult Residential Center (ARC) Adult Residential Rehabilitation Center (ARRC)	Chapter 388-78A WAC (Boarding Homes) WAC 246-325-012 (Licensure – adult residential		
		rehabilitation centers and private adult treatment homes)		

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
Residential Habilitation	Boarding Home	Chapter 388-78A WAC (boarding homes)		
Continued	Child placing agency*	Chapter 388-148 WAC (Licensing requirements for child foster homes, staffed residential homes, group care programs/facilities and agencies)		WAC 388-148-1060 (What services may a child placing agency provide?) *The functions of these agencies are broader than the term Child Placing Agency implies. They are licensed to provide a variety of services to children.
	Family Foster Home	Chapter 388-148 WAC		
	Group Home	Chapter 388-78A WAC	Chapter 388-820 WAC (Community residential services and support)	
	Staffed Residential home	Chapter 388-148 WAC		
	Foster Group Care home	Chapter 388-148 WAC		
	State-operated Living Alternatives		Chapter 388-820 WAC	
	Supported living		Chapter 388-820 WAC	
Pre-vocational Services	Specialized Industries			Contract Standards
5. Supported	Group Supported Employment			Contract Standards
Employment	Individual Supported Employment			Contract Standards
6. Environmental Accessibility Adaptations	Contractor			Chapter 18.27 RCW (Registration of Contractor) Chapter 19.27 RCW (State Building
				Code)
7. Skilled Nursing	Licensed Practice Nurse	Chapter 246-840 WAC (Practical and		
	Registered Nurse	registered nursing) Chapter 246-840 WAC		

SEF	RVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
8.	Transportation	Transportation	Chapter 308-104 WAC		Chapter 308-106 WAC (Mandatory Insurance)
		Personal Care Service	Chapter 308-104 WAC		Chapter 308-106 WAC
9.	Specialized medical Equipment and Supplies	Medical Equipment Supplier	Chapter 19.02 RCW (Business License Center Act)		
10.	Adult Foster Care	Adult Family Home	Chapter 388-76 WAC (Adult Family Home minimum licensing requirements)		Chapter 388-110 (Contracted residential care services)
11.	Adult Residential Care	Boarding Home	Chapter 388-78A WAC (Boarding homes)		Chapter 388-110 (Contracted residential care services)
12.	Physical Therapy Services	Physical Therapist	Chapter 246-915 WAC (Physical Therapists)		Physical Therapy Services
13.	Occupational Therapist	Chapter 246-847 WAC (Occupational Therapists)			
14.	Speech, hearing and Language Services	Speech-Language Pathologist		WAC 246-828-105 (Speech-language pathology—Minimum standards of practice.)	Contract Standards
		Audiologist		WAC 246-828-095 (Audiology minimum standards of practice.)	Contract Standards
15.	Behavior management and Consultation	Marriage and Family Therapist	Chapter 246-809 WAC (Licensure for mental health counselors, marriage and family therapists, and social workers)		

SERVICE	PROVIDER	LICENSE	CERTIFICATION	OTHER STANDARD
	Mental Health Counselor	Chapter 246-809 WAC	Chapter 246-810 WAC (Counselors)	
	Psychologist	Chapter 246-924 WAC		
	Registered Counselors		Chapter 246-810 WAC	
	Sex Offender Treatment Provider		Chapter 246-930 WAC (Sex Offender Treatment Provider)	
	Social Worker	Chapter 246-809 WAC	,	
16. Staff/Family Consultation and Training	Audiologist		WAC 246-828-095 (Audiology minimum standards of practice)	
	Licensed Practical nurse	Chapter 246-840 WAC (Practical and registered nursing)		
	Marriage and Family Therapist	Chapter 246-809 WAC (Licensure for mental health counselors, marriage and family therapists, and social workers)		
	Mental Health Counselor	Chapter 246-809 WAC	Chapter 246-810 WAC (Counselors)	
	Occupational Therapist	Chapter 246-847 WAC (Occupational Therapists)		
	Physical Therapist	Chapter 246-915 WAC (Physical Therapists)		
	Registered Counselor		Chapter 246-810 WAC	
	Registered Nurse	Chapter 246-840 WAC (Practical and Registered Nursing)		
	Sex offender Treatment Provider		Chapter 246-930 WAC (Sex Offender Treatment Provider)	

SER	SERVICE PROVIDER		LICENSE	CERTIFICATION	OTHER STANDARD
		Speech-Language Pathologist		WAC 246-828-105 (Speech-language pathology-minimum standards of practice)	
		Social Worker	Chapter 246-809 WAC		
17.	Specialized Psychiatric	Advanced Registered Nurse Practitioner	Chapter 18.79.050 RCW		
	Services	Physician Assistant	Chapter 18.71A.020 RCW		
		Psychiatrist	Chapter 18.71 RCW		
18.	Community Access	Individual Provider			Contract Standards
19.	Community Guide	Individual Provider			WAC 388-825-222 (who can become a community guide?)
20.	Person to Person	Individual Provider			Contract Standards

B. ASSURANCE THAT REQUIREMENTS ARE MET

The State assures that the standards of any State licensure or certification requirements are met for services or for individuals furnishing services provided under the waiver.

C. PROVIDER REQUIREMENTS APPLICABLE TO EACH SERVICE

For each service for which standards other than, or in addition to State licensure or certification must be met by providers, the applicable educational, professional, or other standards for service provision or for service providers are attached to this Appendix, tabbed and labeled with the name of the service(s) to which they apply.

Attachment B-2-a <u>Client services Contract</u> Attachment B-2-b <u>County Contract Boilerplate</u>

When the qualifications of providers are set forth in State or Federal law or regulation, it is not necessary to provide copies of the applicable documents. However, the documents must be on file with the State Medicaid agency, and the licensure and certification chart at the head of this Appendix must contain the precise citation indicating where the standards may be found.

D. FREEDOM OF CHOICE

The State assures that each individual found eligible for the waiver will be given free choice of all qualified providers of each service included in his or her written plan of care.

Attachment B-2-a – Client Services Contract

_				DSHS Contr	ract Numbe	er:
CL Washington State DEPARTMENT OF SOCIAL 6 HEALTH	JENT SERVICI	E CONT	RACT	Resulting Fr	rom Solicita	ation Number:
SERVICES SERVICES	INDIVIDUAL P	ROVIDER				
This Contract is between the	State of Washing	ton Depar	tment of	Program Co	ontract Nun	nber:
Social and Health Services (I below.	OSHS) and the Co	ontractor i	dentified	Contractor (Contract Nu	umber:
CONTRACTOR NAME		α	INTRACTOR D	BA		
CONTRACTOR ADDRESS		1		CTOR STATE U SS IDENTIFIER #	-	CONTRACTOR'S DSHS Index number
CONTRACTOR CONTACT	CONTRACTOR TELEPH	HONE CC	NTRACTOR FA	4X	CONTRA	CTOR E-MAIL ADDRESS
DSHS ADMINISTRATION HRSA		DDD		DSHS CON		DDE 63XP
DSHS CONTACT NAME AND TITLE	DSHS C	CONTACT ADD	RESS			
DSHS CONTACT TELEPHONE	DSHS CONTACT	FAX		DSHS CONTACT E-MAIL ADDRESS		
Individual Provider Contracted Services (ch 4764XP Respite Care 4765XP Attendant Care 4766XP Individual Alternative L 4767XP Medicaid Personal Care	iving e (MPC)	,				
IS THE CONTRACTOR A SUBRECIPIENT Yes No	FOR PURPOSES OF THI	IS CONTRACT	? CFDA NU	JMBER(S)		
CONTRACT START DATE	CONTRACT END	DATE		CONTRACT	T MAXIMUI	VI CONSIDERATION
This Contract contains all of the ter representations, oral or otherwise, parties. The parties signing below into this Contract. CONTRACTOR SIGNATURE	regarding the subject warrant that they hav	matter of th	nis Contract s understand t	shall be deem	ned to exi and have	ist or bind the
DSHS SIGNATURE	PRINT	TED NAME AN	DTITLE			DATE SIGNED

Attachment B-2-a — Client Services Contract Cont.

1. Definitions. The words and phrases listed below, as used in this Contract, shall each have the following definitions:

- a. "Assistance" means help provide to a client for the purpose of aiding him/her in the performance of tasks.
- b. "Attendant Care" means ensuring the safety and well-being of clients through physical assistance and/or behavioral support for the purpose of maintaining the client in his/her family home.
- c. "Authorized" means approved by a DDD case manager as evidenced by receipt of an SSPS Social Services notice.
- d. "Central Contract Services" means the DSHS Office of Legal Affairs, Central Contract Services, or successor section or office.
- e. "Contract" means the entire written agreement between DSHS and the Contractor, including any Exhibits, documents, and materials attached or incorporated by reference.
- f. "Contracting Officer" means the Manager, or their replacement, of DSHS Central Contract Services.
- g. "Contractor" means the individual or entity performing services pursuant to this Contractor and includes the Contractor's owners, members, officers, directors, partners, employees, and/or agents, unless otherwise stated in this Contract. For purposes of any permitted Subcontract, "Contractor" includes any Subcontractor and its owners, members, officers, directors, partners, employees, and/or agents.
- h. "DDD" means the Division of Developmental Disabilities.
- i. "DSHS" or "the department" or "the Department" means the State of Washington Department of Social and Health Services and its employees and authorized agents.
- j. "Essential Care" means services that are deemed necessary for the safety or well-being of the client, including but not limited to services specified in the individual's service plan (ISP).
- k. "ISP" means Individual Service Plan, which is DSHS's written plan of service for clients.

Attachment B-2-a - Client Services Contract Cont.

- I. "Personal Information" means information identifiable to any person, including, but not limited to, information that relates to a person's name, health, finances, education, business, use or receipt of governmental
 - services or other activities, addresses, telephone numbers, social security numbers, driver license numbers, other identifying numbers, and any financial identifiers.
- m. "Physical Assistance" means the provision of hands-on assistance on the performance of daily tasks or activities.
- n. "Primary Caregiver(s)" means the parents, legal guardians or other persons who have or assume primary responsibility for the necessary care of the client.
- o. "Protective Supervision" means supervision to ensure the safety and well being of a client, exclusive of those responsibilities which should be assumed by a legal guardian.
- p. "RCW" means the Revised Code of Washington. All references in this Contract to RCW chapters or sections shall include any successor, amended, or replacement statute.
- q. "Regulation" means any federal, state, or local regulation, rule, or ordinance.
- r. "Respite Care" means temporary services provided to a developmentally disabled individual and/or the individual's family, on either an emergency or planned basis, without which the individual may need a more dependent program (WAC 275-27-020). This service allows primary caregivers periodic breaks from the continuing care needs of their son, daughter, or other relative or dependent.
- s. "Respite Care (In Home)" means the provision of respite services in the residence of the client's family.
- t. "Respite Care (Out of Home)" means the provision of respite services in the licensed residence of the Contractor, or in the home of a relative of specified degree.
- u. "SSPS" means the Social Service Payment System.
- v. "Subcontract" means any separate agreement or contract between the Contractor and an individual or entity ("Subcontractor") to perform all or a portion of the duties and obligations that the Contractor is obligated to perform pursuant to this Contract.

Attachment B-2-a – Client Services Contract Cont.

- w. "Transportation Services" means the process of transporting a client from one location to another.
- x. "Unusual Incidents" means circumstances or events that concern a client's safety or well being. These may include, but are not limited to the following examples: an increased frequency, intensity, or duration of any medical conditions; adverse reactions to medication; severe behavioral incidents that are unlike the client's ordinary behavior; severe injury; running away; physical or verbal abuse to themselves or others, etc.
- y. "WAC" means the Washington Administrative Code. All references in this Contract to WAC chapters or sections shall include any successor, amended, or replacement regulation.
- **2. Contractor Qualifications.** The Contractor shall be eligible to provide Medicaid Title XIX services. The Medicaid program is authorized by the Social Security Act, Title XIX of Public Law 89-97, 42 CFR Chapter IV, RCW 74.09, Chapters 388-71-0500 through 388-71-0580 and 388-825-260 of the WAC.

The Contractor shall maintain all necessary license, registration, and certification as required by law.

3. Statement of Work. The Contractor shall provide the following services:

4764XP Respite Care.

- a. The Contractor shall:
 - (1) Provide temporary services, usually as a short-term substitute caregiver, to individuals, families, or licensed caregivers who are caring for clients in their own home:
 - (2) Contact the client's parent(s) or primary caregiver(s) in order to make arrangements for the specific dates and times of care if the Contractor has not been contacted by the client's parent(s) or primary caregiver(s) within seven (7) days of receiving the respite care services authorization;
 - (3) Obtain from the parent(s) or primary care giver(s) information about the client's essential care requirements and ensure that the client's needs are met during care;
 - (4) Make arrangements with the parent(s) or primary care giver(s) for emergency medical treatment if necessary;

Attachment B-2-a – Client Services Contract Cont.

- (5) Provide protective supervision for the client at all times the Contractor is engaged in providing services;
- (6) Inform the parent(s) or primary caregiver(s) of any unusual incidents (as defined above) that may occur while providing services;
- (7) Maintain copies of all Social Service Payment System (SSPS) authorizations to provide services;
- (8) Complete and maintain copies of the Work Verification Record, DSHS 10-104A, for all services provided;
- (9) Maintain a record of DSHS pre-authorized transportation provided and expenses incurred, including dates, locations, point-to-point mileage, purpose and receipts; and
- (10) Maintain a Foster Care License, Day Care License, or Adult Family Home License as required in WAC 388-73 and 388-76, or successor replacement regulation, if care will be delivered in the home of the Contractor, unless the client and the Contractor are relatives as defined in WAC 388-70-064, or success or replacement regulation.

b. DSHS shall:

- (1) Reimburse the Contractor for pre-authorized travel expenses, not to exceed current State of Washington rates, as published by the Office of
- (2) Financial Management (OFM); and
- (3) Reimburse the Contractor for out-of-pocket expenses as pre-authorized by DSHS.
- c. Consideration. DSHS shall pay the Contractor for the respite care services at the DSHS published fee schedule in effect at the time that the services are rendered. Per DSHS published fee schedule, the Contractor hereby waives written notice of a legislative mandated rate increase and agrees that in such a case a revised Contract shall not be required. Payment will made on an hourly or daily basis. One day will equal eight (8) to twenty-four (24) hours of continuous service.

4765XP Attendant Care.

- a. The Contractor shall:
 - (1) Provide physical and/or behavioral support that ensures the safety and well-being of a client in his/her family home, own home, or a licensed Adult Family Home;

Attachment B-2-a – Client Services Contract Cont.

- (2) Provide physical assistance and support to the client to prevent injury to self or others;
- (3) Provide physical assistance and support to the client in routine daily activities;
- (4) Provide training and/or support to assist the client to live in the least restrictive environment;
- (5) Make arrangements, when necessary, with the primary caregiver for emergency medical treatment;
- (6) Provide client transportation to and from community resources and/or agencies when authorized by DSHS;
- (7) Complete and maintain copies of the Work Verification Record, DSHS 10-104A, for all services provided.

b. DSHS shall:

- (1) Reimburse the Contractor for pre-authorized travel expenses, not to exceed current State of Washington rates, as published by the Office of Financial Management (OFM); and
- (2) Reimburse the Contractor for public transportation fares within the preauthorized amount.
- c. **Consideration.** DSHS shall pay the Contractor for the attendant care services at the following rate per hour: \$. Subsequent rate increases will not require a revised Contract. Notification of subsequent rate increases will be made through the DSHS payment system

4766XP Individual Alternative Living.

The Contractor shall:

- a. Provide community-based individualized client training, assistance and/or ongoing support to enable a client to live as independently as possible with minimal residential services;
- b. Enable the client to maintain as much self-determination and personal power and choice as possible in meeting his/her own independent living needs;
- c. Provide training and support in a manner appropriate to the age of the client in a typical community setting;
- d. Provide one-on-one training and support in a manner appropriate to the age of the client in a typical community setting. The areas of training and support should include, as appropriate:

Attachment B-2-a – Client Services Contract Cont.

- (1) Establishing a residence to include locating a residence, notification of address change, securing utilities and/or closure of accounts, deposits, landlord/tenant agreements, furnishings and food stuffs, and insurance;
- (2) Personal safety and emergency procedures to include fire escape plan, emergency numbers, first aid, burglary protection, and self-protection (involves vulnerability, assertiveness, and self-defense);
- (3) Health and personal hygiene to include personal cleanliness, grooming and appropriate dress, human sexuality, and dealing with illness, injury and routine medical/dental care;
- (4) Food/nutrition to include menu planning, food storage, cooking, and basic nutrition and diet;
- (5) Home management to include maintenance and repairs, cleaning, laundry, using household appliances, and home safety;
- (6) Money management and budgeting to include paying bills and keeping financial records; establishing and following a monthly budget; and money recognition and counting change, reconciling bank statements, and filing tax returns;
- (7) Transportation to include use of public transportation or taxi, driver training and licensing, private transportation (car and bike care, etc.), traffic safety, and walking;
- (8) Community resources to include making appointments, locating and using public and private agencies, non-paid and generic services (i.e., social security, physicians, vocational resources/application, etc.);
- (9) Communications/basic literacy skills to include using telephone books, maps, bus schedules, newspaper advertisements, telling time, communicating thoughts and feelings, use of telephone, appropriate conversation;
- (10) Shopping (food, clothing, etc.) to include planning (making lists), locating sales, comparative shopping, appropriate types of stores and departments;
- (11) Leisure time to include assessing recreation facilities and activities, and planning leisure time (home and elsewhere);
- (12) Behavior and interpersonal relationships to include assertiveness training, behavior management, stress management, time management, and building positive self-concepts;

Attachment B-2-a — Client Services Contract Cont.

- (13) Assisting the client in transitioning from a more dependent or structured residential environment to the least restrictive residential environment; and
- (14) Participating with each client, his/her case/resource manager and significant other(s) in developing, reviewing, and/or revising a written service plan for alternative living services in accordance with the
 - individual goals designated in the client's Individual Service Plan (ISP).
- e. Provide written progress reports to each client's DDD case/resource manager as requested or at least two (2) weeks prior to the expiration of each six (6) month authorization period; and
- f. Maintain a record of each client's current service plan for alternative living services for the duration of this Contract.
- g. Complete and maintain copies of the Work Verification Record, DSHS 10-104A, for all services provided for the duration of this Contract.

h. **DSHS shall:**

Reimburse the Contractor for pre-authorized travel expenses, not to exceed current State of Washington rates as published by the Office of Financial Management (OFM).

i. **Consideration.** DSHS shall pay the Contractor for the individual alternative living services at the DSHS published fee schedule in effect at the time that services are rendered. Per DSHS published fee schedule, the Contractor hereby waives written notice of a legislative mandated rate increase and agrees that in such a case a revised Contract shall not be required.

4767XP Medicaid Personal Care (MPC).

The Contractor Shall:

- a. Provide assistance with activities of daily living as described in the Service Plan, including needed live-in care, to clients needing such assistance to enable them to live in the least restrictive residential setting possible. Services must occur in the client's home unless the provider is a relative. Services may be provided in the community if authorized by DSHS/DDD and written into the Service Plan.
- b. Complete and maintain copies of the Work Verification Record, DSHS 10-104A, for all services provided for the duration of this Contract.
- c. Comply with DSHS authorized Service Plan and the WAC 388-15-202(38), or successor replacement regulation, definitions of allowable MPC tasks as follows:
 - (1) "Ambulation" means assisting the client to move around. Ambulation includes supervising the client when walking alone or with the help of a

Attachment B-2-a — Client Services Contract Cont.

mechanical device such as a walker if guided, assisting with difficult parts of walking such as climbing stairs, supervising the client if the client is able to propel a wheelchair if guided, pushing the wheelchair, and providing constant physical assistance to the client if totally unable to walk alone or with a mechanical device.

- (2) "Bathing" means assisting the client to wash self. Bathing includes (1)
 - supervising a client able to bathe self when guided, (2) assisting a client with difficult tasks such as getting in or out of the tub or washing his/her back, or (3) completely bathing the client if totally unable to wash self.
- (3) "Body care" means assisting the client with exercises, skin care including the application of non-prescribed ointments or lotions, or changing dry bandages or dressing when professional judgment is not required and pedicure to trim toenails and apply lotion to feet. In adult family homes or in licensed boarding homes contracting with DSHS to provide assisted living services, dressing changes using clean technique and topical ointments must be delegated by a registered nurse in accordance with WAC 246-840, or successor or replacement regulation. "Body care" excludes:
- (a) Foot care for clients who are diabetic or have poor circulation; or
- (b) Changing bandages or dressing when sterile procedures are required.
 - (4) "Dressing" means assistance with dressing and undressing. Dressing includes supervising and guiding client when client is dressing and undressing, assisting with difficult tasks such as tying shoes and buttoning, and completing dressing or undressing client when unable to participate in dressing or undressing self.
 - (5) **"Eating"** means assistance with eating. Eating includes supervising a client when the client is able to feed self if guided, assisting with difficult tasks such as cutting food or buttering bread, and feeding the client when the client is unable to feed self.
 - (6) "Personal hygiene" means assistance with care of hair, teeth, dentures, shaving, filing of nails, and other basic personal hygiene and grooming needs. Personal hygiene includes supervising the client when the client is performing the tasks, assisting the client to care for the client's own appearance, and performing grooming tasks for the client when the client is unable to care for own appearance.
 - (7) "Positioning" means assisting the client to assume a desired position. Positioning includes assistance in turning and positioning to prevent secondary disabilities, such as contractures and balance deficits or exercises to maintain the highest level of functioning which has already been attained and/or to prevent the decline in physical functional level. (Range of motion ordered as part of a physical therapy treatment is not included.)

Attachment B-2-a - Client Services Contract Cont.

- (8) **"Self-medication"** means assisting the client to self-administer medications prescribed by attending physician. Self-medication includes reminding the client of when it is time to take prescribed medication, handing the medication container to the client, and opening a container.
- (9) "Toileting" means assistance with bladder or bowel problems. Toileting
 - includes supervising the client when the client is able to care for own toileting needs if guided, helping client to and from the bathroom, assisting with bedpan routines, diapering and lifting client on and off the toilet. Toileting may include performing routine pericolostomy catheter tasks for the client when the client is able to supervise the activities.
- (10) "Transfer" means assistance with getting in and out of bed or wheelchair, or on and off the toilet, or in and out of the bathtub. Transfer includes supervising the client when the client is able to transfer self if guided, providing steadying, and helping the client when the client assists in own transfer. Lifting the client when the client is unable to assist in own transfer requires specialized training.
- (11) "Travel to medical services" means accompanying or transporting the client to a physician's office or clinic in the local area to obtain a medical diagnosis or treatment.
- (12) "Essential shopping" means assistance with shopping to meet the client's health care or nutritional needs. Limited to brief, occasional trips in the local area to shop for food, medical necessities, and household items required specifically for the health and maintenance, and well-being of the client. Essential shopping includes assisting when the client can participate in shopping and doing the shopping when the client is unable to participate.
- (13) "Meal preparation" means assistance with preparing meals. Meal preparation includes planning meals including special diets, assisting clients able to participate in meal preparation, preparing meals for clients unable to participate, and cleaning up meals. This task may not be authorized to just plan meals or clean up after meals. The client must need assistance with actual meal preparation.
- (14) "Laundry" means washing, drying, ironing, and mending clothes and linens used by the client or helping the client perform these tasks.
- (15) "Housework" means performing or helping the client perform those periodic tasks required to maintain the client in a safe and healthy environment. Activities performed include such things as cleaning the kitchen and bathroom, sweeping, vacuuming, mopping, cleaning the oven, defrosting the freezer, and shoveling snow. Washing inside windows and walls is allowed, but is limited to twice a year. Assistance

Attachment B-2-a — Client Services Contract Cont. with housework is limited to those areas of the home which are actually used by the client. This task is not a maid service and does not include yard care.

- (16) "Wood supply" means splitting, stacking, or carrying wood for the client when the wood is used as the sole source of fuel for heating and/or cooking. This task is limited to splitting, stacking, or carrying wood when the wood is at the client's own home. DSHS shall not allow payment for a provider to use a chain saw or to fell trees.
- (17) "Supervision" means being available to:
 - (a) Help the client with personal care tasks that cannot be scheduled (toileting, ambulation, transfer, positioning, some medication assistance); and/or
 - (b) Provide protective supervision to a client who cannot be left alone because of the client's impaired judgment.
- d. Successfully complete the required training per WAC 388-71-0520 through 0535, or successor or replacement regulation. If providing services to DDD eligible adults:
 - (1) Unless the Contractor is the parent provider for their own DD adult child, individual providers must successfully complete or challenge the fundamentals of caregiving training within 120 days of employment, unless he/she meets an exemption requirement listed in WAC 388-71-0525.
 - (2) Unless the Contractor is the parent provider for their own DD adult child, 10 hours of continuing education related to caregiving must be completed each calendar year following initial certification.
 - (3) Per WAC 388-71-0530, natural, step, or adoptive parents who are the individual provider for only their own adult child are exempt from the fundamentals of caregiving training if they complete a six-hour DDD approved training within 180 days of employment. These parent providers are also exempt from continuing education requirements.
 - (4) Per WAC 388-71-0525 designated professionals are exempt from the fundamentals of caregiving training if they complete the modified fundamentals of caregiving training within 120 days of employment.
 - (5) The provider shall provide DDD documentation of training upon request to verify compliance with training requirements and timelines.
 - **(6)** DSHS shall not authorize reimbursement for MPC services rendered by a care provider who does not meet the education and training requirements.

Attachment B-2-a - Client Services Contract Cont.

- (7) DSHS may terminate a contract or refuse to renew a contract with a care provider who does not meet the education and training requirements.
- (8) Consideration. DSHS shall pay the Contractor Medicaid personal care services at the DSHS published fee schedule in effect at the time that services are rendered. Per DSHS published fee schedule, the Contractor

hereby waives written notice of a legislative mandated rate increase and agrees that in such a case a revised Contract shall not be required.

In addition to the above statements of work(s) the follow provisions also apply to this Contract:

- a. A background check/criminal history clearance is required for the contractor, and any employees, subcontractors, and/or volunteers who may have unsupervised access to vulnerable DSHS clients, in accordance with RCW 43.43.830-845 and RCW 74.15.030.
- b. The Contractor shall report all instances of suspected client abuse to DSHS in accordance with state law.
- c. The Contractor shall submit a written report of any unusual incident to the DDD case or resource manager within seventy-two (72) hours.
- d. The Contractor shall allow DSHS and Washington Protection and Advocacy System (WPAS) access to the clients.
- e. To promote a safe plan of care, DSHS does not expect a contractor to work more that 200 hours per month and retains the right to limit the hours per month authorized to a contractor.
- f. The Contractor shall provide services in compliance with the department's published "Individual Provider Information Booklet."
- g. The Contractor agrees to report the death of any client within twenty-four (24) hours to the client's DDD Case Manager.
- h. The Contractor agrees to report to the client's DDD Case Manager within twenty-four (24) hours any significant change in the client's condition.

4. Billing and Payment.

 a. DSHS shall pay the Contractor monthly for pre-authorized services provided to DSHS clients at the rate specified in the Statement of Work.

Attachment B-2-a — Client Services Contract Cont.

DSHS shall send invoices generated by SSPS to the Contractor.

- b. The Contractor shall indicate on each invoice received from DSHS whether the services were delivered.
- c. The Contractor shall submit the invoices for payment as
- d. directed on the invoice **or** by using Invoice Express.
- e. The Contractor shall contact the DSHS staff who authorized the services if there is any problem with the SSPS invoice.
- f. DSHS shall use the completed SSPS invoice to generate payment to the Contractor.
- g. DSHS shall not pay the Contractor for cancelled or missed appointments.
- h. DSHS shall not reimburse the Contractor for authorized services not provided to clients, or for services provided which are not authorized or provided in accordance with paragraph 2, "Statement of Work." If DSHS pays the Contractor for services authorized but not provided by the Contractor in accordance with this Contract's "Statement of Work," the amount paid shall be considered to be an overpayment, and must be repaid to the department.
- i. The Contractor is prohibited from collecting or accepting additional payments from any source for hours of service compensated by DSHS.
- j. If this Contract is terminated for any reason, DSHS shall pay for only those services authorized and provided through the date of termination.

5. Advance Payment and Billing Limitations.

- a. DSHS shall not make any payments in advance or anticipation of the delivery of services to be provided pursuant to this Contract.
- b. DSHS shall pay the Contractor only for authorized services provided in accordance with this Contract. If this Contract is terminated for any reason, DSHS shall pay only for services authorized and provided through the date of termination.
- c. Unless otherwise specified in this Contract, DSHS shall not pay any claims for payment for services submitted more than twelve (12) months after the calendar month in which the services were performed.
- d. The Contractor shall not bill DSHS for services performed under this contract, and DSHS shall not pay the Contractor, if the Contractor has

Attachment B-2-a - Client Services Contract Cont.

charged or will charge the State of Washington or any other party under any other contract or agreement for the same services.

- **6. Assignment.** The Contractor may not assign this Contract, or any rights or obligations contained in this Contract, to a third party.
- 7. Compliance with Applicable Law. At all times during the term of this Contract, the Contractor shall comply with all applicable federal, state, and local laws and regulations.
- 8. Confidentiality. The Contractor may only use Personal Information or other information gained by reason of this Contract for the purpose of this Contract, and shall not disclose, transfer, or sell any Personal Information or other information to any party, except by prior written consent of the person or as provided by law. The Contractor shall safeguard such information and shall return or certify destruction of the information upon Contract expiration or termination.
- 9. Contractor Certification Regarding Ethics. The Contractor certifies that the Contractor is in compliance with Chapter 42.52 RCW, Ethics in Public Service, and shall comply with Chapter 42.52 RCW throughout the term of this Contract.
- 10. Contractor Not an Employee of DSHS. For purposes of this Contract, the Contractor acknowledges that the Contractor is an independent contractor and not an officer, employee, or agent of DSHS or the State of Washington. The Contractor shall not hold the Contractor or any of the Contractor's employees out as, nor claim status as, an officer, employee, or agent of DSHS or the State of Washington. The Contractor shall not claim for the Contractor or the Contractor's employees any rights, privileges, or benefits which would accrue to an employee of the State of Washington. The Contractor shall indemnify and hold DSHS harmless from all obligations to pay or withhold federal or state taxes or contributions on behalf of the Contractor or the Contractor's employees, unless otherwise specified in this Contract.
- **11. Debarment Certification**. At the request of DSHS, the Contractor shall complete the DSHS Certification regarding Federal Debarment, Suspension, Ineligibility, and Voluntary Exclusion. The certification, if any, is incorporated into this Contract by reference.
- **12. Disputes.** Either party who has a dispute concerning this Contract may request a dispute resolution process. The amount of any rate set by law, regulation, or

Attachment B-2-a - Client Services Contract Cont.

DSHS policy is not disputable. A request for dispute resolution must:

- a. be received by the Office of Financial Recovery (OFR) at Post Office Box 9501, Olympia, Washington 98507-9501 no later than twenty-eight (28) calendar days after contract expiration or termination;
- b. be sent by certified mail (return receipt) or other manner that proves OFR received the request;
- c. include a statement explaining the party's position; and
- d. include a copy of this Contract.
- **13. Execution, Amendment, and Waiver.** This Contract shall be binding on DSHS only upon signature by DSHS. This Contract, or any provision, may be altered, amended, or waived by a written amendment executed by both parties, except that only the Contracting Officer or the Contracting Officer's designee has authority to waive any provision of this Contract on behalf of DSHS.
- **14. Governing Law and Venue.** This Contract shall be governed by the laws of the State of Washington. In the event of a lawsuit involving this Contract, venue shall be proper only in Thurston County, Washington.
- **15. Indemnification and Hold Harmless.** The Contractor shall be responsible for and shall indemnify and hold DSHS harmless from all liability resulting from the acts or omissions of the Contractor.
- 16. Inspection; Maintenance of Records.
 - a. During the term of this Contract and for one (1) year following termination or expiration of this Contract, the Contractor shall give reasonable access to the Contractor, Contractor's place of business, client records, and Contractor records to DSHS and to any
 - b. other employee or agent of the State of Washington or the United States of America in order to monitor, audit, and evaluate the Contractor's performance and compliance with applicable laws, regulations, and this Contract.
 - c. During the term of this Contract and for six (6) years following termination or expiration of this Contract, the Contractor shall maintain records sufficient to:

Attachment B-2-a - Client Services Contract Cont.

- (1) Document performance of all acts required by law, regulation, or this Contract:
- (2) Substantiate the Contractor's statement of its organization's structure, tax status, capabilities, and performance; and
- (3) Demonstrate accounting procedures, practices, and records which sufficiently and properly document the Contractor's invoices to DSHS and all expenditures made by the Contractor to perform as required by this Contract.
- **17. Nondiscrimination.** The Contractor shall comply with all applicable federal, state, and local nondiscrimination laws and regulations.
- **Notice of Overpayment.** If the Contractor receives a Vendor Overpayment Notice or a letter communicating the existence of an overpayment from DSHS, the Contractor may protest the overpayment determination by requesting an adjudicative proceeding pursuant to RCW 43.20B.
- **19. Obligation to Ensure Health and Safety of DSHS Clients.** The Contractor shall ensure the health and safety of any DSHS client for whom services are provided by the Contractor.
- **20. Order of Precedence.** In the event of an inconsistency in this Contract, unless otherwise provided herein, the inconsistency shall be resolved by giving precedence, in the following order, to:
 - a. Applicable federal, state, and local law and regulations;
 - b. The terms and conditions contained in this Contract; and
 - c. Any Exhibit, document, or material attached or incorporated by reference.
- 21. Ownership of Material. Materials created by the Contractor and paid for by DSHS as a part of this Contract shall be owned by DSHS and shall be "works for hire" as defined by the U.S. Copyright Act of 1976. This material includes, but is not limited to: books, computer programs, documents, films, pamphlets, reports, sound reproductions, studies, surveys, tapes, and/or training materials. Material which the Contractor uses to perform this Contract, but which is not created for or paid for by DSHS, is owned by the Contractor; however, DSHS shall have a perpetual license to use this material for DSHS internal purposes at no charge to DSHS.
- **22. Severability; Conformity.** The provisions of this Contract are severable. If any provision of this Contract is held invalid by any court, that invalidity shall not affect the other provisions of this Contract and the invalid provisions shall be

Attachment B-2-a – Client Services Contract Cont. considered modified to conform to existing law.

23. Single Audit Act Compliance. If the Contractor is a subrecipient of federal awards as defined by Office of Management and Budget (OMB) Circular A-133, the Contractor shall maintain records that identify all federal funds received and expended. Such funds shall be identified by the appropriate OMB Catalog of Federal Domestic Assistance Numbers. The Contractor shall make the Contractor's records available for review or audit by officials of the federal

awarding agency, the General Accounting Office, DSHS, and the Washington State Auditor's Office. The Contractor shall incorporate OMB Circular A-133 audit requirements into all contracts between the Contractor and its Subcontractors who are subrecipients. The Contractor shall comply with any future amendments to OMB Circular A-133 and any successor or replacement Circular or regulation.

If the Contractor expends \$300,000 or more in federal awards from any and/or all sources in any fiscal year beginning after June 30, 1996, the Contractor shall procure and pay for a single or program-specific audit for that year. Upon completion of each audit, the Contractor shall submit to the DSHS Contact named in this Contract the data collection form and reporting package specified in OMB Circular A-133, reports required by the program-specific audit guide (if applicable), and a copy of any management letters issued by the auditor.

- **24. Subcontracting.** The Contractor may not subcontract any of the contracted services.
- 25. Survivability. The terms and conditions contained in this Contract that by their sense and context are intended to survive the expiration or termination of this Contract shall so survive. Surviving terms include but are not limited to: Confidentiality, Disputes, Indemnification and Hold Harmless, Inspection, Maintenance of Records, Notice of Overpayment, Ownership of Material, Termination for Default, Termination and Expiration Procedure, Treatment of Assets Purchased by Contractor, and Treatment of DSHS Assets.
- **26. Termination Due to Change in Funding.** If the funds DSHS relied upon to establish this Contract are withdrawn or reduced, or if additional or modified conditions are placed on such funding, DSHS may immediately terminate this Contract by providing written notice to the Contractor. The termination shall be effective on the date specified in the notice of termination.

Attachment B-2-a - Client Services Contract Cont.

27. Termination for Convenience. DSHS may terminate this Contract in whole or in part when it is in the best interest of DSHS by giving the Contractor at least thirty (30) calendar days' written notice. The Contractor may terminate this Contract for convenience by giving DSHS at least thirty (30) calendar days' written notice addressed to DSHS at the address listed on page 1 of this Contract.

- **28. Termination for Default.** The Contracting Officer may terminate this Contract for default, in whole or in part, by written notice to the Contractor if DSHS has a reasonable basis to believe that the Contractor has:
 - a. Failed to meet or maintain any requirement for contracting with DSHS;
 - b. Failed to ensure the health or safety of any client for whom services are being provided under this Contract;
 - c. Findings of physical abuse, emotional abuse, neglect, misappropriations of funds or financial exploitation which are substantiated by the Adult Protection Services or Child Protective Services.
 - d. Failed to perform under, or otherwise breached, any term or condition of this Contract; and/or
 - e. Violated any applicable law or regulation.

If it is later determined that the Contractor was not in default, the termination shall be considered a termination for convenience.

- **29. Termination and Expiration Procedure.** The following provisions apply if this Contract is terminated or expires:
 - a. The Contractor shall cease to perform any services required by this Contract as of the effective date of termination or expiration. If the Contract is terminated, the Contractor shall comply with all instructions contained in the notice of termination.
 - b. The Contractor shall immediately deliver to the DSHS Contact named in this Contract, or to his or her successor, all DSHS assets (property) in the Contractor's possession, including any material produced under this Contract and any Personal Information. The Contractor grants DSHS the right to enter upon the Contractor's premises for the sole purpose of recovering any DSHS property that the Contractor fails to return within ten (10) calendar days of termination or expiration of this Contract. Upon failure to return DSHS property within ten (10) calendar days, the Contractor shall be charged with all reasonable costs of recovery, including transportation. The Contractor shall protect and preserve any

Attachment B-2-a – Client Services Contract Cont.

property of DSHS that is in the possession of the Contractor.

- DSHS may withhold a sum from the final payment to the Contractor that DSHS determines necessary to protect DSHS against loss or additional liability.
- d. The rights and remedies provided to DSHS in this paragraph are in addition to any other rights and remedies provided at law, in equity, and/or under this Contract, including consequential damages and incidental damages. The Contractor may request dispute resolution as provided in this Contract.
- 30. Treatment of Client Assets. Unless otherwise specified in this Contract, the Contractor shall ensure that any adult client receiving services from the Contractor under this Contract has unrestricted access to the client's personal property. The Contractor shall not interfere with any adult client's ownership, possession, or use of the client's personal property. The Contractor shall provide clients under age 18 with reasonable access to their personal property that is appropriate to the client's age, development, and needs. Upon termination of this Contract, the Contractor shall immediately release to the client and/or the client's guardian or custodian all of the client's personal property.
- **31. Treatment of Assets Purchased by Contractor.** Title to all assets (property) purchased or furnished by the Contractor is vested in the Contractor and DSHS waives all claim of ownership to such property.
- **Waiver of Default.** Waiver of any breach or default on any occasion shall not be deemed to be a waiver of any subsequent breach or default and shall not be construed to be a modification of the terms and conditions of this Contract.

APPROVED AS TO FORM BY THE OFFICE OF THE ATTORNEY GENERAL

Attachment b-2-b: County Contract Boilerplate

1. PURPOSE. The Department of Social and Health Services (DSHS), Division of Developmental Disabilities (DDD) currently contracts with the Counties within the State of Washington to provide a variety of services for the clients of DDD. Client eligibility and service referral is the responsibility of DDD pursuant to WAC 388-825-030 and 388-825-055. Only persons referred by DDD shall be eligible for services reimbursed under this contract. DSHS shall notify the County of persons authorized and referred for services. The County and the Region shall agree on how and when notification shall be given regarding people on waiting lists.

2. STATEMENT OF WORK.

- a. The Contractor will furnish the services as described below and in accordance with the Contractor's Service Information Form (SIF). The SIF which contains the Contractors estimated number of people served and targeted outcomes is hereby incorporated into this Agreement by reference The funding for each service is in accordance with Exhibit A, Program Agreement Budget.
- b. State Supplementary Payments (SSP): The fiscal year 2003 operating budget requires DDD to replace state general fund payments for some DDD clients with SSP. SSP payments are made directly to the DDD client. DDD determines eligibility for SSP according to the requirements in Emergency WAC 388-825.
- c. SSP Oversight: Clients receiving SSP for the purchase of employment/day program services will pay the county or county subcontracted vendors for employment/day program services. The county will provide, but is not limited to, the following services:
 - (1) Coordination and oversight of providers and services which support clients receiving SSP employment /day program money;
 - (2) Information and education for SSP recipients and families about SSP, county contracted providers, contract formats and self-directed services;
 - (3) Certification of providers on a biennial basis;
 - (4) Evaluation and monitoring of employment/day program services for quality assurance.
 - (5) Provide monthly reporting of services funded through client SSP payments. The most common reporting system is the County Human Resource Information System (CHRIS).

3. CONSIDERATION.

a. CONVEYANCE OF THE ESTIMATED NUMBER OF PEOPLE TO BE SERVED AND TARGETED OUTCOMES. The County shall submit the Service Information Forms (SIF) of 7/1/01, provided by DDD, to indicate the estimated number of people served and targeted outcomes within the categories of Community Information Activities, Consumer Support, and Other Activities, where appropriate by September 2001. Suggestions for outcomes shall be chosen from any or all of the following documents supplied by DDD: the County Guidelines of July 1992; Service Guidelines of August 1995 for Person to Person; the Service

Attachment B-2-b: COUNTY CONTRACT BOILERPLATE CONT.

Guidelines of July 1992 for Individual and Family Assistance; and the Washington approved plan for Individuals with Disabilities Education Act (IDEA), Part C, all of which are hereby incorporated by reference. The SIF are incorporated herein by reference. Once approved the SIF outcomes may be modified only by mutual agreement of the parties.

- b. <u>APPROVAL OF FEES</u> <u>DDD RESPONSIBILITY</u> The Division, through the Regional DDD Offices, reserves the right to approve fees/rates the County pays for the service being provided by the County. The County and Region shall agree on the process to be used for fee/rate approval.
- c. TRANSITION PROVISO FUNDS. Persons born between September 1, 1979 and August 1, 1981 shall be eligible for employment, or other day activities and training programs funded with Transition Proviso Funds. Individuals born between 9/1/79 and 8/31/80 become eligible for such services and such funding beginning in Fiscal Year (FY) 02. Individuals born between 9/1/80 and 8/31/81 become eligible for such services and such funding beginning in FY 03.
- designated for Adult Day Health Consumers are available to clients who were served during December 1996 in Adult Day Health agencies and were subsequently determined ineligible for Levels II or III Adult Day Health. Level I services are supervised day programs where frail and disabled adults can participate in social, educational, and recreational programs. Level II and III services are licensed rehabilitation and skilled nursing services along with socialization. These clients may be referred to services defined in the BARS Manual Supplement or to an Adult Day Health service, other than Level II or III. If a client is no longer needing and wanting services, the funds are available for other clients who are not part of the original group of clients identified in December 1996. An Adult Day Health service shall only be provided by Adult Day Health agencies certified by the local Area Agency on Aging.
- e. <u>COUNTY COLLABORATION WITH DIVISION OF VOCATIONAL</u>

 <u>REHABILITATION (DVR)</u> The County may enter into an agreement with DVR to use a portion of the County DDD General Fund-State Appropriation to match DVR federal funds.

f. SSP OVERSIGHT

- (1) DDD will notify the county of the names and DDD serial numbers and the amount of SSP awarded to those DDD clients determined eligible for SSP.
- (2) The consideration of this contract will be reduced by the amount of SSP awarded to each client funded under this Contract in fiscal years 2002 and 2003.

Attachment B-2-b: COUNTY CONTRACT BOILERPLATE CONT.

- (3) For oversight of SSP related services, the county will be reimbursed at the same rate the county received for administrative expenses in the original 2001-2003 agreement for those clients previously covered under that agreement who are currently receiving SSP for employment/day program services.
- (4) For new 2001-2003 transition clients, the county will be reimbursed up to seven per cent of the amount of the SSP received by the recipient.
- (5) The reimbursement rate is dependent on available funding.

4. BILLING AND PAYMENT.

- a. <u>COUNTY PROGRAM AGREEMENT BUDGET</u>. DSHS shall pay the County all allowable, allocable and reimbursable costs, as defined in the DDD Budget Accounting and Reporting System (BARS) Manual Supplement of 7/1/01. Reimbursement for Fiscal Year (FY) 02 and FY 03 shall not exceed the revenue for each of the FY's revenues listed in this County Program Agreement Budget. Furthermore, these payments shall not exceed (1) the County's actual reimbursable cost for the service, or (2) the amount, at the element level, in this County Program Agreement Budget, whichever is less. However, with written agreement between the two parties, the parties may increase or decrease the program agreement amount by signing a revised Program Agreement Budget. Any revised Program Agreement Budget is incorporated into this Program Agreement by reference.
- b. <u>BIENNIAL SPENDING PLAN</u>. The County shall submit for approval a "Biennial Spending Plan" within thirty (30) days of execution of this County Program Agreement. The "Spending Plan" shall be allocated at the BARS sub-element service code level. Within 30 days of the Spending Plans submittal, the County and Region shall develop a schedule for reviewing and modifying the Spending Plan. Once approved the spending Plan may only be modified by mutual agreement of the parties.
- c. <u>COMPLIANCE WITH BARS POLICIES</u>. The County shall take any necessary and reasonable steps to comply with the currently effective DDD BARS Supplement manual incorporated by reference herein.
- d. MONTHLY INVOICES WITH DOCUMENTATION. All requests for reimbursement by the County for performance hereunder must be submitted on a DSHS A-19 invoice with attached documentation, as required in DDD County Billing and Reporting Instructions. The County may submit a combined claim to all programs/services covered by this agreement. The most common documentation is through the County Human Resource Information System (CHRIS). A claim for each individual occurs on the CHRIS documents by indicating the number of service units

Attachment B-2-b: COUNTY CONTRACT BOILERPLATE CONT.

delivered to each individual listed and the fee per unit. A unit is defined as:

- (1) A "Contact" which is up to one (1) hour of direct service, or;
- (2) An "Hour" which is at least fifty (50) minutes of direct service, or;
- (3) A "Day" which is at least one (1) hour of direct service or assigned service responsibility; or
- (4) A "Month" which is at least fifteen (15) days of direct service or assigned service responsibility.
- (5) A "Project" which is applicable to new services that don't easily fit into Bars codes (Individual and Family Assistance, and Person to Person). These services may be offered as projects involving an individual or a group of people.
- e. <u>TIMELINESS OF AND MODIFICATION TO BILLINGS</u>. All initial invoices with documentation must be received by DDD within sixty (60) calendar days following the last day of the month for which the service is provided. Corrected invoices and documentation will be accepted throughout the period of this County Program Agreement. DDD agrees to operate CHRIS and produce accurate and timely reports, as needed, and to provide instruction and training to the counties on the use of the CHRIS system.

5. EVALUATION

- a. <u>COUNTY EVALUATION SYSTEM</u>. The County shall complete and have available for review a Service Evaluation System. The evaluation system shall include the Criteria for an Evaluation System of July 1, 1999. A copy of such Service Evaluation System shall be provided upon request to the Region for review and approval.
- b. <u>COUNTY ON-SITE MONITORING</u>. The County shall monitor services delivered to assure compliance with this County Program Agreement and conduct at least one on-site visit to each subcontractor during the period of this Program Agreement. The County shall maintain written documentation of all monitoring and on-site visits. Copies of such documentation will be provided to the Regional DDD Office upon request.
- c. <u>COUNTY REPORTS ON NUMBERS TO BE SERVED AND OUTCOMES</u>. The County shall provide a written report to the Regional DDD Office indicating the fulfillment of the targets and estimates made concerning the Numbers of People Served and Outcomes. The frequency of the report shall be stated in the Service Information Forms. The report shall describe the reason for any shortfall concerning the estimated Numbers of People Served and Targeted Outcomes and proposed action, if needed.
- 6. **RECOVERY OF FEES.** If the contractor bills and is paid fees for services that the department later finds were (a) not delivered or (b) not delivered in accordance with applicable standards the department shall recover the fees for those services and

Attachment B-2-b: COUNTY CONTRACT BOILERPLATE CONT.

contractor shall fully cooperate during the recovery.

7. SUB-CONTRACTING.

- a. <u>SUBCONTRACTORS</u>. The County shall notify the Regional DDD Office of the following: (1) the names, addresses, contact person, and telephone numbers of subcontractors and the service each will provide, and (2) the County's intent to terminate a subcontract serving a division referred client.
- b. <u>REGIONAL APPROVAL OF SUBCONTRACTORS</u>. The Regional DDD Office shall review subcontractors and shall notify the County of any disapproval of the subcontractors identified by the County.
- c. <u>CHANGES IMPACTING SUBCONTRACTORS</u>. The Regional DDD Office shall inform the County of an intent to modify any service program (e.g., residential) and the residential plan and day program need of each newly identified person with day program funding.
- d. <u>INFORMATION EXCHANGE SCHEDULES AND PROCEDURES</u>. The County and the Regional DDD Office shall develop a schedule and procedures for the information exchange concerning new subcontractors and Regional plans to modify a service program.
- e. <u>AVAILABILITY OF STATEMENTS OF WORK</u>. Upon written request from the Regional DDD Office, the County shall provide a copy of each subcontractor's Statement of Work.

8. CREDENTIALS AND MINIMUM REQUIREMENTS

- a. QUALIFIED COORDINATOR. Either by way of a County employee or by subcontract, the County agrees to provide or designate a coordinator who has training/experience in delivery of human services. The county coordinator shall not have a contract with the County to provide Training, Community Information Activities, Consumer Support, or Other Services as defined in the DDD Bars Supplement, and shall not be a board member, officer, or employee of an agency contracting with the County to provide such services. (Minimum grant counties, which deliver client services with County employees, are exempted from this provision).
- b. QUALIFIED ADVISORY BOARD MEMBERS. The County, if it has an advisory board, shall include members knowledgeable about developmental disabilities. The board member shall not have a contract with the County to provide Training, Community Information Activities, Consumer Support, or Other Services as defined in the DDD Bars Supplement, and shall not be a board member, officer, or employee of an agency contracting with the County to provide such services.
- c. <u>Intermediate Care Facilities for Mentally Retarded (ICF/MR) AGREEMENT.</u> If

Attachment B-2-b: COUNTY CONTRACT BOILERPLATE CONT.

applicable, the County shall assure that all county-operated or subcontracted programs serving persons living in ICF/MR implement a written agreement with the ICF/MR. The agreement shall describe how the county-operated or sub-contracted program and the ICF/MR will jointly plan and coordinate their services on behalf of the ICF/MR resident. Each agreement must also be approved and signed by the County and the DDD Regional Office with a copy kept in the DDD Regional Office.

- d. <u>ASSIGNMENT OF MEDICAID BILLING RIGHTS</u>. The County assures that the subcontractor has agreed to assign to the County its Medicaid Billing Rights for services to DDD clients eligible under Title XIX programs. Written documentation shall be available to DSHS on request. If a subcontractor contracts directly with DSHS to provide covered services under Title XIX, the County agrees that funding intended for those clients shall be deleted from this contract.
- **9. SINGLE STATE MEDICAID AGENCY—DSHS**. DSHS, as the single state Medicaid Agency, retains administrative authority for Title XIX coverage of services for people with developmental disabilities. The County has the responsibility for the daily operation of services covered in this agreement.
- **10. DUPLICATIVE FUNDING**. Client services shall not be reimbursed under this County Program Agreement when the same services are paid for under the Rehabilitation Act of 1973 (DVR), P.L. 94-142 (Public Education), or are being funded under the Plan for Achieving Self Support (PASS) or Impaired Related Work Experiences (IRWE).
- 11. BACKGROUND / CRIMINAL HISTORY CHECK. A background criminal history clearance is obtained for all employees, subcontractors, and/or volunteers who may have unsupervised access to vulnerable DSHS clients, in accordance with RCW 43.43.830-845 and RCW 74.15-030.
- 12. DSHS/WPAS Access Agreement. The Washington Protection & Advocacy, Inc. (WPAS) February 27, 2001 Access Agreement with the Division of Developmental Disabilities (DDD), a true and accurate copy of which is attached hereto and incorporated herein by reference. The county assures that it and its subcontractors have reviewed the Access Agreement. The agreement covers WPAS access to individuals with developmental disabilities, clients, programs and records, outreach activities, authority to investigate allegations of abuse and neglect, other miscellaneous matters, and is binding for all providers of DDD contracted services.

Attachment B-2-b: COUNTY CONTRACT BOILERPLATE CONT.

EXHIBIT A 2001-2003 Program Agreement Budget

Aç Di	greed sabili	budg ties fo	or Cor	ween County/C ntract Number: Original Budget RE				pmental
Fiscal Year		Code		Title	Original	1 st Revision	2 nd Revision	3 rd Revision
2002	334	04	68	DDD grant in aid				
2003	334	04	68	DDD grant in aid				
				Total				
				EXPE	NDITURE	S		
Account Titles				es	Original	1 st Revision	2 nd Revision	3 rd Revision
0.10 Administration								
0.30		Training						
0.40				o. Activities				
0.60			ner Sup					
0.90		Julei A	CHVILLES					
TOTAL								
COUNTY SIGNATURE (S)						DATE	· · · · · · · · · · · · · · · · · · ·	
DSHS SIGNATURE (S)				(S)		DATE		
EFFECTIVE DATE						_REASON_		

APPENDIX B-3 keys standards/board and care facilities

KEYS AMENDMENT ASSURANCE:

The State assures that all facilities covered by section 1616(e) of the Social Security Act, in which home and community-based services will be provided are in compliance with applicable State standards that meet the requirements of 45 CFR Part 1397 for board and care facilities.

APPLICABILITY OF KEYS AMENDMENT STANDARDS:

Check	cone:
	Home and community-base services will not be provided in facilities covered by section 1616(e) of the Social Security Act. Therefore, no standards are provided.
<u>X</u>	A copy of the standards applicable to each type of facility identified above is maintained by the Medicaid agency.

SECTION 1915(c) WAIVER FORMAT

APPENDIX C Eligibility and Post-Eligibility

APPENDIX C-1 Eligibility

MEDICAID ELIGIBILITY GROUPS SERVED

Individuals receiving services under this waiver are eligible under the following eligibility group(s) in your State plan. The State will apply all applicable FFP limits under the plan. **(Check all that apply.)**

1 AFDC recipients
 2. X SSI recipients (SSI Rules States and 1634 States). 3. Aged, blind or disabled in 209(b) States who are eligible under 435.121 (aged, blind or disabled who meet requirements that are more restrictive than those of the SSI
program). 4 Optional State supplement recipients 5 Optional categorically needy aged and disabled who have income at (Check one)
a 100% of the Federal poverty level (FPL)
b. <u>%</u> Percent of FPL which is lower than 100%. The special home and community-based waiver group under 42 CFR 435.217 (Individuals who would be eligible for Medicaid if they were in an institution, who have been determined to need home and community-based services in order to remain in the community, and who are covered under the terms of this waiver).
Check one:
a The waiver covers <u>all</u> individuals who would be eligible for Medicaid if they were in a medical institution and who need home and community-based services in order to remain in the community; or
 b. X Only the following groups of individuals who would be eligible for Medicaid if they were in a medical institution and who need home and community-based services in order to remain in the community are included in this waiver: (check all that apply): (1) X A special income level equal to:
X 300% of the SSI Federal benefit (FBR)
% of FBR, which is lower than 300% (42 CFR

435.236)

	\$ which is lower than 300%
	(2)Aged, blind and disabled who meet requirements that are more restrictive than those of the SSI program. (42 CFR 435.121)
	(3) Medically needy without spend down in States which also provide Medicaid to recipients of SSI. (42 CFR 435.320, 435.322, and 435,324.)
	(4) Medically needy without spend down in 209(b) States. (42 CFR 435.330)
	(5)Aged and disabled who have income at:
	a 100% of the FPL
	b. % which is lower than 100%.
	(6)All other mandatory and optional groups under the plan are included.
	(7) Other (Include statutory reference only to reflect additional groups included under the State plan.)
	Spousal impoverishment rules are used in determining eligibility for this special home and community-based waiver group at 42 CFR 435.217.
7	Medically needy (42 CFR 435.320, 435.322, 435.324 and 435.330)
8	All other mandatory and optional groups under the plan are included.
9	Other (Include only statutory reference to reflect additional groups under your plan that you wish to include under this waiver.)

APPENDIX C-2 Post-Eligibility

GENERAL INSTRUCTIONS

<u>ALL</u> Home and Community-Based waiver recipients found eligible under 435.217 are subject to post-eligibility calculations.

Eligibility and post-eligibility are two separate processes with two separate calculations. Eligibility determines whether a person may be served on the waiver. Post-eligibility determines the amount (if any) by which Medicaid reduces its payment for services furnished to a particular individual. By doing so, post-eligibility determines the amount (if any) for which an individual is liable to pay for the cost of waiver services.

An eligibility determination (and periodic redetermination) must be made for each person served on the waiver.

Post-eligibility calculations are made <u>ONLY</u> for persons found eligible under 435.217.

Post-eligibility determinations must be made for all groups of individuals who would be eligible for Medicaid if they were in a medical institution and needed home and community-based services in order to remain in the community (435.217). For individuals whose eligibility is not determined under the spousal rules (1924 of the Social Security Act), the State <u>must</u> use the regular post-eligibility rules at 435.726 and 435.735. However, for persons found eligible for Medicaid using the spousal impoverishment rules, the State has two options with regard to the application of post-eligibility rules:

OPTION 1: The State may use the post-eligibility (PE) rules under 42 CFR 435.726 and 435.735 just as it does for other individuals found eligible under 435.217 or;

OPTION 2: it may use the spousal post-eligibility rules under 1924.

REGULAR POST-ELIGIBILITY RULES--435.726 and 435.735

o The State must provide an amount for the maintenance needs of the individual. This amount must be based upon a reasonable assessment of the individual's needs in the community.

o If the individual is living with his or her spouse, or if the individual is living in the community and the spouse is living at home, the State must protect an additional amount for the spouse's maintenance. This amount is limited by the highest appropriate income standard for cash assistance, or the medically needy standard. The State may choose which standard to apply.

o If the individual's spouse is not living in the individual's home, no maintenance amount is protected for that spouse's needs.

o If other family members are living with the individual, an additional amount is protected for their needs. This amount is limited by the AFDC eligibility standard for a family of the same size or by the appropriate medically needy standard for a family of the same size. The State may choose which standard to apply.

SPOUSAL POST-ELIGIBILITY--1924

When a person who is eligible as a member of a 42 CFR 435.217 group has a community spouse, the State may treat the individual as if he or she is institutionalized and apply the post-eligibility rules of 1924 of the Act (protection against spousal impoverishment) instead of the rules under 42 CFR 435.726 and 435.735. The 1924 post-eligibility rules provide for a more generous community spouse and family allowance than the rules under 42 CFR 435.726 and 435.735.

The spousal protection rules also provide for protecting a personal needs allowance (PNA) "described in 1902(q)(1)" for the needs of the institutionalized individual. This is an allowance "which is reasonable in amount for clothes and other personal needs of the individual . . . while in an institution." For institutionalized individuals this amount could be as low as \$30 per month, but must be a reasonable amount for clothing and other personal needs of an individual while in an institution. Unlike institutionalized individuals whose room and board are covered by Medicaid, the personal needs of the home and community-based services recipient must include a reasonable amount for food and shelter as well as for clothing. Therefore, the \$30 PNA may not be a reasonable amount when the waiver recipient is living in the community.

Therefore, States which elect to treat home and community-based services waiver participants with community spouses under the 1924 spousal rule may use as the personal needs allowance the maintenance amount which the State has elected for home and community-based services waiver participants who do not have community spouses.

<u>NOTE</u>: If the State elects to use the institutional PNA, it must demonstrate that this is a reasonable amount to cover the cost of the individual's maintenance needs in the community (see OPTION 2).

POST ELIGIBILITY

REGULAR POST ELIGIBILITY

Payment for home an	d communi	ty-based waiver	eligibility rules at 42 CFR 435.726. services are reduced by the amount from the waiver recipients income.
A.	•	States which d ents than SSI.	o not use more restrictive eligibility
	a. All	lowances for the	needs of the
	i.	individual:	(Check one):
		a The f	following standard included under the State plan (check one):
			(1)SSI (2)Medically needy (3)The special income level for the
			institutionalized (4)The following percent of the Federal poverty level):% (5)Other (specify):
		B The follow	wing dollar amount: \$*
			* If this amount changes, this item will be revised.
		CX_	The following formula is used to determine the needs allowance:

The State will apply the following maintenance allowance:

- a. An allowance for waiver recipients that is no less than the SSI federal benefit rate for an individual and no greater than three hundred percent (300%) of the SSI federal benefit rate. The allowance is based on:
 - 1.) A standard amount for client personal

and incidental needs (the CPI). The applicable state CPI amount is presently \$38.84 per month, and is adjusted periodically for inflation;

- 2.) An amount equal to the actual estimated room and board cost for the residence in which the recipient lives;
- 3.) An amount equal to the first \$20 of the recipient's unearned or earned income [as provided for SSI recipients at 20 C.F.R. 416.1124(c)(12)]:
- 4.) An amount for employed individuals equal to the first \$65 of the recipient's earned income, if any [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(4)] plus one-half of any remaining earned income [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(6)];

except that no recipient shall be allowed an individual maintenance needs deduction of less than the SSI payment standard.

Note: If the amount protected for waiver recipients in item 1. is **equal to, or greater than** the maximum amount of income a waiver recipient may have and be eligible under 42 CFR 435.217, **enter NA in items 2. and 3**. following.

ii.	А. <u></u> В. <u></u>	y (check one): SSI standard Optional State supplement standard Medically needy income standard The following dollar amount: \$* *If this amount changes, this item will be revised. The following percentage of the following standard that is not greater than the standards above:% of standard. The amount is determined using the following formula:
iii	G Family (che	Not applicable (N/A)
	i airilly (Circ	scr one).
	A B.	AFDC need standard AFDC payment standard

C. <u>X</u>	_ Medically needy income standard
D	The following dollar amount: \$*
	*If this amount changes, this item will be revised.
E	The following percentage of the following standard that is not greater
	than the standards above: <u>%</u> of standard.
F	The amount is determined using the following formula:
G	Not applicable (N/A)

b. Medical and remedial care expenses specified in 42 CFR 435.726.

POST-ELIGIBILITY

REGULAR POST ELIGIBILITY

2	209(b) State,	a State that is using	more restrictive	eligibility requ	iirements
	than SSI.	_			

- a. The State is using the post-eligibility rules at 42 435.735. Payment for home and community-based waiver services are reduced by the amount remaining after deduction the following amounts from the waiver recipients income.
 - i. <u>42 CFR 435.735</u>--States using more restrictive requirements than SSI.

(A) Allowances for the needs of the
(1) individual:(check one):
a The following standard included under the State plan (check one):
(1)SSI (2)Medically needy (3)The special income level for the institutionalized (4)The following percentage of the Federal poverty level:% (5)Other (specify):
B The following dollar amount: \$*
* If this amount changes, this item will be revised.
C The following formula is used to determine the amount:

Note: If the amount protected for waiver recipients in 1. is **equal to, or greater than** the maximum amount of income a waiver recipient may have and be eligible under .435.217, **enter NA in items 2. and 3**. following.

2.spouse onl	y (check one):
A	The following standard under 42 CFR 435.121
В.	The medically needy income standard ;

	C The following dollar amount:\$* *If this amount changes, this item will be revised. D The following percentage of the following standard that is not greater than the standards above:% of
3.	E The following formula is used to determine the amount: F Not applicable (N/A) family (check one):
	A AFDC need standard B AFDC payment standard C Medically needy income standard D The following dollar amount: \$\frac{*}{} * \text{*If this amount changes, this item will be revised.} E The following percentage of the following standard that is not greater than the standards above: \$\frac{*}{} % \text{ of standard.} F The following formula is used to determine the amount: G. Not applicable (N/A)
b.	Medical and remedial care expenses specified in 42 CFR 435.735.

POST ELIGIBILITY

SPOUSAL POST ELIGIBILITY

2	The State uses the post-eligibility rules of 1924(d) of Act (spousal impoverishment protection) to determine the individual's contribution towards the cost of home and community-based care if it determines the individual's eligibility under 1924 of the Act. There shall be deducted from the individual's monthly income a personal needs allowance (as specified below), and a community spouse's allowance, a family allowance, and an amount for incurred expenses for medical or remedial care, as specified in the State Medicaid plan.
	(a) Allowance for personal needs of the individual: (check one)
	(i)_Institutional PNA: Specify the amount: <u>\$</u> *
	*Explain why you believe this amount is reasonable to meet the maintenance needs of the individual in the community:
	(ii)An amount which is comparable to the amount used as the maintenance allowance of the individual for home and community based waiver recipients who have no community spouses. (check one):
	 (a)SSI Standard (b)Medically Needy Standard (c) The special income level for the institutionalized (d) The following percent of the Federal poverty level:% (e)(spouse)Other (specify): (f) The following dollar amount \$*** **If this amount changes, this item will be revised. (g) The following formula is used to determine the needs allowance:

APPENDIX D ENTRANCE PROCEDURES AND REQUIREMENTS

APPENDIX D-1 evaluations/level of care

a. EVALUATION OF LEVEL OF CARE

The agency will provide for an evaluation (and periodic reevaluations) of the need for the level(s) of care indicated in item 2 of this request, when there is a reasonable indication that individuals might need such services in the near future, but for the availability of home and community-based services.

b. QUALIFICATIONS OF INDIVIDUALS PERFORMING INITIAL EVALUATION

The educational/professional qualifications of persons performing initial evaluations of level of care for waiver participants are (Check all that apply):

	Discharge planning team
	Physician (M.D. or D.O.)
	Registered Nurse, licensed in the State
_	Licensed Social Worker
	Qualified Mental Retardation Professional, as defined in 42 CFR 483.430(a)
_	X Other (Specify): <u>DDD Case/Resource Manager or Social Worker (See attached</u>
	job specifications); Nursing Care Consultant; QMRP.

APPENDIX D-2 reevaluations/level of care

a. REEVALUATIONS OF LEVEL OF CARE

	Reevaluations of the level of care required by the individual will take place (at a minimum) according to the following schedule (Specify):			
	Every 3 months Every 6 months X Every 12 months Other (Specify):			
b.	QUALIFICATIONS OF PERSONS PERFORMING REEVALUATIONS			
	Check one:			
	The educational/professional qualifications of person(s) performing reevaluations of care are the same as those for persons performing initial evaluations. The educational/professional qualifications of persons performing reevaluations of level of care differ from those of persons perform initial evaluations. The following qualifications are met for individ performing reevaluations of level of care (Specify):	ning		
	 Physician (M.D. or D.O.) Registered Nurse, licensed in the State Licensed Social Worker Qualified Mental Retardation Professional, as defined in 42 CFR 483.430(a Other (Specify):)		
C.	PROCEDURES TO ENSURE TIMELY REEVALUATIONS			
	The State will employ the following procedures to ensure timely reevaluations of level of care (Check all that apply):	of		
	 X "Tickler" file Edits in computer system X Component part of case management Other (Specify): 			

APPENDIX D-3 maintenance of records

а	MAIN	ITEN	ANCE	OF	RECOR	2.0
а.	יוורעועו			\mathbf{C}		-

	1.		ds of evaluations and reevaluations of level of care will be maintained in e following location(s) (Check all that apply):
op >	<u>(</u>	By the By the tions of By the By the ations and By serv	Medicaid agency in its central office Medicaid agency in district/local offices agency designated in Appendix A as having primary authority for the daily the waiver program case managers persons or agencies designated as responsible for the performance of nd reevaluations vice providers ther (Specify):
	2.		documentation of all evaluations and reevaluations will be maintained as escribed in this Appendix for a minimum period of 3 years.
b.	CC	PIES C	OF FORMS AND CRITERIA FOR EVALUATION/ASSESSMENT
	ree	evaluatio	the written assessment instrument(s) to be used in the evaluation and on of an individual's need for a level of care indicated in item 2 of this attached to this Appendix.
	mu pro	ist provi ocedure	ns diverted rather than deinstitutionalized, the State's evaluation process ide for a more detailed description of their evaluation and screening s for individuals to ensure that waiver services will be limited to persons d otherwise receive the level of care specified in item 2 of this request.
	Ch	eck one	9 :
		<u></u>	ne process for evaluating and screening diverted individuals is the same as that used for deinstitutionalized persons. ne process for evaluating and screening diverted individuals differs from that used for deinstitutionalized persons. Attached is a description of the process used for evaluating and screening diverted individuals.

ATTACHMENT D-3-a

PROCESS AND CRITERIA USED TO ESTABLISH THE NEED FOR THE LEVEL OF CARE PROVIDED IN AN ICF/MR

Attachment D-3-a-1 is an example of the form used to certify the need for the level of care provided in an ICF/MR for placement on the waiver. The individual who completes the evaluation verifying that the client meets the waiver level of care requirement signs this form.

The process used to evaluate (and reevaluate) applicants' need for ICF/MR level of care is two-stage consisting of:

- (1) Assessment of the individual's need for support; and
- (2) Review and certification by a DDD case/resource manager or Social Worker.

Protocols for Determination of the Need for ICF/MR Level of Care

An employee of the Division of Developmental Disabilities who is a case/resource manager or a social worker makes determination/verification of the need for ICF/MR level of care. Job specifications for these job classes are included as Attachments D-3-b and D-3-c.

When making the assessment of the need for ICF/MR level of care, the case/resource manager or social worker assesses the applicant's healthcare needs, and physical, intellectual and behavioral functioning, as indicated by the assessment protocol and as reflected in other information (e.g., the individual service plan) as necessary.

Scoring of the needs assessments and/or information from other available supporting information (e.g., the individual service plan, psychological evaluations, and other professional and medical evaluations) enables staff to identify the variety of individuals who require an ICF/MR level of care. This includes: 1) individuals who have low levels of cognitive functioning and require support and/or training in a variety of areas, such as activities of daily living and interpersonal relations; 2) individuals (e.g. with cerebral palsy) who have high levels of cognitive functioning and require support and/or training in areas such as medical needs, activities of daily living, and community integration; 3) individuals (e.g., with poor impulse control and/or judgment due to neurological impairment, sometimes in combination with a diagnosis of mental illness) who have varying levels of cognitive functioning, may require little support with activities of daily living, but need a high degree of support, supervision, and/or training due to behaviors that put themselves and/or others at risk, and 4) individuals who may require assistance with activities of daily living, may have varying levels of cognitive functioning, require extensive support to develop and maintain support systems, and require extensive support to work.

ATTACHMENT D-3-a (CONTINUED)

PROCESS AND CRITERIA USED TO ESTABLISH THE NEED FOR THE LEVEL OF CARE PROVIDED IN AN ICF/MR

Assessment-Current Support Needs

Two versions of the Assessment-Current Support Needs protocol are used in the determination of the need for ICF/MR level of care process. One is for children (ages 0 - 12) and the other is for both adolescents (ages 13 - 18) and adults (age 18 +).

Copies of the Child's Assessment-Current Support Needs (Attachment D-3-a-3) and the Assessment-Current Support Needs used for adolescents and adults (Attachment D-3-a-4) reflect the scoring of these protocols for determination of the need for ICF/MR level of care.

For children, the protocol should reflect a need for support to the left of the double vertical line (i.e., at the 'A' or 'B' level except for item # 9) or the following nine items: 1, 2, 3, 4, 5, 7, 8, 9, and 10. Children from birth through age 5 must have five of nine to the left of the double vertical line. Children ages 6 - 12 must have seven of nine to the left of the double vertical line. Fewer items are required for young children because some of the items (e.g., 1, 2, 3, 7) either do not apply to them (# 7) or do not differentiate among them (e.g., all young children require assistance with tasks such as dressing toileting and eating). If the score received does not meet the criteria listed above, other available supporting information (e.g., the individual service plan, psychological evaluations, and other professional and medical evaluations) may be reviewed to determine whether the individual requires ICF/MR level of care.

For adolescents (age 13 and above) and adults, the score across the 20 items should total at least 40. The scoring is indicated above the alternatives for each item. If the score is not at least 40, other available supporting information (e.g., the individual service plan, psychological evaluations, and other professional and medical evaluations) may be reviewed to determine whether the individual requires ICF/MR level of care.

Differential points are assigned to items on the adolescent/adult assessment to reflect the varying support, supervision, and training needs of individuals who require an ICF/MR level of care. The items that reflect the need for support to maintain health and safety (e.g., items 1, 3, 20), to work (item 14), and to deal with behavior problems (item 19), as well as the availability of others to provide support (e.g., item 15) are scored higher than items that reflect the need for support with activities of daily living (e.g., items 4

through 8), relating to specific individuals (e.g., items 11, 12), and participation in the community (e.g., items 10, 17, 12).

If the case/resource manager or social worker determines from the assessment and/or other available supporting information (e.g., the individual service plan, psychological evaluations, social work evaluations, nursing evaluations, speech and hearing screenings, and/or other professional evaluations as necessary) that the applicant requires an ICF/MR level of care, s/he documents this determination using a form (e.g., Attachment D-3-a-2) that is included in the official client record.

DDD quality control staff will conduct ongoing reviews of eligibility determinations to ensure consistency and accuracy.

ATTACHMENT D-3-a (CONTINUED)

If the case/resource manager or social worker concludes that the applicant does not require the level of care provided in an ICF/MR, then the individual is not placed on the Waiver. This determination is also documented with Attachment D-3-a-2. A supervisor reviews all determinations of ineligibility (i.e., due to not requiring ICF/MR level of care) to ensure consistency and accuracy.

Process for those seeking ICF/MR admission

The form for determining level of care is the same for those seeking either community-based services or admission to an ICF/MR. The form for adolescents and adults is <u>Assessment – Current Support Needs (Adolescent to Adult)</u>. The form for children is <u>Child's Assessment – Current Support Needs</u>. The qualifying scores are identical for either HCBS or ICF/MR admission.

Personal care needs for either HCBS or ICF/MR admission may be assessed using the Comprehensive assessment reporting and evaluation tool (CARE).

People who request ICF/MR admission are informed of available community services and resources and are offered assistance to implement a safe community-based care plan. If ICF/MR placement is denied, the person and his/her legal representative is notified in writing of the decision and given information about appeal rights. A form for requesting a fair hearing is enclosed with the written notification.

INDEX TO ATTACHMENTS REGARDING THE LEVEL OF CARE DETERMINATION

ATTACHMENT D-3-a-1	WAIVER ELIGIBILITY NOTIFICATION
ATTACHMENT D-3-a-2	CHILD'S ASSESSMENT - CURRENT SUPPORT NEEDS
ATTACHMENT D-3-a-3	ASSESSMENT - CURRENT SUPPORT NEEDS
ATTACHMENT D-3-a-4	COMPREHENSIVE ASSESSMENT, REPORTING AND EVALUATION (CARE) TOOL
ATTACHMENT D-3-b	CASE/RESOURCE MANAGER JOB SPECIFICATIONS

ATTACHMENT D-3-c SOCIAL WORKER JOB SPECIFICATIONS

ATTACHMENT D-3-A-1



DIVISION OF DEVELOPMENTAL DISABILITIES

WAIVER ELIGIBILITY NOTIFICATION

Completion of this form is required for all waiver referrals. It must be completed and forwarded to DDD Central Office, ATTN: Waiver Coordinator, Mail Stop: 45310, Olympia WA 98504-5310, as soon as all steps in the eligibility process are completed. **CLIENT DATA** DDD NUMBER REFERRAL DATE REGION CLIENT'S NAME **TASK COMPLETION DATES ELIGIBLE** IS IS NOT 1. NCC/QMRP review completed on (date): П Disabled according to SSI criteria (select one of the following): a. Effective date as determined by the DDDS: b. Currently receiving SSI c. Currently receiving SSA as a disabled adult child..... П Financial eligibility effective date: 3. Individual Service Plan (ISP) completion date: П _____ SSPS/CHRIS entry date: Client choice form signed on (date): П A review of needs and eligibility criteria listed above indicates this individual:

is eligible. is not eligible. OPTION SELECTED BY THE CLIENT ICF/MR ☐ Has been referred to ICF/MR on , 20 **WAIVER** DATE TELEPHONE NUMBER (INCLUDE AREA CODE) CASE MANAGER

ATTACHMENT d-3-a-2



DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

CHILD'S ASSESSMENT - CURRENT SUPPORT NEEDS

(For children birth through age 12)

Case Manager's Key: Use with Child's Individual Service Plan, DSHS 15-170.

NAME	DATE						
Waiver eligibility requireme		(T) . (T) . (O) l . (() . ()	0 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -				
	• • • • •	ave five (5) of nine (9) left of t 12) must have seven (7) of n					
* 1. What supports d	oes the child need to dress	s and groom self as is expe	ected of others of same ag	e?			
□ A	□В	□ c	□ D				
Needs major support in the form of total physical assistance, intensive training and/or therapy for dressing and grooming self.	Needs moderate support in the form of some physical assistance and/or training and/or therapies to dress and groom self.	Needs reminders or prompts to dress and groom self appropriately.	At age level (may have physical supports) in dressing and grooming self.				
* 2. What supports d	oes the child need to toilet	self as is expected of other	ers of same age?				
□ A	□ B	□ c	□ D	□ E			
Needs major support in the form of total physical support. Intensive training intervention and/or daily therapy to toilet self.	Needs moderate support in the form of some physical assistance, standard training and/or regular therapy.	Needs reminders or prompts.	Toilets self or has physical support in place to toilet self.	At age level.			
* 3. What supports d	oes the child need to eat a	t age level?					
□ A	□В	□ c	□ D				
Needs major support in the form of total physical assistance, intensive training and/or daily therapy.	Needs moderate support in the form of some physical assistance, standard training and/or regular therapy.	Needs help with manners and appearance when eating, in the form of reminders and prompts.	At age level (may have physical supports) in eating.				
* 4. What supports d	oes the child need to move	e around in the same ways	as other children of same	age?			
□ A	□В	□ c	□ D	□ E			
Needs major intervention in the form of total physical support to move around, intensive training and/or daily therapy.	Needs moderate support such as someone's help to move around or may use or learn to use adaptive device or may require standard training.	Needs mild intervention in the form of training and physically prompting scooting/crawling/walking behaviors.	Needs to be encouraged to scoot/crawl/walk.	No supports needed - child is scooting/ crawling/walking at age level.			

* 5. What supports d	oes the child need to com	nunicate as others of same	e age?	
□ A	□В	□ c	□ D	
Currently someone else must always determine and communicate child's needs.	With intensive training or therapy support, child may learn sufficient verbal and/or signing skills to make self easily understandable to others.	With physical support (adaptive device, interpreter), child is always able to communicate.	No supports needed and/or at age level.	
6. What supports d	oes the child need to learn	about and use money?		
□ A	□В	□ C	□ D	□ E
Child is not old enough to know about money.	Family must devise special opportunities for child to earn/or spend money.	Needs to learn about earning and/or spending money in typical agelevel ways.	Needs prompt and/or reminders in completing tasks/transactions related to earning/ spending money.	Needs no support. Independently uses opportunities typical to his/her age group to earn and/or spend money.
* 7. What supports d	oes the child need to make	e choices and take respons	sibility?	
□ A	□В	□ c	□ D	□ E
Needs major support in the form of special and/or technical help to and from family/teachers to create opportunities for making choices and taking responsibility.	Needs moderate support in the form of family/ teachers creating and explaining a variety of opportunities for making choices and taking responsibility.	Needs some support in the form of explanation of available options for making choices and taking responsibility.	Needs no support. Readily uses a variety of opportunities to indicate choices (activity, food, etc.) and take responsibility for (tasks, self, etc.)	Child not old enough to make choice.
* 8. What supports d	oes the child need to explo	ore environment?		
□ A	□В	□ c	□ D	
Needs major support in the form of specialized technical help to and from family/teachers to create ways which support/encourage child to explore and reach out.	Needs moderate support in the form of some training/physical help to and from family and teachers to create ways and opportunities for child to explore environmental and reach out.	Needs some support in the form of verbal encouragement or presence of someone child trusts to explore environment and reach out.	Needs no support and/or is at age level. Readily explores environment (may have adaptive device) and reaches out in ways typical to child's age group.	
* 9. What supports a	re necessary to get child's	therapy health needs met	?	
□ A	□В	□ C	□ D	□ E
Child requires medical/ health intervention or monitoring by professionals at least daily.	Child needs regular (weekly, monthly) monitoring by health professionals.	Child needs daily support and/or monitoring by trained others.	Needs regular on-going therapy and/or monitoring of health needs through typical community health	No specialized supports necessary. Child's therapy and health needs are met through typical community health

* 10. What support services should the system provide to help family continue to meet child's needs?					
			_		
	□В	□ C	□ D	∐ E	
Substantial significant supports to child and parents needed. Child in, or at risk of, out-of-home placement at this time.	Substantial support needed/requested; e.g., requests for more than two days per month respite, referral to homemakers, homebuilders; request for long term behavior management training, need extensive and/or expensive environmental modification or equipment; request frequent contact with case manager.	Moderate external support needed/ requested; e.g., requests for regular respite, intensive but short-term behavior management, referral for parent training help, referral to day care services; and/or request for regular contact with case manager.	Minimal external support needed/requested; e.g., requests for occasional respite, referrals to parent support group, and/or case manager helps obtain adaptive equipment.	No external supports are necessary. Family has obtained any necessary adaptive equipment.	
11. What supports of children of the s	loes the child need to make ame age?	e the kind of relationships	with family members expe	cted of non-disabled	
□ A	□В	□ C	□ D	□ E	
Opportunities for contributing to family life totally dependent on others to maintain, interpret child's role to other family members.	Requires major support in the form of daily/weekly creation of opportunities to be seen as a contributing member and assume typical family responsibilities.	Requires moderate support in the form of adaptive device, training and/or reminders to be seen as contributing member and assume typical family responsibilities.	Needs minor support in seeing self and being seen as a contributing member of the family and assuming typical family responsibilities.	Needs no support to form positive family relationship.	
12. What support do playgrounds?	pes the child need to explo	re and use typical commur	nity resources such as stor	es, parks, and	
□ A	□В	□ c	□ D		
Family needs major support (perhaps respite) to continue to provide child total physical support to use typical resources.	Moderate support is needed - family must create ways for child to use these resources in ways typical to child's age group.	Minimal support needed - family may wish suggestions or some support on ways to enable child's regular use of typical resources.	Needs no support and/or at age level. Uses these resources regularly.		
13. What supports a	re needed for the child to	develop age-level skills in p	playing with others?		
□ A	□В	□ c	□ D		
Major support needed by others to help child play. Parents may request special adaptive equipment and training to foster child's playing skills.	Moderate support needed in the form of a verbal and/or some physical intervention to help child play. Parents may be requesting suggestions instruction in ways to help child develop playing skills.	Minimal support needed.	No supports needed and/or at age level. Child's playing skills developing at age level.		

14. What support does the child need to have opportunities to play with non-handicapped children?						
□ A	□ B	□ c	□ D			
Substantial system support; e.g., system must set up "programs" that allow for interaction with non-handicapped children and the "programs".	Moderate supports; e.g., parents have to create opportunities for contacts. parents may ask for instruction in how to facilitate such contacts. System may need to provide structural supports; e.g., transportation, barrier-free public play environments, etc.	Minimal support; e.g., some monitoring. Parents may request help on how to broaden child's range of contacts or to increase the age appropriateness of contacts.	No support needed.			
CASE/RESOURCE MANAGE	ER'S SIGNATURE			DATE		



ATTACHMENT D-3-a-3

DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

ASSESSMENT - CURRENT SUPPORT NEEDS

(Age 13 and older)

NAME			SOCIAL SECURITY NUM	SOCIAL SECURITY NUMBER		BER
SCORES		AGE-LEVEL	RESIDENCE (OUTCOME)			
1.	What supports does the	person need to identif	y and respond safely t	o emergencies	s?	
	☐ 25 Needs total physical support to respond to emergencies.	☐ 16 Needs help all of the time to identify emergencies and to respond.	☐ 9 Needs help some of the time to identify emergencies and to respond.	Independent identifies emergencies help from oth respond.	; needs	O Needs no help from others in emergencies.
2.	Are people other than ca 5 Has only care providers available.	are providers available 4 Has someone available some of the time.	for this person to seel 3 Has someone available most of the time.	c help from at a long to be a long to be a long to be a long time.	e	

3.	What support does the 25 Needs total physical support for safety measures in daily activities and routines.	person need to practice. 16 Does not recognize own safety needs and requires help in most safety areas.	ce age-level safety mea 9 Knows importance of safety measures. Needs training and/ or physical support in many areas.	Isures? 4 Needs reminders or specific training in one or two safety areas.	O Needs no support in providing for own safety.
4.	What support does the	e person need to toilet s 4 Indicates need but needs some physical support to toilet self.	self as is expected of ot 3 Needs training to toilet self.	hers in his/her age group 2 Needs reminders.	o? Decided by the control of the co
5.	What support does the 5 Needs total physical assistance for dressing and grooming self.	e person need to dress 4 Needs training in dressing and grooming self.	and groom self as is ex 3 Needs reminders to dress and groom self appropriately.	pected of others in his/h 2 Needs help with appearance and recognizing styles.	er age group?
6.	What support does the 5 Needs total physical support to eat.	e person need to eat at 4 Needs some physical help in order to eat.	age-level? 3 Needs moderate support in the form of training in how to use utensils, how to eat at age level.	☐ 2 Needs help in the form of reminders with manners and appearance when eating.	☐ 0 Needs no support. At age level in eating.

7	 What support is need 5 Total preparation of food by others. 	ded for the person to pre 4 With complete supervision and some physical assistance person may select and prepare some foods.	epare nutritional foods 3 From available supplies prepares nutritious simple foods for breakfast and lunch which meet nutritional needs.	for self and others? 2 With supervision plans, buys and prepares more complex nutritious best-liked foods.	☐ 0 Needs no support. Plans, prepares nutritional diet (may have adapted environment.
8	8. What support is need 5 Needs physical support all household tasks done by others.	ded for the person to do 4 Needs physical assistance, supervision in performance of all household tasks.	home-management ta 3 Needs moderate support in the form of training in some home management tasks.	isks at age-level? 2 With monitoring, prompting completes all household tasks.	□ 0 Needs no support in doing daily household tasks (may have adapted environmental/ physical supports).
9	 What support does the	ne person need to mana 4 Someone else must do all planning and closely supervise all money management.	ge own money with ag 3 With weekly supervision person plans and manages money.	ge-level skills? 2 Needs periodic monitoring in budgeting.	☐ 0 Needs no supports in managing money.
1	10. What support is need 5 Someone else must make all purchases.	eded for the person to m 4 Someone else must closely supervise all shopping.	wake age-level purchas 3 With weekly supervision person shops for self.	ses? 2 Needs periodic monitoring in deciding where, when, how much to spend.	☐ 0 Needs no system supports in making purchases.

1	1. What support does the 3 Needs physical support by others in the form of interpretation of self to others to interact with peers.	ne person need to most 2 Needs physical intervention in the form of modeling to enable person to reach out to peers to give and take support.	effectively relate to fell 1 Needs much encouragement, supervision and guidance in how to give and ask for support and interact with peers.	ow workers and/or stu	□ 0
1	2. What support does th	ne person need to most	effectively relate to his.	/her supervisor(s) and	l/or teacher(s)? ☐ 0
	Supervisor must initiate all contact for work instruction, work accomplishment.	Needs major support in relating to supervisor. Recognizes authority but needs daily intervention in order to learn what a supervisor does and how to use that person.	Needs moderate support in relating to supervisor. Recognizes role of supervisor but needs significant instruction in how and when to use supervision appropriately.	Needs minor support in the form of monitoring to seek direction appropriately, follow through on work instruction and find ways to	Needs no support. Relates effectively with supervisor/ teacher, i.e., seeks out supervisor appropriately; accepts supervision and direction; and follows through on work instruction.
	13. What support do	pes the person need to	take responsibility for g	etting to work and/or	school on time?
	Requires total physical support.	With major support from someone else in some but not all activities, person gets to work/school on time.	With moderate support in the form of some training and some physical	Needs some monitoring to ensur physical support is working or training remains effective.	Needs no

• •			_	□ 0
Current system unable to overcome substantial health or physical disabilities of person to insure marketable work skills.	Major support required for person to maintain work career. One-to-one training on new tasks which are systematically broken down and done in sequential steps is needed for marketable skill.	Needs identification of own individual marketable work marketable interest skills/career option;		Has identified marketable work skills/career and is at age-level in finding a job.
	•	_ `		_
Opportunities for ontributing to family fe totally dependent n others to naintain, interpret erson's role in	Requires major support in the form of daily/weekly creation of opportunities to be seen as a contributing member of the family.	Requires moderate support in the form of adaptive device, training and reminders to be seen as a contributing member of the family.	Needs minor support in seeing self and being seen as a contributing member of the family.	∪ 0 Needs no support to form positive family relationship.
	Current system unable to overcome substantial health or physical disabilities of person to insure marketable work skills.	Current system unable to overcome substantial health or physical disabilities of person to insure marketable work skills. What support is needed for person to marketable skill. What support is needed for person to marketable skill. What support is needed for person to marketable skill. What support is needed for person to marketable skill. Requires major support in the form of daily/weekly creation of opportunities to be seen as a contributing member of the	Current system unable to overcome substantial health or physical disabilities of person to insure marketable work skills. What support is needed for person to have age-level relation of daily/weekly creation of opportunities for ontributing to family fe totally dependent n others to amily. Discreption of current system unable to overcome required for person to maintain work career. One-to-one training on new tasks which are systematically broken down and done in sequential steps is needed for marketable skill. What support is needed for person to have age-level relation of specific adaptive device. What support is needed for person to have age-level relation of support in the form of daily/weekly creation of opportunities to be seen as a contributing member of the member of the	Current system unable to overcome unable to overcome substantial health or physical of disabilities of person to insure marketable work skills. What support is needed for person to have age-level relationship with family member of the marketable interest skills of own individual marketable interest skills of own individual marketable interest skills of own individual marketable interest skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identify and obtain specific job. What support is needed for person to have age-level relationship with family member of the skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identified own marketable work skills/career option; needs special support in typical job market to identified oun marketable skill and specialized training. May also need environmental modification or specific adaptive device. Page of the marketable interest and skill and specialized training. May also need environmental modification or specific adaptive device. Page of the marketable interest and skill and specialized training. May also need environmental modification or specific adaptive device. Page of the marketable interest and skill and specialized training. Page of the marketable interes

 16. What support is outside the family?	needed for person to i	make friendships with of	thers including non-han	dicapped persons
□ 25	□ 16	□ 9	□ 4	□ 0
Opportunities for establishing relationships are totally dependent on physical help from others to initiate and maintain, contact and interpret self to others.	Requires daily support to insure person is not seen by others and self as very different from others and/or as much younger and dependent.	Requires weekly encouragement to reach out to others to form relationships which are typical to person's age group.	uires weekly Initiates, forms and participates in typical relationships in which person needs minor	
 17. What support is age level?	needed for the person	to use typical commun	ity resources (including	leisure time) at
	☐ 3	□ 2	□ 1	□ 0
Needs total physical support in selecting, planning and using typical resources.	Needs major support in the form of individualized instruction and ongoing supervision of participation.	Needs moderate support in the form of instruction and periodic monitoring.	Needs minor support in the form of information and encouragement to plan and use resources.	Needs no support. uses typical integrated community resources at age level.
 18. What support do	pes the person need to	use general community	transportation system	?
□ 5	□ 4	□ 3	□ 1	□ 0
Requires specialized transportation with major adaptation for all activities.	Needs specialized support for transportation to all activities (includes intensive one-on- one training or supervision).	Moderate support needed in use of typical transportation, i.e., support training supervision.	Needs minor support in using transportation for unfamiliar situations.	Needs no support. Uses transportation at age level.

ASSESS	MENT - CURRENT SUPPO	ORT NEEDS		NAME			
SCORES		AGE-LE\	/EL RESII	DENCE (OUTCOME	≣)		
19). What support	is needed for this perso	n to hav	e behaviors whi	ch promote bei	ng include	ed?
	25	☐ 16	□ 9		□ 4		□ 0
	Needs major tolerance and control. Could include being dangerous to self and/or others.	Needs major behavior modifications to be perceived as typical. Person's behaviors are extremely disagreeable to others.	in typic with no handic to mode behave him/he recogn	participation cal settings on- capped others del desirable iors. Person's iors cause or to be easily nized as and from others.	Needs interact with non-handicapped Person's behare different fothers in mind and the person timmediate perceived as different.	people. naviors rom or ways on may	Needs no support. Behaviors are similar to others in general community of same age and culture.
20	needs?	does the person need t		those arrangem		et own the	_
	□ 25	∐ 16	∐ 9		□ 2		□ 0
	Person needs medical health intervention by professionals at least daily.	Person needs frequent daily/weekly support and/or monitoring by trained others.	supervand in how to own how may n	consistent vision of health struction in take care of ealth needs. eed some al support.	Needs occasional (monthly or less) monitoring of health needs, reminders.		Needs no support. Person takes care of own health needs.
	Total of Items 1 - 20	D above. (A minimum	score o	f 40 is required	for waiver.)		
CASE/RES	SOURCE MANAGER'S SIG	•				DATE	

ATTACHMENT D-3-a-4 – (click on Icon for CARE tool)



If you cannot open the form, go to: http://www.dshs.wa.gov/dshsforms/forms/eforms.html and download the Shana Informed Filer available at that site.

Also, the pages are printed out in the hard copies of this waiver application.

STATE: Washington 3 98 DATE: 1/1/04

ATTACHMENT D-3-b

WASHINGTON STATE DEPARTMENT OF PERSONNEL

Specification for Class of **DEVELOPMENTAL DISABILITIES CASE/RESOURCE MANAGER (35610)**

<u>Definition</u>: Within the Division of Developmental Disabilities, provides advanced level of social services, specialized case and/or resource management for people who have developmental disabilities and their families.

Typical Work:

Independently manages a caseload of people who have developmental disabilities and provides specialized services to clients and their family by developing, implementing and monitoring Individual Service Plans; Interprets state and federal regulations to established boards, citizen groups, providers/vendors and others concerned and involved with services for people with developmental disabilities;

Coordinates resource programs with case management services, DSHS Offices, county coordinators, Adult Family Homes, county boards, and other vendors; Provides support services and oversight to Adult Family Home providers to enhance health, safety, and quality of life for DD residents: Recommends, monitors and manages specialized funding for medical expenses and social absences for group homes; screens billings for county services and group homes; Final decision authority on determinations of client eligibility, and provides intake services; evaluates individuals for admission to residential habilitation centers; assessment of client needs, including diagnoses and evaluation of individual clients who have behavioral, social and emotional problems: Arranges for special placement and other residential, vocational and recreational supports for children and/or adults; Assists and/or makes referral to the appropriate professional (i.e. Mental Health, Children's Protective Services, etc.) in reducing and/or preventing community and client problems; Assesses/evaluates facility situations, makes recommendation, and plans for family/community support service, including respite care, chore, day program for adults, early childhood development program, therapies and others; As a Qualified Mental Retardation Professional (QMRP), maintains compliance with Federal IMR and CAP regulations; Develops corrective action plans and reports in response to evaluations Quality Improvement AFH visits and other audits; assists contractor to comply with contract, and takes appropriate actions; Performs other work as required.

Minimum Qualifications:

A Bachelor's degree in social sciences, social services. human services, behavioral sciences or an allied field and two years of experience providing social services to people with developmental disabilities. Graduate training in social science, social services, human services, behavioral sciences or an allied field will substitute, year for year, for one year of the experience providing social services to people with developmental disabilities.

New class: Effective July 1, 1988 (approved June 9, 1988)

Revised definition and general revision: 6-11-99: effective 7-1-1999

Revised minimum qualifications, effective: 03-09-01

Revised definition: 5-30-02

ATTACHMENT D-3-c

WASHINGTON STATE DEPARTMENT OF PERSONNEL

Specification for Class of

SOCIAL WORKER 1

<u>Definition:</u> Within the Department of Social and Health Services, is the entry level trainee classification for the professional social services series in either Aging and Adult Services, Children and Family Services, or Economic and Medical Services. The clients served may be children or families in which risk of child abuse or neglect are minimal, or adults with disabilities resulting from varying degrees of incapacity, or vocational, social, cultural or health impairments that hinder economic or residential independence. All positions at this level receive close, detailed supervision.

<u>Distinguishing Characteristics:</u> Employees allocated to this classification receive extensive and advanced level on- and off-site structured training, both generic and division specific. In the first six months, cases are not assigned to this classification. When cases are assigned, they are pre-screened, closely supervised, and limited in number and complexity. As a component of their training program, incumbents shall assist professional level staff with cases that will enable them to experience a full range of division specific service functions. Employees remain in this classification for 18 months and then automatically promote to the Social Worker 2.

IN AGING AND ADULT SERVICES:

Receive training in:

- assessment
- licensing activities
- protective services
- community placement
- information and referral
- social support services
- case management

IN CHILDREN AND FAMILY SERVICES:

Receive training in:

- risk assessment
- licensing activities
- protective services
- information and referral
- case monitoring

IN ECONOMIC AND MEDICAL SERVICES:

Receive training in:

- assessment of employability
- information and referral
- medical treatment

Attachment D-3-c continued

- vocational training
- social support services

Typical Work

Under close supervision, experience/perform the full range of specific service functions, such as: interviewing children, parents, and others; case assessment, formulation and implementation of service plans; legal intervention;

Participates in staff conferences and required in-service training that is program area specific, department wide, or between agencies;

Participates in in-house case staffing;

Participates in multi-disciplinary team/multi-agency staffings;

Studies and applies principles and techniques of casework;

Interviews families/individuals for basic information relating to social history;

Identifies economic, social, cultural, physical, and environmental factors which support or limit family or individual functioning;

Implements and monitors appropriate service objectives or treatment plans;

Coordinates with appropriate intra- and inter-agency organizations to meet service goals or treatment plan objectives;

Identifies needs requiring services and enables clients to resolve needs through referral to appropriate resources;

Explains department policies and provisions of the law to families, individuals, and members of the community;

Develops and maintains case records relative to client needs, and steps taken to alleviate those needs utilizing prescribed agency forms and reports;

Performs other related work as required.

Knowledge and Abilities

Knowledge of: goals and objectives of services to adults and children; child welfare social services; laws, rules and regulations in the field of public welfare/child welfare; social casework principles and practices; social and economic conditions which affect the work of a public social service agency; interviewing techniques; social problems which call for the use of public and private community resources; principles of individual and social development, vocational counseling, and psychology; medical terminology and services; job training and educational resources; community resources.

Ability to: learn and act upon new information; work cooperatively with individuals and groups and be able to coordinate service plans with other social service agencies; exercise mature and sound judgment in problem solving and the decision making process; organize own work; present material effectively in written and oral form; properly and accurately document activities, paper flow; identify economic, social, cultural, physical and environmental factors which support or limit family or individual functioning; learn and apply principles of psycho-social casework.

Minimum Qualifications

A Master's degree in social services, human services, behavioral sciences, or an allied field.

OR

A Bachelor's degree in social services, human services, behavioral sciences, or an allied field and one year of social service experience.

NOTE: Employees must successfully complete the formal training course sponsored by their division within eighteen months of their appointment.

New class: 8-1-88

Revised minimum qualifications: 1-12-90 Revised minimum qualifications: 6-15-90

APPENDIX D-4 freedom of choice and fair hearing

a. FREEDOM OF CHOICE AND FAIR HEARING

- When an individual is determined to be likely to require a level of care indicated in item 2 of this request, the individual or his or her legal representative will be:
- a. informed of any feasible alternatives under the waiver; and
 - b. given the choice of either institutional or home and community-based services.
 - The agency will provide an opportunity for a fair hearing under 42 CFR Part 431, subpart E, to individuals who are not given the choice of home or communitybased services as an alternative to the institutional care indicated in item 2 of this request or who are denied the service(s) of their choice, or the provider(s) of their choice.
 - 3. The following are attached to this Appendix:
- a. A copy of the form(s) used to document freedom of choice and to offer a fair hearing;
- b. A description of the agency's procedure(s) for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver;
- c. A description of the State's procedures for allowing individuals to choose either institutional or home and community-based services; and
 - d. A description of how the individual (or legal representative) is offered the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E.

b. FREEDOM OF CHOICE DOCUMENTATION

Specify where copies of this form are maintained:

For each waiver client, a copy is maintained by the case manager in the official client file housed in the local DDD office.

Attachment D-4-a

RCW 71A.10.050

Appeal of department actions -- Right to.

- (1) An applicant or recipient or former recipient of a developmental disabilities service under this title from the department of social and health services has the right to appeal the following department actions:
 - (a) A denial of an application for eligibility under RCW 71A.16.040;
- (b) An unreasonable delay in acting on an application for eligibility, for a service, or for an alternative service under RCW 71A.18.040;
 - (c) A denial, reduction, or termination of a service;
 - (d) A claim that the person owes a debt to the state for an overpayment;
 - (e) A disagreement with an action of the secretary under RCW <u>71A.10.060</u> or <u>71A.10.070</u>;
 - (f) A decision to return a resident of an [a] habilitation center to the community; and
- (g) A decision to change a person's placement from one category of residential services to a different category of residential services.

The adjudicative proceeding is governed by the Administrative Procedure Act, chapter $\underline{34.05}$ RCW.

- (2) This subsection applies only to an adjudicative proceeding in which the department action appealed is a decision to return a resident of a habilitation center to the community. The resident or his or her representative may appeal on the basis of whether the specific placement decision is in the best interests of the resident. When the resident or his or her representative files an application for an adjudicative proceeding under this section the department has the burden of proving that the specific placement decision is in the best interests of the resident.
- (3) When the department takes any action described in subsection (1) of this section it shall give notice as provided by RCW <u>71A.10.060</u>. The notice must include a statement advising the recipient of the right to an adjudicative proceeding and the time limits for filing an application for an adjudicative proceeding. Notice of a decision to return a resident of a habilitation center to the community under RCW <u>71A.20.080</u> must also include a statement advising the recipient of the right to file a petition for judicial review of an adverse adjudicative order as provided in chapter <u>34.05</u> RCW.

[1989 c 175 § 138; 1988 c 176 § 105.]

NOTES:

Effective date -- 1989 c 175: See note following RCW 34.05.010.

Attachment D-4-b

WAC 388-825-100 Notification. (1) The department shall notify the client or applicant, the parent when the client or applicant is a minor, and the guardian when the client or applicant is an adult, of the following decisions:

- (a) Denial or termination of eligibility set forth in WAC <u>388-825-100</u>;
- (b) Development or modification of the individual service plan set forth in WAC 388-825-050;
- (c) Authorization, denial, reduction, or termination of services set forth in WAC 388-825-100; and
- (d) Admission or readmission to, or discharge from, a residential habilitation center.
- (2) The notice shall set forth appeal rights pursuant to WAC <u>388-825-120</u> and a statement that the client's case manager can be contacted for an explanation of the reasons for the action.
- (3)(a) The department shall provide notice of a denial or partial authorization of a family support services request and a statement of reason for denial or partial authorization, or reduction to the person or persons described in subsection (1) of this section. The department shall send such notice no later than five working days before the end of the month previous to the month for which service was requested:
- (b) The department shall make available an administrative review of a decision to deny or partially authorize services upon receipt of a written request by a person or persons described in subsection (1) of this section to the administrator of the region in which the client is living. The regional office must receive a request for administrative review by the last working day of the month;
- (c) The client shall state in the written request why the client or client's family believes their service priority designation is not correct;
- (d) Upon receipt of request for administrative review, the regional administrator or designee shall review the request and the client file; and
- (e) The department shall send the results of the administrative review to the client and/or family within the first five working days of the service month for which the client is being denied or receiving a partial authorization for services.
- (4) The department shall provide at least thirty days' advance notice of action to terminate a client's eligibility, terminate or reduce a client's service, or discharge a client from a residential habilitation center to the community. Transfer or removal of a client from a service set forth in WAC <u>388-825-120</u> (5)(f) is governed by that section, and reduction of family support funding during the service authorization period is covered by subsection (3)(a) of this section.
- (5) All parties affected by such department decision shall be consulted, whenever possible, during the decision process by the responsible field services regional office in person and/or by telephone.
- (6) The division shall ensure notification to the school district in which a school-aged child is to be placed when a placement decision is reached.

[Statutory Authority: RCW <u>71A.16.010</u>, <u>71A.16.030</u>, <u>71A.12.030</u>, chapter <u>71A.20</u> RCW, RCW <u>72.01.090</u>, and <u>72.33.125</u>. 02-16-014, § 388-825-100, filed 7/25/02, effective 8/25/02; <u>99-19-104</u>, recodified as § 388-825-100, filed 9/20/99, effective 9/20/99. Statutory Authority: RCW <u>71A.12.030</u>, <u>71A.12.040</u> and Title <u>71A</u> RCW. 97-13-051, § 275-27-400, filed 6/13/97, effective 7/14/97. Statutory Authority: RCW <u>71.20.070</u>. 88-05-004 (Order 2596), § 275-27-400, filed 2/5/88; 86-18-049 (Order 2418), § 275-27-400, filed 8/29/86; 84-15-058 (Order 2124), § 275-27-400, filed 7/18/84. Statutory Authority: RCW <u>72.01.090</u>, <u>72.33.040</u>, <u>72.33.125</u> and <u>72.33.165</u>. 78-04-033 (Order 1280), § 275-27-400, filed 3/16/78; Order 1143, § 275-27-400, filed 8/11/76.]

Attachment D-4-c

WAC 388-825-120 Adjudicative proceeding. (1) A client, former client, or applicant acting on the applicant's own behalf or through an authorized representative has the right to an adjudicative proceeding to contest the following department actions:

- (a) Denial or termination of eligibility set forth in WAC 388-825-100;
- (b) Development or modification of the individual service plan set forth in WAC 388-825-050;
- (c) Authorization, denial, reduction, or termination of services set forth in WAC 388-825-100;
- (d) Admission or readmission to, or discharge from, a residential habilitation center;
- (e) A claim the client, former client, or applicant owes an overpayment debt;
- (f) A decision of the secretary under RCW 71A.10.060 or 71A.10.070;
- (g) A decision to change a client's placement from one category of residential services to a different category of residential services.
- (2) Adjudicative proceedings are governed by the Administrative Procedure Act (chapter <u>34.05</u> RCW), RCW <u>71A.10.050</u>, the rules in this chapter, and by chapter <u>388-02</u> WAC. If any provision in this chapter conflicts with chapter <u>388-02</u> WAC, the provision in this chapter shall govern.
- (3) The applicant's application for an adjudicative proceeding shall be in writing and filed with the DSHS office of appeals within twenty-eight days of receipt of the decision the appellant wishes to contest.
- (4) The department shall not implement the following actions while an adjudicative proceeding is pending:
 - (a) Termination of eligibility;
- (b) Reduction or termination of service, except when the action to reduce or terminate the service is based on the availability of funding and/or service; or
- (c) Removal or transfer of a client from a service, except when a condition in subsection (5)(f) of this section is present.
 - (5) The department shall implement the following actions while an adjudicative proceeding is pending:
 - (a) Denial of eligibility;
 - (b) Development or modification of an individual service plan;
 - (c) Denial of service:
- (d) Reduction or termination of service when the action to reduce or terminate the service is based on the availability of funding or service;
- (e) After notification of an administrative law judge's (or review judge) ruling that the appellant has caused an unreasonable delay in the proceedings; or
 - (f) Removal or transfer of a client from a service when:
 - (i) An immediate threat to the client's life or health is present;
 - (ii) The client's service provider is no longer able to provide services due to:
 - (A) Termination of the provider's contract;
 - (B) Decertification of the provider;
 - (C) Nonrenewal of provider's contract:
 - (D) Revocation of provider's license; or
 - (E) Emergency license suspension.
- (iii) The client, the parent when the client is a minor, or the guardian when the client is an adult, approves the decision.
- (6) When the appellant files an application to contest a decision to return a resident of a state residential school to the community, the procedures specified in RCW <u>71A.10.050(2)</u> shall govern the proceeding. These procedures include:
- (a) A placement decision shall not be implemented during any period during which an appeal can be taken or while an appeal is pending and undecided unless the:
 - (i) Client's or the client's representative gives written consent; or
- (ii) Administrative law judge (or review judge) after notice to the parties rules the appellant has caused an unreasonable delay in the proceedings.
 - (b) The burden of proof is on the department; and
- (c) The burden of proof is whether the specific placement proposed by the department is in the best interests of the resident.
 - (7) The initial order shall be made within sixty days of the department's receipt of the application for an

Attachment D-4-c continued

adjudicative proceeding. When a party files a petition for administrative review, the review order shall be made within sixty days of the department's receipt of the petition. The decision-rendering time is extended by as many days as the proceeding is continued on motion by, or with the assent of, the appellant.

[Statutory Authority: RCW $\underline{71A.16.010}$, $\underline{71A.16.030}$, $\underline{71A.12.030}$, chapter $\underline{71A.20}$ RCW, RCW $\underline{72.01.090}$, and $\underline{72.33.125}$. 02-16-014, § 388-825-120, filed 7/25/02, effective 8/25/02; $\underline{99-19-104}$, recodified as § 388-825-120, filed 9/20/99, effective 9/20/99. Statutory Authority: RCW $\underline{71A.16.020}$. 91-17-005 (Order 3230), § 275-27-500, filed 8/9/91, effective 9/9/91. Statutory Authority: RCW $\underline{34.05.220}$ (1)(a) and $\underline{71.12.030}$ [71A.12.030]. 90-04-074 (Order 2997), § 275-27-500, filed 2/5/90, effective 3/1/90. Statutory Authority: RCW $\underline{71.20.070}$. 86-18-049 (Order 2418), § 275-27-500, filed 8/29/86. Statutory Authority: RCW $\underline{72.33.161}$. 84-15-038 (Order 2122), § 275-27-500, filed 7/13/84. Statutory Authority: RCW $\underline{72.01.090}$, 72.33.040, 72.33.125 and 72.33.165. 78-04-033 (Order 1280), § 275-27-500, filed 3/16/78; Order 1143, § 275-27-500, filed 8/11/76.]

Attachment D-4-d

VOLUNTARY PARTICIPATION FORM FOR THE HOME AND COMMUNITY BASED SERVICES (HCBS) WAIVER

Client Name (print)	DDD #
You are being considered for service under the HCBS authorized under Title XIX of the Social Security Act to based care for eligible individuals.	
I have been informed of my alternatives and choose Waiver.	se to receive service under the
Client Signature	Date
Legal Representative Signature	Date
Lhave been informed of my alternatives and also	
I have been informed of my alternatives and chooservices.	se to receive institutional
Client Signature	Date
Legal Representative Signature	Date
Case/Resource Manager	Date
CC: Client or legal representative Client File	

Attachment D-4-e

DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) NOTIFICATION OF TERMINATION OF WAIVER SERVICES DUE TO INELIGIBILITY FOR MEDICAID

DATE	≣:	
TO:	(ADDRESS LABEL)	
RE:		
FROM	М:	TELEPHONE:
DDD h needy must t	y (CN) program. While DDD does n	alify for Medicaid under the categorically not make Medicaid eligibility decisions, we wer program and Waiver services if you are not
	• • • • • • • • • • • • • • • • • • • •	l on? Waiver and the rules are in WAC 388-513-
servic If you	ces?	Waiver have on my current DDD paid ervices are not guaranteed and are limited by
	The following services will be te	rminated as of
	☐ Attendant Care ☐ Residential services ☐ N	☐ Employment/Day Program ☐ Professional Services Medically Related Services ☐ Medicaid Personal Care ————
	☐ Attendant Care☐ Residential services ☐ N	rill be continued: ☐ Employment/Day Program ☐ Professional Services Medically Related Services ☐ Other:

Do I have appeal rights to my Waiver termination?

Appeal of termination of services: You have a right to appeal any termination or

reduction of services. A Request for Appeal form is enclosed if any services are being terminated.

- You have 28-days from receipt of this notice to request an appeal.
- Your services will <u>not</u> continue during appeal.

If you need help to do this, call DDD at the number provided at the top of this notice and request assistance to file an appeal.

Appeal of Medicaid eligibility decision: Your Waiver termination is due to termination of Medicaid eligibility made by another part of DSHS. You were sent appeal rights with the written notification of your Medicaid termination.

Is there anything I can do to keep my eligibility and services?

You cannot keep your waiver eligibility or services unless your Medicaid eligibility is reinstated.

Can I get back onto the Waiver in the future?

You can reapply for Waiver services if you are eligible for Medicaid. [WAC 388-513-1315]. The number of people who can be on the Waiver at any point in time may also limit future access to the Waiver.

Who should I call if I still have questions?

Please call your case/resource manager whose name and phone is at the top of this notice.

Enclosures:

CC: Other person as required for notification Client File



DATE:	
то:	NOTIFICATION OF INELIGIBILITY FOR ICF/MR SERVICES AND THE CAP WAIVER
RE:	,
FROM:	TELEPHONE:
Why am I getting this notice?	
	pleted your annual eligibility reassessment for the Community Alternative nat you are no longer eligible for the CAP Waiver. You have a right to
	liver? determined that you do not meet eligibility for ICF/MR services. The NCC's Support Needs assessment and other available information regarding your
What law or rule is this decision based on?	•
 (a) Meet the criteria for the Division of Land 1997. (b) Meed an IMR level of care as deterning to Require 24 hour care and require (ii) Have a documented need for hall (iii) Participation in CAP is by choice 	blished in the Social Security Act. If the federal Supplemental Security Income (SSI) benefit amount. It imined by a DDD Nursing Care Consultant. It is services that cannot be provided by a family member; and bilitation services and training.
	ou have 28 days from receipt of this letter to request a fair hearing. The above unless a fair hearing is requested. If a fair hearing is requested, lon your fair hearing.
	·
	Date mailed: Date personally
Enclosures: CAP Assessment form with score ICF/MR determination form from NCC	delivered to client:

DSH S 1 0-29 8 (12/2 002) TRANSLATED

VERSION 06-95

Attachment D-4-g

(signature page from plan of care)

I have participated in the development of and/or reviewed this Individual Plan of Care and agree to the outcomes and services and supports described. I understand that I have the right to withdraw or not consent to the services outlined in the plan. My rights to appeal the decisions made by the Division of Developmental Disabilities have been explained to me. The procedures for making an appeal have been explained to me.

Without signatures & dates the plan will **not** be valid.

CRM must be the last one to sign.
Do **not** backdate!!!

Ι,

SIGNATURES	
Waiver Participant:	_Date:
Parent/Guardian:	Date:
Case/Resource Manager:	Date:

, (check one box)

Request for Administrative Hearing/Appeal

☐ The person for whom services☐ Parent/guardian for☐ Guardian	•	nder the age of 18
Request an administrative hearing Disabilities – Field Services as set	g to review the decision of the Division o t forth in this Plan of Care.	f Developmental
I, (check one box)		
☐ Will NOT be represente	ed by an attorney.	
☐ Will be represented by	an attorney.	
Name of attorney		
Client's Signature	Parent/Guardian's Signat	ure
Street Address	City	Zip

Telephone number

This form must be completed and returned within 30 days to appeal this decision To request a hearing, complete the above form and mail to the OFFICE OF ADMINISTRATIVE HEARINGS, PO BOX 42289, OLYMPIA WA 9507-2489 OR deliver to a Regional Office of the Division of Developmental Disabilities within 30 days.

Attachment D-4-h



FOR AGENCY USE ONLY			
Oral request taken by:			
NAME	TELEPHONE NUMBER		
INVOLVED DIVISION/ORGANIZATION			

REQUEST FOR HEARING	INVOLVED DIVISION/ORGANIZATION			
per Chapter 388-02 for DSHS fair hearing rules.	INVOLVED DIVISION/ORGANIZATION			
MAIL TO: OFFICE OF ADMINISTRATIVE HEARINGS PO BOX 42489 OLYMPIA WA 98504-2489	S (OAH), MAIL STOP: 424	89		
FAX: 360-586-6563				
I request a hearing because I disagree with the following Explain briefly what DSHS did or did not do (add pa Attach a copy of the notice you are appealing, if pos	ges if you need more room		Health Services (DSHS):	
YOUR NAME (PLEASE PRINT)	IDATE	OF BIRTH	SOCIAL SECURITY NUMBER	
TOOK NAME (FEEASE FINIT)	DAIL	OI BIRTH	SOCIAL SECONTT NOWIBER	
ADDRESS OF PERSON REQUESTING HEARING	CHEN	TID NUMBER		
ADDRESS OF FERSON REQUESTING HEARING	CLIEN	I ID NOWBER		
CITY STATE Z	IP CODE TELEF	PHONE NUMBER	(INCLUDE AREA CODE)	
	()	MESSAGE PHONE	
I was notified of the decision on: DATE I want continued assistance, if I am eligible: Yes	by:bsh	IS OFFICE NAME	: AND LOCATION	
I am represented by (if you are going to represent yourse	lf, do not fill in the next two I	ines):		
YOUR REPRESENTATIVE'S NAME OR	GANIZATION	TE	LEPHONE NUMBER	
ADDRESS STREET	CITY	STATE	ZIP CODE	
☐ I authorize release of information about my hearin	g to my representative.			
YOUR SIGNATURE		DA	.ΤΕ	
		1		
Do you need an interpreter or other assistance or accomm	modation for the hearing?	Yes	No	
If yes, what language or what assistance?				
Administrative Law Judges (ALJ's) may hold some hearin follow the instructions in the Notice of Hearing that will be		nt to change to	an in-person hearing,	

DSHS 05-013 CA (REV. 08/2000)

APPENDIX E PLAN OF CARE

APPENDIX E-1 plan of care development

PLAN OF CARE DEVELOPMENT

1. The following individuals are responsible for the preparation of the plans of care: Registered nurse, licensed to practice in the State Licensed practical or vocational nurse, acting within the scope of practice under State law Physician (M.D. or D.O.) licensed to practice in the State Social Worker (qualifications attached to this Appendix) X Case Manager Other (specify): 2. Copies of written plans of care will be maintained for a minimum period of 3 years. Specify each location where copies of the plans of care will be maintained. At the Medicaid agency central office At the Medicaid agency county/regional offices X By case managers X By the agency specified in Appendix A By consumers Other (specify): 3. The plan of care is the fundamental tool by which the State will ensure the health and welfare of the individuals served under this waiver. As such, it will be subject to

periodic review and update. These reviews will take place to determine the appropriateness and adequacy of the services, and to ensure that the services furnished are consistent with the nature and severity of the individual's disability. The minimum schedule under which these reviews will occur is:

____ Every 3 months

Every 3 months
Every 6 months
X Every 12 months
Other (specify):

VERSION 06-95

APPENDIX E-2 agency approval, requirements and copy

a. MEDICAID AGENCY APPROVAL

The following is a description of the process by which the plan of care is made subject to the approval of the Medicaid agency:

The Department of Social and Health Services (DSHS) is the single state

Medicaid agency for the State of Washington. Case managers, who arrange a meeting with the client, guardian (if applicable), family members, advocates and other interested parties to develop plans of care, are state employees of DSHS and must approve and sign every plan of care. Their supervisors periodically review and approve service plans to ensure the needs of the client are being identified and met.

b. STATUTORY REQUIREMENTS AND COPY OF PLAN OF CARE

- 1. The plan of care will contain, at a minimum, the type of services to be furnished, the amount, the frequency and duration of each service, and the type of provider to furnish each service.
- 2. A copy of the plan of care form to be utilized in this waiver is attached to this Appendix.

INDIVIDUAL PLAN OF CARE

	Waiver Participantî Ba	? Y N Initial Plan asic □ Basic Plus □ Core	□ Annual Plan □ Char□ Public Safety □	nge of Status □	
It is very important to verify that all information in this	SECTION ONE – PERSONAL DATA				
section is current and correct.	Name Date of Birth				
Ti If any of the information has changed be	Address		Tele	ephone #	
sure to enter the correct information into the CCDB	Social Security #	CSO#	DDD #	¥	
immediately! Please make sure to identify	Significant Other(describe)		_ □ Parent/Family Member	□ Guardian □ Advocate □ Other	
a contact in case of emergency, natural disaster or service-related.	Emergency Contact Name/Number Phone #				
or service related.	Case Manager Phone # Date of Planning Meeting Attended Meeting:				
	Name	Relationship to Waiver Participant	Name	Relationship to Waiver Participant	
Every effort must be made to include the people in the					
plan development process that the waiver participant would like.					
Please note who attended the meeting and/or	Contributed to plan but did not attend meeting:				
contributed to the plan. The participant MUST attend the	Name	Relationship to Waiver Participant	Name	Relationship to Waiver Participant	
meeting.					

The next step is to complete the Support Needs Assessment designed to assist in determining ICF/MR level of care. If the person does not score 40 points review all other available information to make an accurate level of care determination before proceeding with the planning process.

Please provide a brief	Personal "Snapshot"
description of the waiver	
participant and their	
situation as of this plan,	
.e. who they are: male,	
female, age, etc. and	
where they live, major	
ssues in their life.	

SECTION TWO – HEALTH INFORMATION

Remember! Get the dates.

Because dental and medical visits are so important to staying in the best of health, be sure there is a discussion explaining the reasons/benefits and offer assistance to connect with a doctor or dentist if needed.

If a refusal to see a doctor or dentist will jeopardize the person's health & welfare, a discussion will need to occur regarding their ability to receive waiver services.

Medical	Dental	Other Health Services (Behavior Mgmt., OT, PT, etc.)
Physician Name & Number:	Dentist Name & Number:	Provider Name, Type & #:
Status of ongoing health issues:	Status of ongoing issues:	Status of Ongoing Issues:
New Concerns?		Provider Name, Type & #:
	If, after a discussion, the person/family/guardian chooses to see a dentist only one time yearly have them initial here:	Status of Ongoing Issues
If, after a discussion of the importance of yearly physicals the person/family/guardian refuses a physical, have them initial here:	If, after a discussion of dental visits, the person/family/guardian refuses to see a dentist have them initial here:	

DATE: 1/1/04

	Name:
	Medication Management: Please list the medications you currently take and what they're for:
This is very important information and an opportunity to make sure that proper medication management is happening for this person.	Who prescribes them & how often are they reviewed? Do you need any help taking your medications? Please describe:
	Do you have any concerns about your medication?
	SECTION THREE - Current Supports & Resources
This information is	☐ Current Living Situation

This information is important to have as a plan is developed for this person, so that all supports and resources may be considered in meeting health and welfare needs.

☐ Current Living Situation			
☐ Other service systems			
(DVR, MH, Substance Abuse, School services, etc.)			
 □ Medicaid Personal Care (MPC)-# hours or "level of care" □ Medicare □ Other Medical insurance (Specify) 			
Basic Food – Monthly amount \$	☐ SSP – Monthly amount \$		
☐ Section 8 rental assistance \$	☐ Wages - Monthly amount \$		
SSI – Monthly amount \$	☐ Other sources of income \$		
☐ SSA/SSDI – Month amount \$			
☐ Total available mo	nthly benefits \$		

NI	_	m		
IN	-	rri	$\boldsymbol{\omega}$	

SECTION FOUR – Determining Health & Welfare Needs

If this is an initial plan this section does not have to be completed.

If this is an annual review, facilitate a discussion looking at how the current plan is working, what is working well and should continue, changes that need to be made and any new issues to be addressed.

These questions must be addressed to the waiver participant, their family/legal representative and any current providers.

Review of Current Plan

Which services and supports are meeting the individual's needs and should be continued as is?

Which services and supports are not adequately meeting the individual's needs, requiring some change?

Are there new needs to be addressed?

How are things going?

If the individual has a Comprehensive Assessment (CA), school plan, (IEP, 504 Plan), etc. review and include any needs information here.

	Name:
It is vital to find out what the person and/or their family/guardian, feel is needed to meet the waiver participant's health and welfare needs. This box should contain only items in addition to those already identified above.	Any Other Needs identified by the person/family/guardian
Next discuss services plan services as well a they are not happy wit	as all the needs identified and agree which are necessary to ensure the waiver participant's health & welfare. Those must be an. If there are unmet health & welfare needs that will not be addressed by this plan document the reason why below. and supports that might meet the agreed upon needs. This discussion must include ideas about unpaid as well as paid supports; state as waiver services. Every waiver participant MUST be offered choice of qualified waiver providers. If a person has a current provider h, the issue must be addressed and a plan of action arrived at that all are comfortable with. they have a good idea of how to best meet the agreed upon needs go onto outline all the steps necessary to put the plan in
Explanation of any heal	th & welfare needs that will not be addressed in this plan:
	121

STATE:_____
DATE:____

Name:							

SECTION FIVE A PLAN FOR MEETING AGREED UPON HEALTH AND WELFARE NEEDS

Need # ____:

What steps must be taken and/or what services/supports need to be in place to meet this need?	Provider/ Responsible person?	Waiver Funded Service?	Frequency? Daily/weekly/mthly Duration? 1 –12 months	If new, what is the start date?
Need #:				
What steps must be taken and/or what services/supports need to be in place to meet this need?	Provider/ Responsible person?	Waiver Funded Service?	Frequency? Daily/weekly/mthly Duration? 1 –12 months	If new, what is the start date?
			1	1

Name:		

A PLAN FOR MEETING AGREED UPON HEALTH AND WELFARE NEEDS

What steps must be taken and/or what services/supports need to be in place to meet this need?	Provider/ Responsible person?	Waiver Funded Service?	Frequency? Daily/weekly/mthly Duration? 1 –12 months	If new, what is the start date?
Need #:				
What steps must be taken and/or what services/supports need to be in place to meet this need?	Provider/ Responsible person?	Waiver Funded Service?	Frequency? Daily/weekly/mthly Duration? 1 –12 months	If new, what is the start date?

Need #____:

SECTION SIX WRAP-UP AND SIGNATURES	Name:
Plan Review & welfare needs is completed a decision must be made as to the requ he complexity of the plan and the fragility of the person and/or their su	
Monthly □ Quarterly □ Semi-Annually □ A	nnually □
e items below must be reviewed and checked for the plan to be beeived information regarding waiver services and providers I needed to do a choice of providers for the supports I need. In any current provider is not to my satisfaction, I was able to plan to meet of my health and safety needs are either currently being met or an additioner. It is sues or concerns I brought up related to this plan of care have been as treated respectfully as given my rights of appeal, before signing the plan. It is given my rights of appeal, before signing the plan. It is given my rights of appeal this plan at any time. It is given my rights to appeal the decisions made by the Division of Developmental cedures for making an appeal have been explained to me.	to complete the plan. It my needs in other ways. equate plan is in place to meet them in a timely en addressed. I Disabilities have been explained to me. The
have been informed of and understand my choice of waiv nan accept placement in an ICF/MR. waiver participant/legal representative initials)	er services. I choose to receive waiver services rathe
I have participated in the development of and/or reviewed this Individual services and supports described. I understand that I have the right to understand that if I do not agree, the plan and the services described SIGNATURES	to withdraw or not consent to the services outlined in the plan. I
Waiver Participant:	Date:
Legal Representative:	Date:

SECTION SIX WRAP-UP AND SIGNATURE

Plan Review

Once the plan for meeting health & welfare needs is completed a decision must be made as to

decision is to be ma	de base	d on the complexity of the plai	n and the fragility	of the person and/or the	ir supports. Check the appropriate box below. This plan
will be reviewed					
		Monthly □	Quarterly	Semi-Annually □	Annually □
It is very important to have a discussion about the items, before asking for the person to initial them. NOTE: Individuals must be given their appeal rights in writing every time there is a change in their plan.	ALL	 I had a choice of providers If any current provider is not All of my health and safety manner. Any issues or concerns I brown is treated respectfully I was given my rights of app I know I can request a review 	rding waiver serving for the supports I to my satisfaction needs are either cought up related beal, before significations made by the significant and significant significant significant significant significant significant	ces and providers I need need. on, I was able to plan to recurrently being met or ar to this plan of care have ng the plan. any time. ne Division of Development	neet my needs in other ways. n adequate plan is in place to meet them in a timely
This must be initialed. The person must be given information with which to make their choice.		than accept placeme (waiver participant/le	nt in an ICF/M gal representa	R. itive initials)	dividual Plan of Care and agree OR do not agree (sizale ann)
Without signatures & dates the plan will no valid. Make sure the correct choice is circle	ot	services and supports	described. I unde	erstand that I have the rig	dividual Plan of Care and agree OR do not agree (circle one) to ght to withdraw or not consent to the services outlined in the plan ribed cannot be authorized and implemented without my signatudes. Date:

STATE: Washington3

CRM must be the last

Do **not** backdate!!!

one to sign.

DATE: 1/1/04

_Date: _____

Case/Resource Manager:

REQUEST FOR ADMINISTRATIVE HEARING/APPEAL

1,	, (check one t	oox)	
☐ The person for whom services are re- ☐ Parent/guardian for ☐ Guardian	•	who is under the age of 18	
Request an administrative hearing to app this Plan of Care:	eal the following decision	on of the Division of Developmental Disabilities – Field Services as set fort	n in
I, (check one box) Will NOT be represented by a Will be represented by an att		Name of attorney	
Client's Signature	Parent/Gua	ardian's Signature	
Street Address	City	Zip	
Telephone number			

This form must be completed and returned within 28 days to appeal this decision

To request a hearing, complete the above form and mail to the OFFICE OF ADMINISTRATIVE HEARINGS, PO BOX 42489, OLYMPIA WA 98504-2489 OR deliver to a Regional Office of the Division of Developmental Disabilities within 28 days.

	Name:
Plan Effective Date:	
Waiver Cost Projections	

Please identify each need with its number. List each waiver service on the plan and it's projected costs. You only need to project cost for waiver funded services. See the box below listing waiver service options. You will need to refer to the SSPS manual and the costing resource sheets available in your region to correctly identify the costs associated with each service. Please note the service level limits on individual services and combinations of services. If the Total Projected Annual Cost or any individual service level limit has been exceeded, check the box and obtain a prior authorization signature.

Waiver Services

BASIC WAIVER

Behavior Management and Consultation

Community Guide

Environmental Adaptations Medical Equipment/Supplies

Occupational Therapy

Specialized Psychiatric Services

Physical Therapy

Respite Care

Speech, Hearing, Language

Staff/Family consultation and Training

Transportation

Personal care

Supported Employment

Community Access

Pre-vocational Services

Person to Person

Emergency Assistance

BASIC PLUS

Skilled Nursing and

all of the Basic Services

CORE

Residential habilitation and

all of the Basic Plus services except emergency

assistance

PUBLIC SAFETY

All Core services except personal care, Respite, Community Guide and Community Access (Some definitions differ in this waiver)

Need #	Unit (day/month/annual)	Unit cost	Projected Annual Cost	✓ if over limit
			Total Projected Annual Cost:	
			Aiiiluai Cost.	

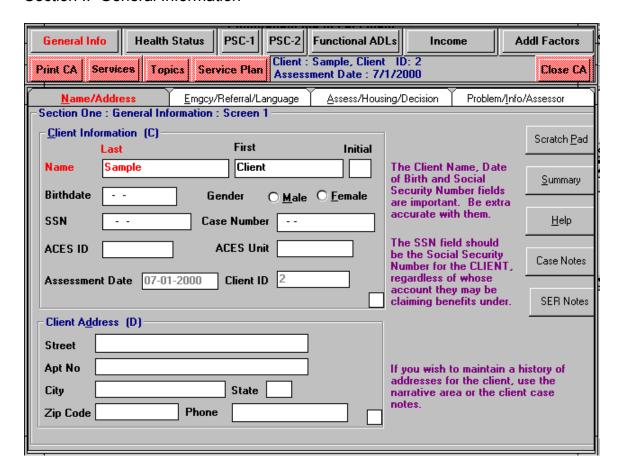
Prior Authorization Signature & Title:

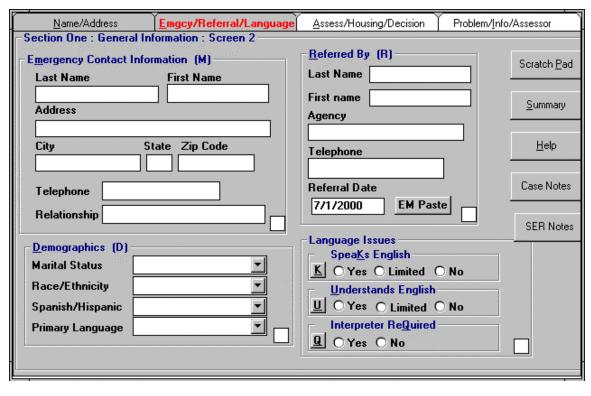
PLAN OF CARE CONTINUED - THE COMPREHENSIVE ASSESSMENT

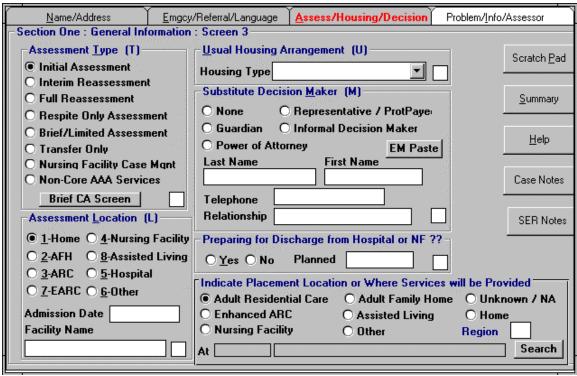
This assessment and planning document will be used to evaluate personal care needs. It is the same as the evaluation and planning tool used for state plan personal care services.

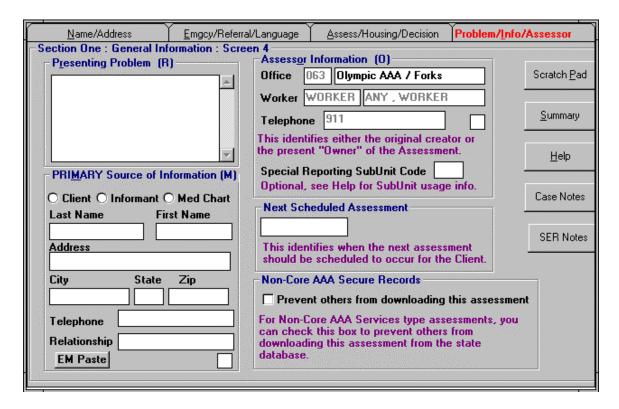
Comprehensive Assessment Version 3.80 (Four Level Payment Structure)

Section I. General Information

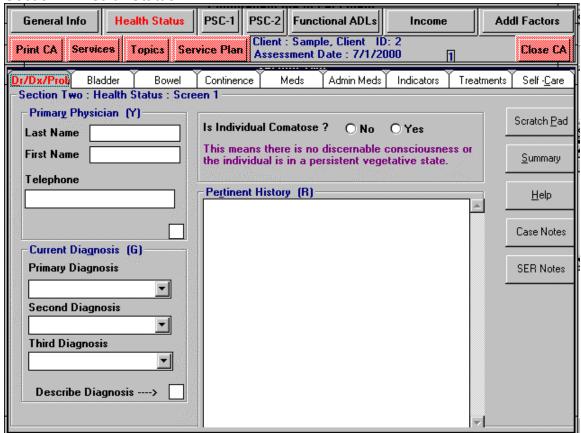


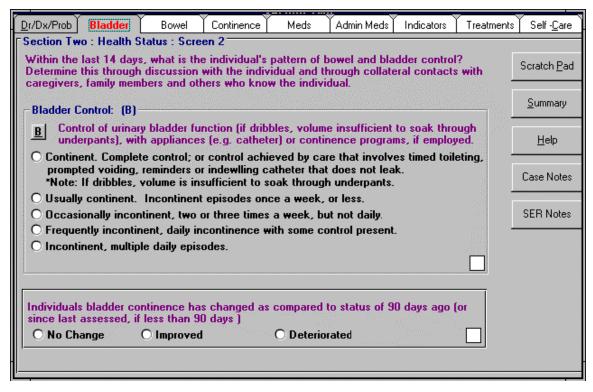


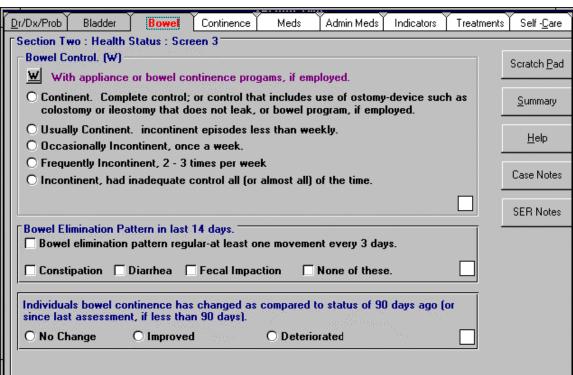


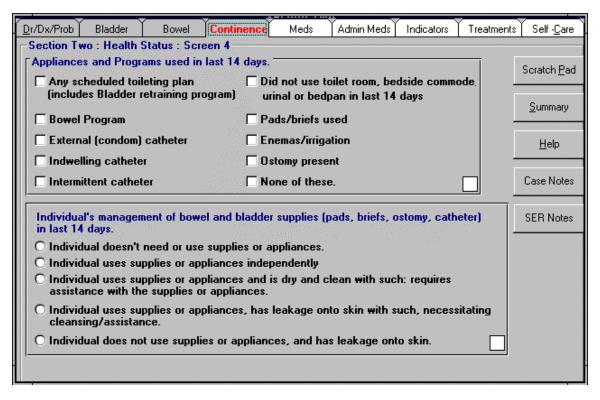


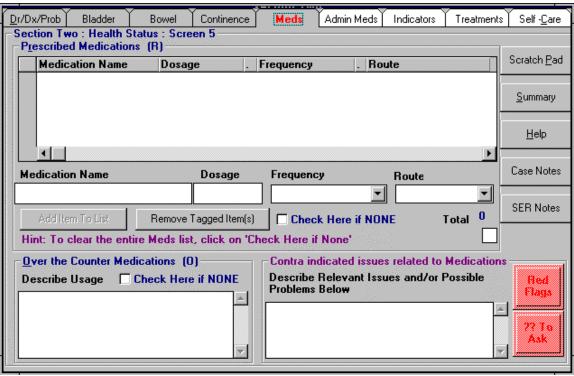
Section II. Health Status

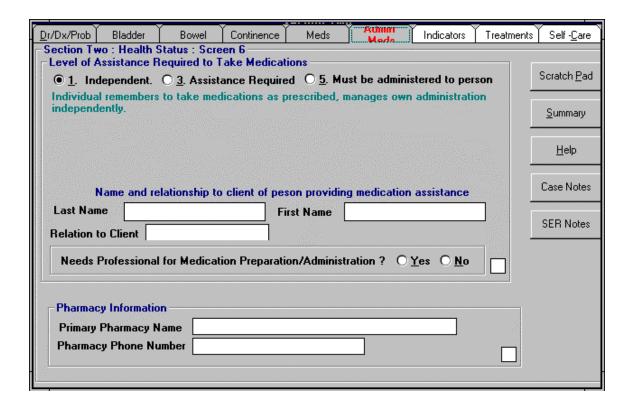


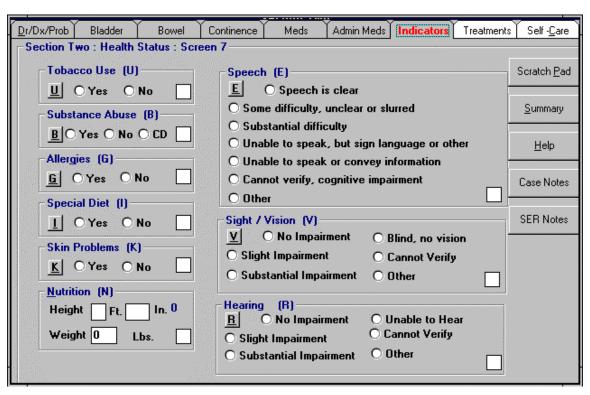


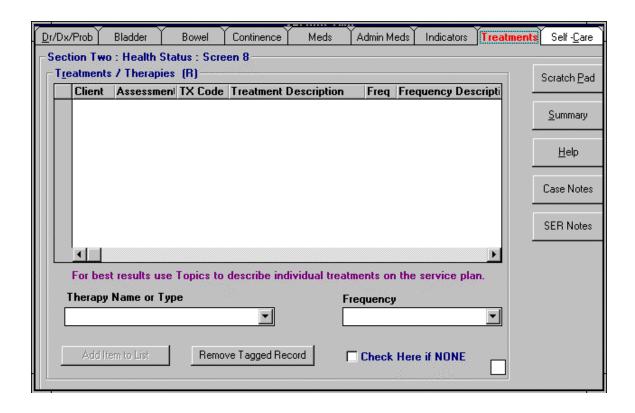






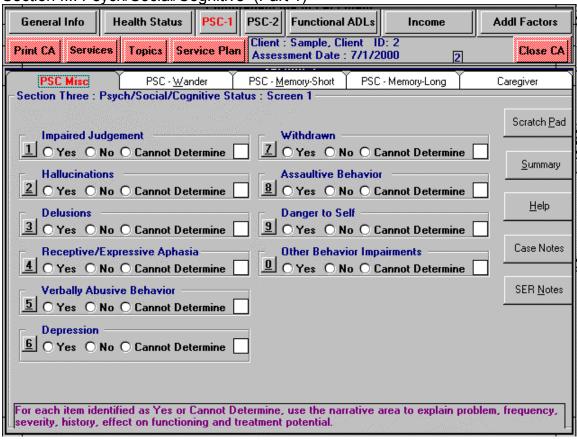


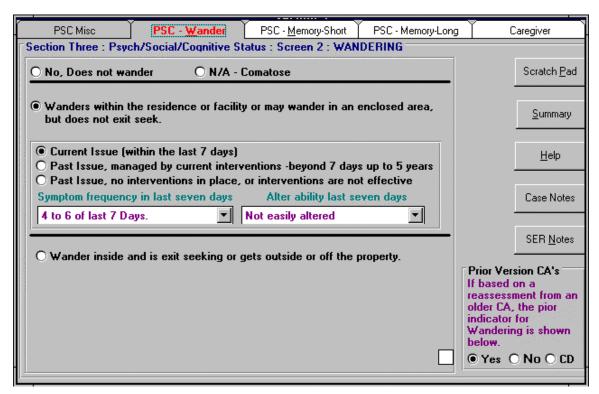


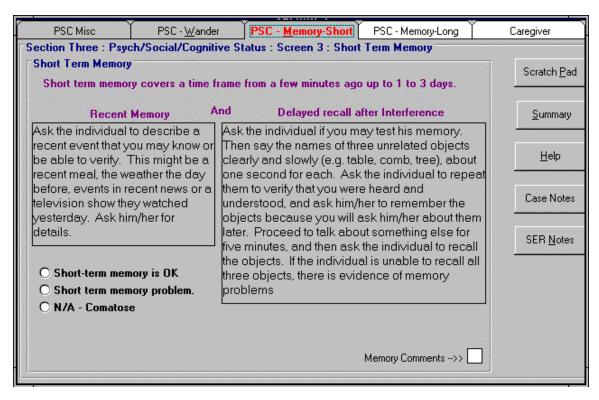


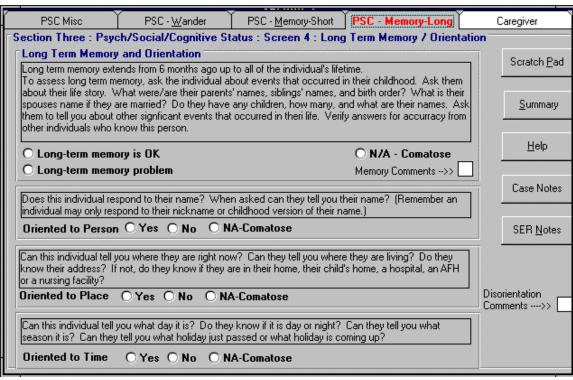


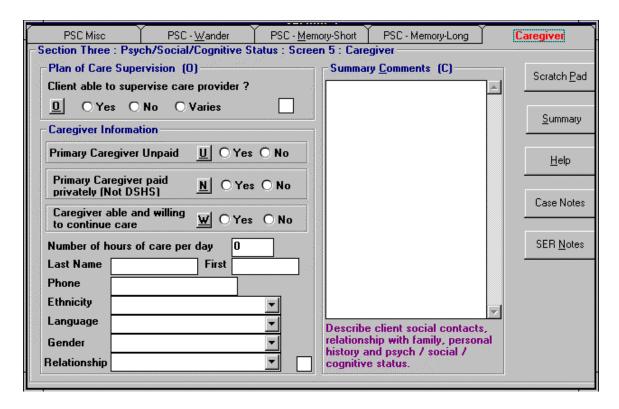
Section III. Psych/Social/Cognitive (Part 1)



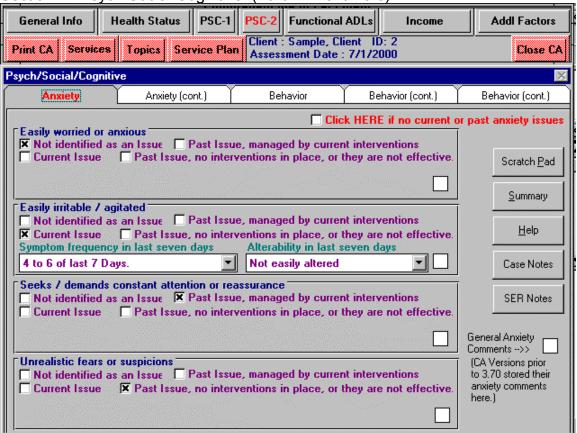




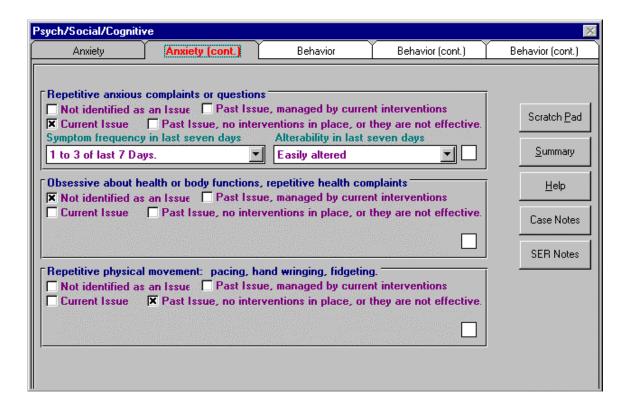


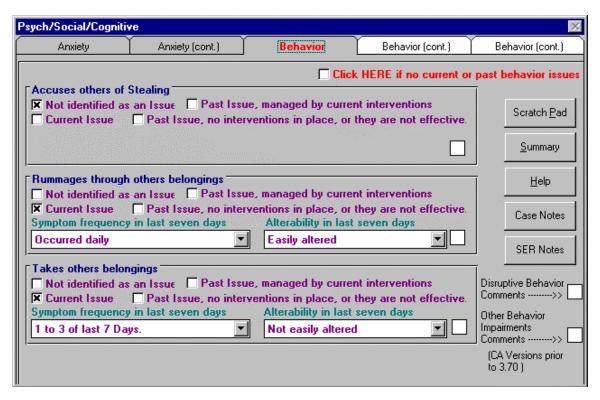


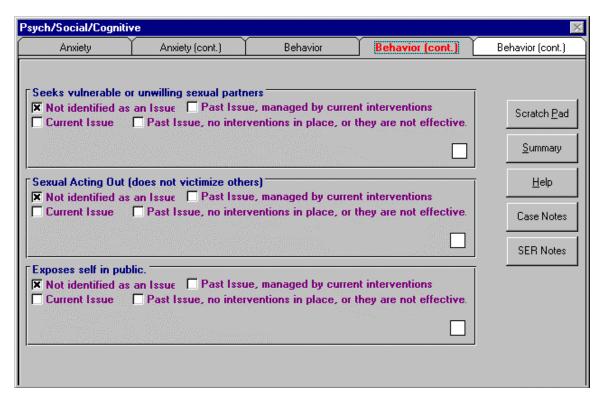
Section III. Psych/Social/Cognitive (Part 2 - Behaviors)

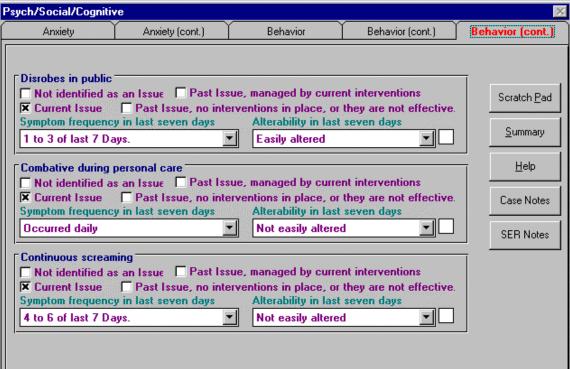


DATE: 1/1/04

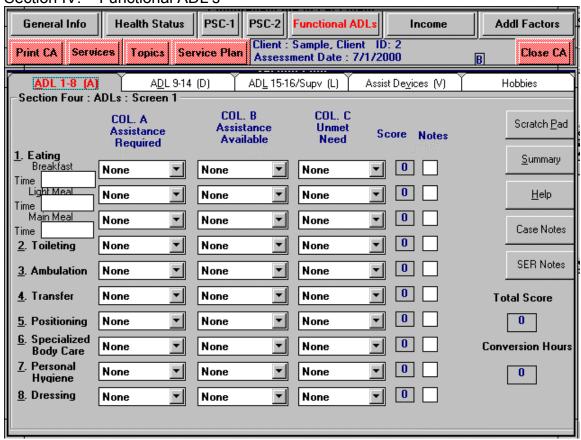


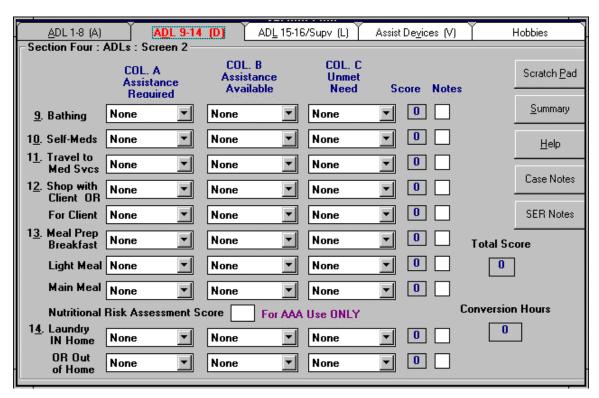


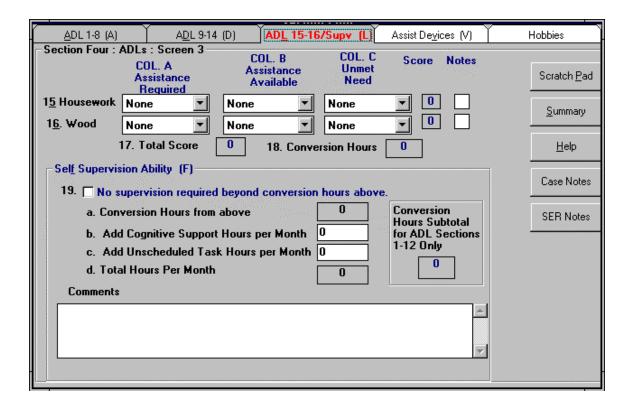


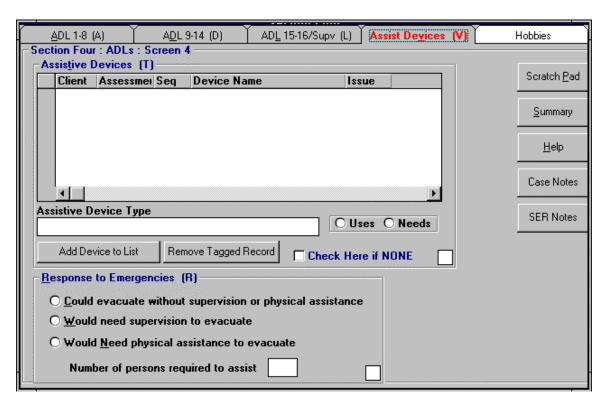


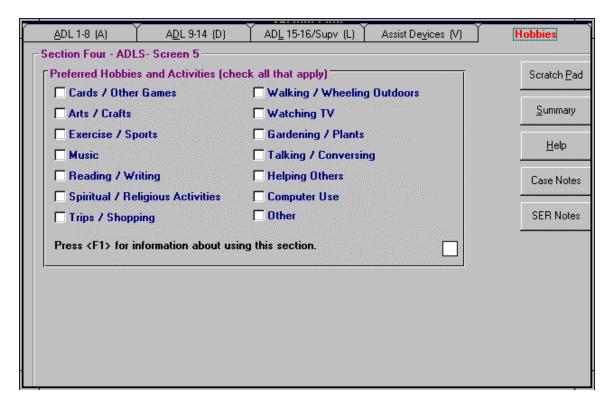
Section IV. – Functional ADL's



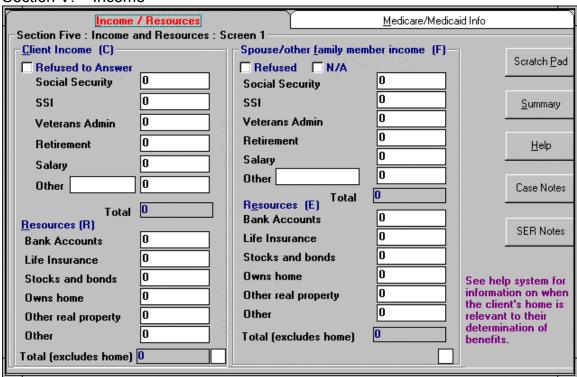




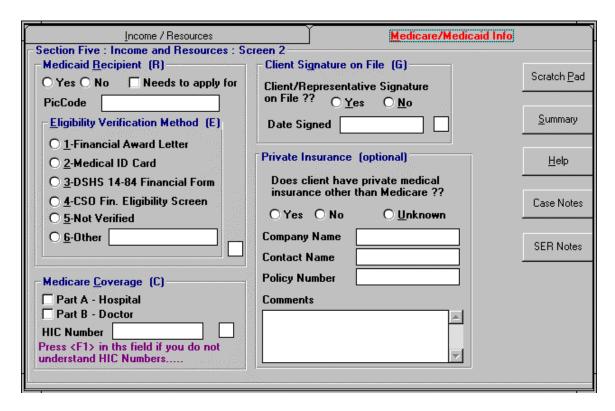




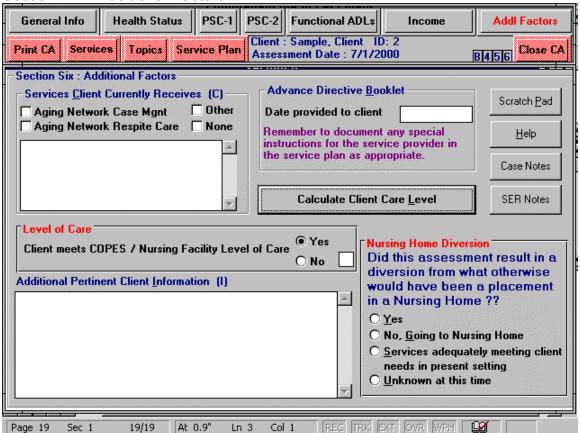
Section V. - Income



DATE: 1/1/04



Section VI. - Additional Factors





DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) DIVISION OF CHILDREN AND FAMILY SERVICES (DCFS) MEDICAID PERSONAL CARE (MPC)

COMPREHENSIVE ASSESSMENT (CHILD)

SECTION 1. GENERA	L INFORMATION				
1. CHILD'S LAST NAME	FIRST NAME	MIDDLE INITIAL	17. ASSESSMENT PLACE		
			☐ 1 Home		
2. ASSESSMENT DATE	3. COMMUNITY SERVICE	ES OFFICE (CSO) NUMBER	2 Child foster home		
			3 Group care		
4. BIRTH DATE	5. DDD OR DCFS CASE	NUMBER	☐ 4 Nursing facility		
			☐ 5 Hospital		
6. SEX			☐ Other		
Ш	1 Male 2 F	emale	Specify the name of the asse	sement place:	
7. STREET ADDRESS			Specify the name of the asse	ssillerit place.	
CITY	STATE	ZIP CODE			
TELEPHONE NUMBER	(INCLUDE AREA CODE)		18. USUAL RESIDENCE		
			1 Parent's home	_	up home, DDD/DCFS
G	IVE DIRECTIONS IF NECES	SARY	2 Relative's home		e institution, DDD
			3 Other's home		chiatric hospital
			4 Child foster home	□ 9 No r	
			☐ 5 Nursing facility	☐ 99 Otl	her
			19. INFORMANT INFORMATION		
			Informant used as primary	v source of inforn	nation.
EMERGENCY CONTACT	CT NAME		NAME		
O. EMERGENOT CONTAC	OI INAME		TV WIL		
TELEPHONE NUMBER	(INCLUDE AREA CODE)		TELEPHONE NUMBER (INCLUDE A	REA CODE)	
TELET HONE NOMBER	(INOLODE AIREA GODE)		TELET HONE NOWBER (INCLUDE A	INLA GODL)	
RELATIONSHIP TO CHI	I D		RELATIONSHIP TO CHILD		
KLLATIONSTIF TO CITE	LD		RELATIONSTILL TO GITLED		
STREET ADDRESS			20. OTHER ASSESSMENT PARTIC	IDANITS	
OTTLETTABBILEOU			NAME	RELATIONSHIP	TELEPHONE NUMBER
CITY	STATE	ZIP CODE		TTEE TTTO TTO THE	TEEE TOTAL HOMBER
0111	OIATE	Zii OOBL			
9. RACE/ETHNICITY	10. SPANISH/HISPANIC	11. PRIMARY LANGUAGE			
Enter code:	Enter code:	Enter code:			
12. SPEAKS ENGLISH	Linter code.	Linter code.			
	2 Limited ☐ 3 N	lo.			
13. UNDERSTANDS ENG			21. PRESENTING ISSUES	•	
	2 Limited 3 N	lo.			
14. INTERPRETER REQU			4		
☐ 1 No	III CD				
☐ 2 Yes: ☐ Far	mily	☐ Provider			
	illy 🗀 Olliid	i lovidei			
15. MEDICAID RECIPIEN					
☐ 1 No ☐ 2	Yes				
ELIGIBILITY VERIFICATION METHOD:					
SSPS authorization for medical (for DCFS foster children only)					
Medical Identifica					
Financial/Social Services Communication, DSHS 14-084(X)			22. ASSESSOR'S NAME		
ACES/Barcode			LL. AGGEGGAT GIVAIVE		
Other, specify me	ethod:		23. OFFICE IDENTIFICATION		
If answer is "No," do not proceed with assessment for MPC			23. OT THE IDENTIFICATION		
services. Child is no	ot eligible.		24. TELEPHONE NUMBER (INCLUE	DE AREA CODE)	
			27. ILLEFTIONE NUMBER (INCLUL	DE AINEA GODE)	
16. ASSESSMENT TYPE			25. WORKER IDENTIFICATION		
	2 Full reassessment		20. WORKEN IDENTIFICATION		
	Z i uii ieassessiiielli]		

1. CHILD'S LAST NAME FIRST NAME	MIDDLE INITIAL	ASSESSMENT DATE			
SECTION 2. HEALTH STATUS					
1. PRIMARY PHYSICIAN'S NAME	7. MEDICATIONS (LIST ALL PRESCRIBED MEDICATIONS) Check here if no prescribed medications.				
2. TELEPHONE NUMBER (INCLUDE AREA CODE)	PRESCRIBED ME (NAME AND D	DICATIONS			
3. CURRENT DIAGNOSES AND SOURCE OF INFORMATION					
	-				
A PERTURNIT HOTORY (PHYSICAL AND VICTORY)					
4. PERTINENT HISTORY (PHYSICAL AND MENTAL HEALTH)					
	8. Total number of prescribed medic	cations:			
	COMMENTS REGARDING MEDICATION USE	<u> </u>			
5. BLADDER CONTROL	_				
☐ 1 Continent					
Incontinent; frequency: Urostomy or catheter					
6. BOWEL CONTROL	9. OVER-THE-COUNTER (OTC) MEDICATIO	NS/HOME REMEDIES			
1 Continent 2 Incontinent; frequency:	Check here if none. Comments:				
3 Colostomy Comments:					

Comprehensive Assessment (CHILD), Page 3 of 10

1. CHILD	S LAST NAME FIRST NAME	MIDDLE INITIAL	ASSESSMENT DATE
SECTIO	N 2. HEALTH STATUS (CONTINUED)		
10. ALLE		13. SPECIAL DIET	
☐ 1 Y	es 🗌 2 No 🔲 3 Unknown	☐ 1 Yes ☐ 2 No	
List:		If yes, describe diet, including suppler for diet, and compliance (if known):	mental nourishments, reason
11. COMI A. SPE	MUNICATION SKILLS/SENSORY IMPAIRMENTS ECH		
□ 1	Speech is clear	14. SKIN PROBLEMS WITHIN LAST 14 DAYS	
□ 2	Has some difficulty speaking; speech is unclear or slurred	☐ 1 Yes ☐ 2 No	
□ 3	Has substantial difficulty speaking; speech is not understandable most of the time	If yes, describe type of problems (skin etc.), severity and location:	i tears, rash, bruises, wound,
□ 4	Unable to speak but conveys and/or receives information through other means (sign language, writing, touch, etc.)		
□ 5	Unable to speak or convey/receive information		
□ 6	Cannot verify because of severe cognitive impairment (coma, brain damage, etc.)		
□ 7	Other:	☐ At risk of skin breakdown due to:	
		☐ Quadriplegia ☐ Wheel	chair dependent
B. SIGI	1 Т	☐ Paraplegia ☐ Bedfas	st
<u> </u>	No impairment or impairment is compensated for with use of corrective lenses	15. TREATMENT, THERAPY, AND SELF-CARI Check here if none.	E TRAINING
□ 2	Slight impairment, even with corrective lenses	A. TREATMENTS/THERAPIES (TYPE AND FR	EQUENCY)
□ 3	Substantive impairment, even with corrective lenses; includes legally blind (20/200 not correctable)		,
□ 4	Blind; no vision		
□ 5	Cannot verify because of severe impairment (coma, brain damage, etc.)		
□ 6	Other:		
C. HEA	RING		
□ 1	No impairment or impairment is compensated for with use		
	of hearing aid		
_ 2	Slight impairment; speaker's voice must be raised slightly even if client uses a hearing aid	COMMENTS ON POTENTIAL TREATMENT/TH	ERAPY
□ 3	Substantial hearing loss; speech must be very loud even if client uses a hearing aid		
□ 4	Unable to hear		
□ 5	Cannot verify because of severe impairment (coma, brain damage, etc.)		
□ 6	Other:		
		B. SELF-CARE TRAINING (OPTIONAL) (THES	E ARE NOT MPC PPOMINED
12. NUTF		RESPONSIBILITIES)	E / ICE IVII O I NOVIDEN
Height:	Weight:		
vveignt/	appetite/nutrition/eating disorder comments:		

Comprehensive Assessment (CHILD), Page 4 of 10

1. CHILD'S LAS	ST NAME FIRST NAME	MIDDLE INITIAL	ASSESSMENT DATE	
SECTION 3.	FUNCTIONAL ABILITIES AND SUPPORTS	SERVICE PLAN		
	CODING, as described in WAC 388-15: M - Mini	mal S - Substantial T - Tota	al	
1.	(AMBULATION)* What special help is needed for this child to I	e mobile relative to age and dis	ability?	
□ 0	No special assistance is needed.	1. Provider task:		
□ 8 (M)	Needs hand held on stairs or uneven surfaces or uses adaptive devices with minimal assistance. (age 4 or older)			
☐ 10 (S)	Is mobile inside but needs assistance of another person outside. (age 4 and older)	2. Frequency/schedule:		
☐ 12 (T)	Only mobile with regular assistance of another person, or	OUTCOME: Safety ensured.		
	needs ongoing assistance with adaptive devices. No carrying or lifting of child or equipment required. (age 4 or older)	☐ No provider task require	ed.	
	or		Score:	
	Always requires total physical assistance, i.e., needs to be carried or provided physical assistance to walk, or caregiver must push or carry manual wheelchair or other ambulation equipment. (age 2 or older)			
2.	(BATHING)* What special help does the child need to bathe re disability?	lative to chronological age expe	ctations and due to his/her	
□ 0	No unusual help is needed.	Provider task:		
☐ 4 (M)	Minor physical and verbal assistance, such as adjusting water			
	temperature. (age 8 or older)	2. Frequency/schedule:		
	Requires the presence of an adult in the room due to child health condition (age 5 or older)	OUTCOME: Health and hygic	ana maintainad	
□ 8 (S)	Requires physical help in a large part of the bathing activity,	No provider task require		
	for example, to lather, wash, and/or rinse own body or hair. (age 5 or older)	No provider tack require	Score:	
□ 10 (T)	Child is dependent on others to provide a complete bath, i.e., continuous physical support or needs more than one adult to complete task. (age 5 or older)			
3.	(BODY CARE)* What specialized body care or exercises are n	eeded for a child age 10 or old	er due to their disability?	
□ 0	No specialized body care is needed.	1. Provider task:		
☐ 4 (M)	Needs reminding or occasional physical assistance to apply non-prescription ointments or lotions; or to perform non-sterile bandage or dressing change; to perform exercises	2. Frequency/schedule:		
□ 5 (S)	Child requires limited physical help to apply ointment, lotion, or to perform non-sterile bandage care or exercise on a daily basis.	OUTCOME: Health and safe	•	
☐ 6 (T)	Child is dependent on other to perform all required body care.		Score:	
4.	(DRESSING)* What special help does a child need with dressine expectations?	ng, including orthotics, relative to	o chronological age	

1. CHILD'S LAST	NAME FIRST NAME	MIDDLE INITIAL ASSESSMENT DATE		
SECTION 3. F	UNCTIONAL ABILITIES AND SUPPORTS (CONTINUED)	SERVICE PLAN		
5.	(EATING) * What additional help is needed for this child to ea	t, relative to chronological age expectations?		
□ 0	 No special help required. Can feed self, chew, swallow but is 4 years of age or older and needs verbal prompting to maintain adequate intake; or 10 years of age or older and needs assistance with such things as cutting up food, buttering bread, pouring liquids. A child age three or older who can feed self, but Needs standby assistance for occasional gagging, choking, or swallowing difficulty, or Needs assistance with such things as utensils, cups, etc., or Must be fed some of the time by mouth by another person. Must be totally fed by another person. A child of any age who needs extraordinary time and 	1. Provider task: 2. Frequency/schedule: OUTCOME: Maintain nutritional status. No provider task required. Score:		
☐ 16 (T)	 supervision due to: behavior issues, or because child frequently gags or chokes due to swallowing difficulties. 			
☐ 0 - 12	Score allowed only for family member providers who feed the child by stomach or nasal tube or venous access.			
6.	(HOUSEWORK) What impact does the child's disability have child of the same age?	upon housework demands beyond that expected of a typical		
□ 0	No additional housework needs.	1. Provider task:		
□ 5 (T)	As a result of the child's disability, extraordinary housekeeping measures are required, such as daily extensive cleaning due to a child's severe allergies, or substantial clean-up is required due to destructive behaviors which are a result of the child's disability. (child of any age)	2. Frequency/schedule: OUTCOME: Maintain a safe, healthy, clean environment. No provider task required. Score:		
7.	(LAUNDRY) What is the nature of the demands upon the care	egiver to do more laundry than is expected for this child?		

1. CHILD'S LAST NAME FIRST NAME		MIDDLE INITIAL	ASSESSMENT DATE
SECTION 3. F	UNCTIONAL ABILITIES AND SUPPORTS (CONTINUED)		
8.	(MEAL PREPARATION) Does the child require additional time disability and relative to chronological age expectations?	e or activities to prepare simple	meals due to his/her
□ 0	No unusual time or activities required, or the child is able to participate as expected in simple meal preparation.	Provider task:	
☐ 6 (T)	Unusual time or tasks are required, such as ground food, special diet preparations. (child of any age)	2. Frequency/schedule:	
	or		
	A child is totally dependent on others for even simple meal	OUTCOME: Ensure balance	
	preparation due to cognitive, physical, or behavioral disability.	No provider task require	
	(age 10 and older)		Score:
9.	(PERSONAL HYGIENE)* What special help does the child no grooming relative to chronological age expectations?	ed due to his/her disability with	personal hygiene and
□ 0	No additional assistance required.	Provider task:	
☐ 4 (M)	Child must be reminded and supervised at least some of the time. (age 12 or older)	2. Frequency/schedule:	
☐ 6 (S)	Regularly requires direct assistance with such tasks as		
_	combing hair, brushing teeth, menses care, and shaving. (age 8 and older)	OUTCOME: Hygiene mainta	ined.
☐ 8 (T)	All personal hygiene must be done by someone else. (age 5	☐ No provider task require	ed.
	and older)		Score:
10. (POSITIONING)* What supports are needed to move a child to and from a lying position or position their body in bed and/or chair due to his/her disability?			

Comprehensive Assessment (CHILD), Page 7 of 10

1. CHILD'S LAST	NAME FIRST NAME	MIDDLE INITIAL	ASSESSMENT DATE
SECTION 3. F	UNCTIONAL ABILITIES AND SUPPORTS (CONTINUED)	SERVIC	E PLAN
11.	(TOILETING)* What additional help in toileting is needed for the chronological age expectations?	nis child due to the child's disab	ility and relative to
0 5 (M)	No additional help is needed. Unusual verbal cueing is needed and/or occasional/infrequent daytime toileting accidents and/or a toileting program must be followed. (age 4 or older) or Needs occasional physical assistance for one or more of the following: clothing adjustment, washing hands, wiping, and cleansing. (age 4 or older)	 Provider task: Frequency/schedule: OUTCOME: Safety and hygie No provider task require 	
☐ 12 (S)	Cannot get to the toilet without assistance, or needs substantial physical assistance at least daily with part of the task. (age 4 or older) Requires total cleansing; unable to use toilet; or requires protective garments/diapers. (age 4 or older) or Child of any age has a medical condition requiring more frequent, scheduled diaper changes on a 24 hours basis. or Child who is incontinent and requires diaper changes at night only. (age 8 or older)		Score:
12.	(TRANSFER)* What additional assistance with transferring is	needed for this child?	
□ 0	No transferring is needed.	Provider task:	
☐ 4 (M)	Needs assistance on occasion. (age 4 and older)		
□ 8 (S)	 A child age 4 or older needs daily assistance, and: Can bear some weight and assist with their transfer or Weighs less than 30 lbs. 	Frequency/schedule: OUTCOME: Safety ensured. No provider task require.	ed.
□ 11 (T)	A child of any age who weighs more than 30 lbs. and requires total physical support of the caregiver to transfer.		Score:
13.	(TRAVEL TO MEDICAL SERVICES) When a child of any age the parent/guardian in order to transport the child to necessary		second adult to accompany
□ 0	No unusual transportation and medical services needed.	Provider task:	
☐ 1 (M)	Child's medical condition requires a second adult less than monthly to assist with transport to medical appointments.	Frequency/schedule:	
☐ 2 (S)	A second adult is needed at least monthly to assist with transport to medical appointments.	OUTCOME: Safety ensured.	
□ 3 (T)	A second adult is needed at least weekly to assist with transport to medical appointments.	☐ No provider task require	ed. Score:

Comprehensive Assessment (CHILD), Page 8 of 10

1. CHILD'S LAS	T NAME	FIRST NAME	MIDDLE INITIAL	ASSESSMENT DATE	
SECTION 3. F	UNCTIONAL ABIL	ITIES AND SUPPORTS (CONTINUED)	SERVICE PLAN		
	F-SUPERVISION BILITY TO BE LEF	T ALONE WITHOUT RISK TO SELF)			
□ A.	following: No protecti chronologic No unschet No addition addition to 14.B.	hours because of any or all of the ve supervision needs that exceed cal age expectations. duled task hours warranted. hal supervision hours needed in the authorized Task hours score in coster or group care and supervision fire an ETP.	No supervision hours allowed for DC care providers.	FS foster parents or group	
□ B.	required for ampositioning. An	sk hours are additional hours bulation, toileting, transfer, and item must score "total" before nal supervision."	Provider task: Frequency/schedule:		
		al hours in this space or under ments" section of the assessment.	OUTCOME: Safety and hygiene ensured.	red.	
c.	hours that exce for the following	y child in the household dary child with ETP (and for a	1. Provider task: NO protective supervision hours can be or group care provider of the child. 2. Frequency/schedule: OUTCOME: Safety and hygiene ensure No provider task required.		

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1. CHILD'S LAST NAME		FIRST NAME			MIDDLE INITIAL	,	ASSESSMENT DATE
SECTION 3. FUNCTIONAL		JPPORTS (CO	NTINUED)				
	16A. SERVICES CHILD CURRENTLY RECEIVES						
☐ Public Health Depart ☐ Child Development S) Case Mana(-୧	gement	Other, sp	ecity below:		
Mental Health Service		ool District Se	ervices				
16B. MULTIPLE PERSON HO				E TO CHILDREN'S	FOSTER HOME		
T	NAME(S)				DIVIS	ION(S)	
PRIMARY CLIENT							
SECONDARY CLIENT(S)	SECONDARY CLIENT(S)						
☐ Household members	with agency provi	ders (list nam	es):	☐ Household	d members with indiv	idual p	providers (list names):
A. MPC PROVIDER TASK HO PER MONTH	1	TOTAL MEDIC VISION HOURS F			RS PER MONTH WABLE HOURS PER	D. AP MONT	PROVED ETP HOURS PER H
18. Approval to exceed							
Exception to Policy.	if you need addition	onal space to	write justifica	ations, use the	following page under	r "Addi	itional Comments."
Approval to exceed Justification:	age limit: H	lours	Hours to ex	ceed program	maximum (ETP)		
Approval to exceed task hour limit: Hours Hours to exceed program maximum (ETP) Justification: Approval to exceed one-on-one supervision hourly limit in DCFS Foster Care: Hours Hours to exceed program							
maximum (ETP) Justification:							
Approval for additional			s and Excep		Requests:	END	DATE
REGIONAL ADMINISTRATOR	OR DESIGNEE SIGNA	IUKE		DATE		END I	DATE
	FOSTER CAI			L PROVIDER	INDIVIDUAL PROVID	DER	
PROVIDER	FOSTER CARE PARENT	INDIVIDUAL PROVIDER	(PRI	MARY)	(SECONDARY)		AGENCY
DDD	0	0	(1 - 96) c	or (1 - 144)	(1 - 96)		(1 – 112)
DCFS	(1 - 116)	(1 - 60)		or (1 - 144)	(1 - 96)		See DCFS guide
I am aware of all possible alternatives available to me, and I agree with the above service plan. I authorize the Department of Social and Health Services (DSHS) and/or the Nurse Oversight Agency to obtain or release information to my provider necessary to development or provision of my service plan.							
CHILD'S REPRESENTATIVE'S	SIGNATURE						DATE

Comprehensive Assessment (CHILD), F			
1. CHILD'S LAST NAME	FIRST NAME	MIDDLE INITIAL	ASSESSMENT DATE
ADDITIONAL COMMENTS			
	CAUTIONS when exposed to body fluids and wa	astes during client c	are.
The MPC program requires a registered	nurse to visit the client to evaluate the provision	of services, answe	r questions, and provide
training to the MPC provider, if needed.	will provide NURSE OVERSIGHT visits	times a year.	The MPC provider(s) is
as of (date)			

APPENDIX F AUDIT TRAIL

a. DESCRIPTION OF PROCESS

1. As required by sections 1905(a) and 1902(a)(32) of the Social Security Act, payments will be made by the Medicaid agency directly to the providers of waiver and State plan services.

As allowed under section 1902(a)(32)(B) of the Social Security Act, payment for some services (i.e., prevocational services, supported employment, community access and person-to-person) is made to governmental agencies (counties).

2. As required by section 1902(a)(27) of the Social Security Act, there will be a provider agreement between the Medicaid agency and each provider of services under the waiver.

Dayments for all waiver and other State plan services will be made through an

3. Method of payments (check one):

I dyffichts for all warver and other otate plan services will be made through an
approved Medicaid Management Information System (MMIS).
Payments for some, but not all, waiver and State plan services will be made
through an approved MMIS. A description of the process by which the State will
maintain an audit trail for all State and Federal funds expended, and under which
payments will be made to providers is attached to this Appendix.
X Payment for waiver services will not be made through an approved MMIS.
A description of the process by which payments are made is attached to this Appendix
with a description of the process by which the State will maintain an audit trail for all
State and Federal funds expended.
Other (Describe in detail):

b. BILLING AND PROCESS AND RECORDS RETENTION

- 1. Attached is a description of the billing process. This includes a description of the mechanism in place to assure that all claims for payment of waiver services are made only:
- a. When the individual was eligible for Medicaid waiver payment on the date of service;
- b. When the service was included in the approved plan of care;
 - c. In the case of supported employment, prevocational or educational services included as part of habilitation services, when the individual was eligible to receive the services and the services were not available to the individual through a program funded under section 602(16) or (17) of the Individuals with Disabilities Education Act (P.L. 94-142) or section 110 of the Rehabilitation Act of 1973.

X	_ No. T	Yes These services are not included in this waiver.
	2.	The following is a description of all records maintained in connection with an audit trail. Check one:
	All cla	ims are processed through an approved MMIS. X MMIS is not used to process all claims. Attached is a description of records maintained with an indication of where they are to be found.
	3.	Records documenting the audit trail will be maintained by the Medicaid agency, the agency specified in Appendix A (if applicable), and providers of waiver services for a minimum period of 3 years.
C.	PAYM	MENT ARRANGEMENTS
1.	Check	c all that apply:
		_The Medicaid agency will make payments directly to providers of waiver services. The Medicaid agency will pay providers through the same fiscal agent used in the rest of the Medicaid program. The Medicaid agency will pay providers through the use of a limited fiscal agent who functions only to pay waiver claims. Providers may voluntarily reassign their right to direct payments to the following governmental agencies (specify): Counties
		Providers who choose not to voluntarily reassign their right to direct payments will not be required to do so. Direct payments will be made using the following method Please see attachment F-1
^		and a second of the second of

2. Interagency agreement(s) reflecting the above arrangements are on file at the Medicaid agency.

ATTACHMENT F-1

BILLING PROCESS, AUDIT TRAIL AND RECORDS RETENTION

BILLING PROCESS

Most waiver services are paid and tracked through the State's automated Social Services Payment System (SSPS). The State's A-19 invoice review and payment system is used to pay for services (e.g., prevocational services, supported employment, community access, person to person) funded through the counties and therefore not incorporated into the SSPS system, with electronic verification of client eligibility and vendor charges. The County Human Resource Information System (CHRIS) is used to track services funded through the counties.

Overview of the Social Service Payment System (SSPS)

The Social Service Payment System (SSPS) authorizes the delivery and/or purchase of services for recipients, collects required state and federal statistical and management data, and initiates the payment process for purchased services. DSHS organizational and program units use this system to authorize expenditures for social services.

Attachment F-1-a from the SSPS Manual explains the edits that prevent input errors in SSPS payment authorizations.

On the basis of service codes, SSPS expenditure information interfaces with the department's accounting system (Financial Reporting System-Agency Financial Reporting System-FASTRACK/AFRS). Division of Developmental Disabilities (DDD) Central Office staff maintain an account coding crosswalk that links waiver-covered SSPS service codes with the FASTRACK/AFRS system.

Overview of the County Human Resource Information System (CHRIS)

Billings for services (e.g., prevocational services, supported employment services, community access, person to person) contracted through the counties are submitted monthly by each county to the department. Each billing includes the program name (e.g., supported employment services, community access services), a list of clients that were in the program that month, identification of those clients on each waiver, the total units of service provided by the program, the cost per unit of service, and the amount billed the division for each client.

Charges billed to the waiver program for supported employment services exclude any wages earned by recipients. Client hours worked or spend on site are listed on billings separately from the hours of service provided the client. Department (e.g., Single State Agency) payments are only for hours of service

provided.

ATTACHMENT F-1 (CONTINUED)

BILLING PROCESS, AUDIT TRAIL AND RECORDS RETENTION

Payment is made on A-19 invoice vouchers for all day programs and supported employment services. Information on total payments for Waiver and non-waiver clients by service type is carried forward to the A-19 by Division accounting staff.

Overview of the A-19 Invoice Voucher

The A-19 invoice voucher is a state payment form that identifies a request for reimbursement of prevocational services, supported employment, community access or person to person services. The A-19 contains and/or is accompanied by support documentation (i.e., CHRIS forms) that identifies all waivered services for waiver clients, units of service, and rates per unit of service. The A-19 invoice vouchers are manually coded and processed through the state's vendor payment system.

AUDIT TRAIL

All payments are backed by an audit trail. The trail begins prior to delivery of service to the individual recipient, and follows through to the claim for federal financial participation (FFP). Key steps in the audit trail include:

- Verification of client and provider eligibility for Medicaid;
- Service authorization;
- Verification of service delivery;
- Invoicing and payment; and
- Calculation of FFP.

Client Eligibility: Individual client case records document the recipient's eligibility for the waiver. Persons verified by the DDD case manager as meeting all eligibility requirements and placed on the waiver are identified in the Common Client Data Base (CCDB). The CCDB is a division-specific database consisting of client characteristic/status information provided and maintained by regional DDD staff. It is a computer-based system for which Division staff have data input and systems responsibility. Information on client eligibility is maintained in client case records for a minimum of five (5) years.

<u>Provider Eligibility</u>: All providers of waiver services must hold

current contracts/provider agreements that define the services to ATTACHMENT F-1 (CONTINUED)

BILLING PROCESS, AUDIT TRAIL AND RECORDS RETENTION

be provided, and the payment for those services. Contract agreements additionally require providers to document and retain records of all services and charges for at least three (3) years after service delivery, and to make such records available on request for state and federal inspection and audit.

Service Authorization: Waiver services are authorized prior to service delivery by the DDD case manager responsible for the recipient's individual written plan of care. Case managers ensure that those services authorized are included in the approved plan of care. Service authorizations specify the client; the type and amount of service to be provided; the begin and end dates for delivery of the service, the provider; the payment rate for the service; a source of funds code designating if the service is to be provided and charged under the waiver; and identification of the case manager authorizing the service.

Services paid under the automated SSPS system are authorized electronically. Records of electronic authorizations are retained for a minimum of three (3) years on microfiche. Paper authorization forms for services paid under the manual A-19 system are retained in the official client records for a minimum of five (5) years.

Service Delivery: All providers are required to retain records which document actual service delivery on an individual recipient basis. These records must be in addition to and document information contained on the billing document. The specific format and content of such records varies according to the particular service provided. Typical documentation includes records of days attended, hours of services delivered, specific service interventions used, and progress toward individual training plan objectives.

Records Maintained by Providers

Contract agreements with providers of waiver services require providers to document and retain records of all services and charges for at least three (3) years after service delivery. Typical documentation includes records of days attended, hours of services delivered, specific service interventions used, and progress toward individual training plan objectives.

Acute care and other regular state plan services are paid and tracked through the State's Medicaid Management Information System (MMIS). No waiver services are paid or tracked through

the MMIS.

ATTACHMENT F-1 (CONTINUED)

BILLING PROCESS, AUDIT TRAIL AND RECORDS RETENTION

Service Invoicing and Payment: Completion of the electronic SSPS service authorization results in automatic issuance of an invoice to the provider for each authorized service. The invoice identifies the individuals authorized to receive the particular service. The provider includes on the invoice the type of unit (e.g., hour, day), the number of units delivered during the month to each client, signs a certification statement, and returns it to the state for processing. Upon return to the state, it is entered into an electronic database and electronically crosschecked to verify consistency with authorized service types, delivery dates, service amounts, and unit rates; after which a warrant is issued.

<u>FFP</u>: The FFP for waivered services is calculated through the state's approved and automated cost allocation plan. The FFP is collected through two payment systems: one automated (SSPS) and one manual (Invoice voucher A-19). Both payment systems' accounting information is processed through the State of Washington Agency Financial Reporting System (AFRS) and the Department of Social and Health Services FASTRACK System which includes the Federal Cost Allocation Plan.

RECORDS RETENTION

Records Maintained by the Medical Assistance Unit

The single state agency for Washington State's Medicaid program is the Department of Social and Health Services. The Medical Assistance Administration of the Department of Social and Health Services is the Medical Assistance Unit within the department. The Medical Assistance Administration maintains microfilm copies of provider billing documents for regular state plan services onsite for five (5) years and in archives for an additional two (2) years. Computer records of Medicaid payments for regular state plan services are maintained for ten (10) years. On-line access to computer records of Medicaid payments for regular state plan services is available for payments going back three (3) years. The MMIS extended database of paid claims goes back an additional two (2) years. The MMIS claims payment history goes back an additional five (5) years.

Records Maintained by the Division of Developmental Disabilities

Information on client eligibility is maintained in official client case records for a minimum of five (5) years. These records are maintained in DDD regional and local offices.

Copies of provider contracts are maintained for a minimum of five ATTACHMENT F-1 (CONTINUED)

BILLING PROCESS, AUDIT TRAIL AND RECORDS RETENTION

(5) years in DDD regional offices.

Records Maintained by the Division of Administrative Services

Records of electronic authorizations for payment are retained for a minimum of three (3) years on microfiche, and on computer tape indefinitely. Paper authorization forms for services paid under the manual A-19 system are retained in the official client records for a minimum of five (5) years. Backup documentation for CMS-64 Reports is maintained for a minimum of three (3) years.

APPENDIX G - FINANCIAL DOCUMENTATION

APPENDIX G-1

COMPOSITE OVERVIEW
COST NEUTRALITY FORMULA

INSTRUCTIONS: Complete one copy of this Appendix for each level of care in the waiver. If there is more than one level (e.g. hospital and nursing facility), complete a Appendix reflecting the weighted average of each formula value and the total number of unduplicated individuals served

LEVEL OF CARE: <u>ICF/MR</u>

WAIVER YEAR	FACTOR D	FACTOR D'	FACTOR G	FACTOR G'
1	46,791	10,610	145,147	2,147
2	46,824	10,610	145,416	2,147
3	46,952	10,610	145,604	2,147

FACTOR C: NUMBER OF UNDUPLICATED INDIVIDUALS SERVED

YEAR UNDUPLICATED INDIVIDUALS

1 4,273

2 4,102

3 3,938

EXPLANATION OF FACTOR C:

Check one:

_____ The State will make waiver services available to individuals in the target group up to the number indicated as factor C for the waiver year.

X The State will make waiver services available to individuals in the target group up to the lesser of the number of individuals indicated as factor C for the waiver year, or the number authorized by the State legislature for that time period.

The State will inform HCFA in writing of any limit which is less than factor C for that waiver year.

ATTACHMENT G-1-a PROJECTION OF FACTOR C

TABLE 1. PROJECTION OF FACTOR C

Time Period	# of Clients At Beginning of Waiver Yr.	# of Clients Added During the Year***	Projected Factor C
Waiver Year 1	4,267*	6	4,273
Waiver Year 2	4,102**		4,102
Waiver Year 3	3,938**		3,938

^{*}Based on those on the Community Alternatives Program (CAP) Waiver (#0050.90.R2) that will meet the criteria for placement on this waiver. **Factor C for the previous year minus the number of clients leaving the waiver as contained in Table 2 below.

TABLE 2. PROJECTION OF INDIVIDUALS ADDED TO AND LEAVING THE WAIVER DURING THE WAIVER PERIOD

Time Period	<pre># of Clients Moved From ICF/MRs</pre>	# of Clients Diverted	Total Clients Added*	Clients Leaving The Waiver**
Waiver Year 1	0	6	6	171
Waiver Year 2				164
Waiver Year 3				158

^{*}Clients will only be added when funding is provided by the Legislature. The waiver will be amended as necessary to accommodate any additional waiver recipients.

Since the extent to which additional funding will allow for expansion of the waiver remains to be determined, no growth in the number served is assumed during the last two years of the waiver period. As additional funding becomes available, waiver amendment requests to increase the number served will be submitted.

The basis for projections of the phase-out of waiver recipients (Table 3) is the information contained in Table 4 below, which includes data for CAP Waiver recipients from 7/1/2001 through 6/30/2002 (SFY02, the fifth waiver year of the waiver renewal period). Based on experience during SFY02, an estimated 4% of individuals on this waiver will leave the waiver each year. . Since the population on this waiver tends to be older and less likely to move but more likely to require additional support, of those leaving the waiver 30% are projected to leave the waiver due to death, 20% are projected to be no longer waiver eligible (e.g., to increased earnings due to employment) 10% are projected to move into an institution, 25% are projected to move out of state, and 5% are projected to leave the waiver due to no longer wanting to be on the waiver and/or to no longer wanting Division services.

^{***}From Table 2 below.

^{**}From Table 3 below.

ATTACHMENT G-1-a (CONTINUED) PROJECTION OF FACTOR C

TABLE 3. PHASE-OUT PROJECTIONS DURING THE WAIVER PERIOD*

Phase-Out Due To:	Waiver Year 1	Waiver Year 2	Waiver Year 3
Death	51	49	47
Ineligibility	34	33	32
Moved into an Institution	17	16	16
Moved out of State	43	41	39
No Longer Want DD Services and/or to be on the waiver	9	8	8
Other	17	17	16
TOTAL #	171	164	158
TOTAL MONTHS ON WAIVER	1,155	1,097	1,070

^{*}Based on Table 4.

TABLE 4. PHASE-OUT FROM THE CAP WAIVER: 7/1/2001-6/30/2002

		No Longer	Moved into	Moved Out	No longer Wants DDD Services and/or to		
Month	# of Deaths	Waiver- Eligible	an Institution	of State	be on the waiver	Other	TOTAL
7/2001	9	7	2	18	4	3	43
8/2001	12	4	1	18	2		37
9/2001	7	7	3	18	2	3	40
10/2001	7	7	3	12	2		31
11/2001	8	9	3	7	1	6	34
12/2001	8	10	2	8	4	5	37
1/2002	8	3	1	13	4	2	31
2/2002	8	6	2	5	4	6	31
3/2002	13	14	2	6	9	2	46
4/2002	10	11		7	3	5	36
5/2002	5	6	1	6	2	4	24
6/2002	6	10	2	8	3	4	33
TOTAL	101	94	22	126	40	40	423
% of Total	23.8%	22.2%	5.2%	29.8%	9.5%	9.5%	100.0%

State: Washington 3 Date: 1/1/2004

APPENDIX G-2

METHODOLOGY FOR DERIVATION OF FORMULA VALUES

FACTOR D

LOC: <u>ICF/MR</u>

The July 25, 1994 final regulation defines Factor D as:

"The estimated annual average per capita Medicaid cost for home and community-based services for individuals in the waiver program."

The demonstration of Factor D estimates is on the following page.

APPENDIX G-2 FACTOR D LOC: <u>ICF/MR</u>

Demonstration a)	n of Factor	D estim	nates: <u>(Attache</u>	<u>d; s</u>	See also A	ttachment G-2-
Waiver Year	1	2	3	4	5	
·	auball#	Dogin	# Appus 1	••••	Arra IIni+	. motol
•			Avg. # Annual Units/User			• 10ta1
•	•	•		•		•
•Column A	• Column	В •	Column C	•	Column D	• Column E
• 1.	•	•	•••••	•	• • • • • • • •	•
2.3.	•	•	• • • • • • • • • • • • • • • • • • • •	•		•
4.	•	•	• • • • • • • • • • • • • • • • • • • •	•		· · · · · · · · · · · · · · · · · · ·
5.6.	•	•	•••••	•	• • • • • • • •	•
• 7.	•	•		•		•
• 8.	•	•	• • • • • • • • • • • • • • • • • • • •	•		•
9.10.	•	•	•••••	•	• • • • • • • •	•
GRAND TOTAL TOTAL ESTIMA			CIPIENTS:	••••	• • • • • • • • •	• • • • • • • • • • • • • •
FACTOR D(Div		y number	of recipients):		

APPENDIX G-2 FACTOR D LOC: <u>ICF/MR</u>

Demonstration of Factor D estimates:

Third Waiver

Renewal Year 1___X __ 2____ 3 ____

Waiver Service/Unit	Recip. (Users) U	Avg. # Annual nits/User	Average Unit Cost	Total
Column A	Column B	Column C	Column D	Column E
1. Personal Care Services(Hr)	786	928.7	\$ 10.14	\$ 7,401,776
2. Respite Care (Hour)	470	854.3	10.77	4,324,381
3. Habilitation Services				
a. Residential Habilitation				
Contracted Supported Living (Day)	2,680	356.4	132.52	126,576,743
State-Staffed Supported Living (Day)	98	355.2	273.40	9,516,945
Group Home (Day)	470	342.2	97.53	15,686,140
Child Placing Agency (Month)	22	8.3	3,712.25	677,857
Family Foster Care (Month)	290	10.6	2,167.55	6,663,049
Staffed Residential Home (Day)	49	237.2	216.96	2,521,683
Foster Group Care (Month)	49	8.3	5,324.62	2,165,523
Alternative Living (Hr)	342	252.5	14.03	1,211,561
Attendant Care (Hour)	241	1,620.1	8.99	3,510,092
<pre>b. Prevocational Services (Month)</pre>	686	10.6	518.65	3,771,415
c. Supported Employment Services (Month)	1,124	10.6	500.74	5,966,017
4. Environmental Accessib. Adaptations (Each)	43	1.0	1,000.00	43,000
5. Skilled Nursing (Hour)	1,026	60.2	25.52	1,576,248
6. Transportation (Mile)	598	2,078.0	0.31	385,220

Undup. Avg.

State: Washington 3 Date: 1/1/2004

Average

APPENDIX G-2 FACTOR D

LOC: <u>ICF/MR</u>

Demonstration of Factor D estimates:

Third Waiver

Renewal Year 1 X 2 3 _____

Waiver Service/Unit	(Users)	Units/User	Unit Cost	Total
Column A	Column B	Column C	Column D	Column E
7. Specialized Medical Equipment and Supplies (Each)	17	2.4	310.68	12,676
8. Adult Foster Care (Day)	137	218.3	46.93	1,403,540
9. Adult Residential Care (Day)	21	208.9	23.89	104,803
10.Physical Therapy Services (Hour)	132	36.6	40.39	195,132
11.Occupational Therapy Services (Hour)	85	16.5	47.22	66,226
12.Speech,Hearing, and Language Services (Hour)	43	31.9	28.51	39,107
13.Behavior Management and Consultation (Hour)	430	28.3	54.84	667,348
14.Staff/Family Consultation and Training (Hour)	30	263.1	15.85	125,104
15.Specialized Psychiatric Services (Each)	43	5.9	143.06	36,294
16.Community Access (Month)	910	10.6	473.45	4,566,899
17.Community Guide (Each)	4	2.4	64.71	621

Undup.

Recip.

Avg. #

Annual

GRAND TOTAL (sum of column E): \$ 199,936,336

TOTAL ESTIMATED UNDUPLICATED RECIPIENTS: 4,273

FACTOR D (Divide total by number of recipients): \$46,791

179

8.3

485.25

720,936

AVERAGE LENGTH OF STAY: 358.3 days

18. Person to Person (Month)

State: Washington 3 Date: $\frac{1}{1/2004}$

APPENDIX G-2 FACTOR D LOC: <u>ICF/MR</u>

Demonstration of Factor D estimates:

Third Waiver

Renewal Year 1_____ 2_X 3_____

Waiver Service/Unit	# Undup. Recip. (Users) U	Avg. # Annual nits/User	Average Unit Cost	Total
Column A	Column B	Column C	Column D	Column E
1. Personal Care Services(Hr)	762	928.7	\$ 10.14	\$ 7,175,768
2. Respite Care (Hour)	451	854.3	10.77	4,149,566
3. Habilitation Services				
a. Residential Habilitation				
Contracted Supported Living (Day)	2,589	356.4	132.52	122,278,801
State-Staffed Supported Living (Day)	94	355.2	273.40	9,128,498
Group Home (Day)	451	342.2	97.53	15,052,019
Child Placing Agency (Month)	20	8.3	3,712.25	616,234
Family Foster Care (Month)	258	10.6	2,167.55	5,927,816
Staffed Residential Home (Day)	45	237.2	216.96	2,315,831
Foster Group Care (Month)	43	8.3	5,324.62	1,900,357
Alternative Living (Hr)	328	252.5	14.03	1,161,965
Attendant Care (Hour)	235	1,620.1	8.99	3,422,704
b. Prevocational Svcs (Month)	658	10.6	518.65	3,617,480
c. Supported Employment Services (Month)	1,079	10.6	500.74	5,727,164
4. Environmental Accessib. Adaptations (Each)	41	1.0	1,000.00	41,000
5. Skilled Nursing (Hour)	984	60.2	25.52	1,511,723
6. Transportation (Mile)	574	2,078.0	0.31	369,759

168

State: Washington 3 Date: 1/1/2004

APPENDIX G-2 FACTOR D

LOC: <u>ICF/MR</u>

Demonstration of Factor D estimates:

Third Waiver

Renewal Year 1_____ 2_X__ 3 _____

Undup. Avg. # Recip. Annual Average Unit Cost Total

Column A Column B Column C Column D Column

7. Specialized Medical 16 2.4 310.68 1

Column A	Column B	Column C	Column D	Column E
7. Specialized Medical Equipment and Supplies (Each)	16	2.4	310.68	11,930
8. Adult Foster Care (Day)	136	218.3	46.93	1,393,295
9. Adult Residential Care (Day)	21	208.9	23.89	104,803
10.Physical Therapy Services (Hour)	127	36.6	40.39	187,741
11.Occupational Therapy Services (Hr)	82	16.5	47.22	63,889
12.Speech, Hearing, and Language Services (Hour)	41	31.9	28.51	37,288
13.Behavior Management and Consultation (Hour)	413	28.3	54.84	640,964
14.Staff/Family Consultation and Training (Hour)	29	263.1	15.85	120,934
15.Specialized Psychiatric Services (Each)	41	5.9	143.06	34,606
16.Community Access (Month)	874	10.6	473.45	4,386,230
17.Community Guide (Each)	4	2.4	64.71	621
18.Person to Person (Month)	172	8.3	485.25	692,743

GRAND TOTAL (sum of column E): \$ 192,071,729

TOTAL ESTIMATED UNDUPLICATED RECIPIENTS: 4,102

FACTOR D (Divide total by number of recipients): \$46,824

AVERAGE LENGTH OF STAY: 358.6 days

169
State: <u>Washington 3</u>
Date: <u>1/1/2004</u>

APPENDIX G-2 FACTOR D LOC: <u>ICF/MR</u>

Demonstration of Factor D estimates:

Third Waiver

Renewal Year 1____ 2___ 3__X___

Waiver Service/Unit	Recip. (Users) U	Annual nits/User	Average Unit Cost	Total
Column A	Column B	Column C	Column D	Column E
1. Personal Care Services(Hr)	743	928.7	\$ 10.14	6,996,844
2. Respite Care (Hour)	433	854.3	10.77	3,983,951
3. Habilitation Services				
a. Residential Habilitation				
Contracted Supported Living (Day)	2,509	356.4	132.52	118,500,391
State-Staffed Supported Living (Day)	91	355.2	273.40	8,837,163
Group Home (Day)	433	342.2	97.53	14,451,274
Child Placing Agency (Month)	18	8.3	3,712.25	554,610
Family Foster Care (Month)	222	10.6	2,167.55	5,100,679
Staffed Residential Home (Day)	42	237.2	216.96	2,161,442
Foster Group Care (Month)	36	8.3	5,324.62	1,590,996
Alternative Living (Hr)	315	252.5	14.03	1,115,911
Attendant Care (Hour)	230	1,620.1	8.99	3,349,881
b. Prevocational Svcs (Month)	632	10.6	518.65	3,474,540
c. Supported Employment Services (Month)	1,036	10.6	500.74	5,498,926
4. Environmental Accessib. Adaptations (Each)	39	1.0	1,000.00	39,000
5. Skilled Nursing (Hour)	945	60.2	25.52	1,451,807
6. Transportation (Mile)	551	2,078.0	0.31	354,943

Undup. Avg.

State: Washington 3 Date: 1/1/2004

APPENDIX G-2 FACTOR D

LOC: <u>ICF/MR</u>

Demonstration of Factor D estimates:

Third Waiver

Renewal Year 1_____ 2___ 3 ___X___

Waiver Service/Unit	# Undup. Recip. (Users)	Avg. # Annual Units/User	Average Unit Cost	Total
Column A	Column B	Column C	Column D	Column

Column A	Column B	Column C	Column D	Column E
7. Specialized Medical Equipment and Supplies (Each)	16	2.4	310.68	11,930
8. Adult Foster Care (Day)	137	218.3	46.93	1,403,540
9. Adult Residential Care (Day)	20	208.9	23.89	99,812
10.Physical Therapy Services (Hour)	122	36.6	40.39	180,349
11.Occupational Therapy Services (Hour)	79	16.5	47.22	61,551
12.Speech, Hearing, and Language Services (Hour)	39	31.9	28.51	35,469
13.Behavior Management and Consultation (Hour)	397	28.3	54.84	616,133
14.Staff/Family Consultation and Training (Hour)	28	263.1	15.85	116,764
15.Specialized Psychiatric Services (Each)	39	5.9	143.06	32,918
16.Community Access (Month)	839	10.6	473.45	4,210,580
17.Community Guide (Each)	4	2.4	64.71	621
18.Person to Person (Month)	165	8.3	485.25	664,550

<u>GRAND TOTAL</u> (sum of column E): \$ 184,896,575

TOTAL ESTIMATED UNDUPLICATED RECIPIENTS: 3,938

FACTOR D (Divide total by number of recipients): \$46,952

AVERAGE LENGTH OF STAY: 358.7 days

State: Washington 3 Date: $\frac{1}{1}$

Date: 1/1/2004

ATTACHMENT G-2-a DERIVATION/PROJECTION OF FACTOR D

Utilization and expenditures are based upon actual utilization and expenditures for this group of clients during FY02 (7/1/01-6/30/02) projected through the course of the waiver period, with the exceptions identified below.

Utilization and expenditures for environmental accessibility adaptations are **not** based on service utilization during FY02. Projections of the use of environmental modifications are based on program staff estimates, as historical data are not readily available.

<u>Utilization</u>

The total number using each service is based on the percent of this group on the waiver at any time during FY02 that used the service, with the exception noted above. In addition, utilization of residential habilitation, personal care, and adult foster care services has been adjusted to reflect the aging out of individuals receiving support services from child placing agencies, family foster care, staffed residential homes, and foster group care. These providers serve individuals in the Voluntary Placement Program (VPP).* At age 21 individuals age out of the VPP and receive support services from other providers (e.g., supported living, group home, personal care). Also, the use of residential habilitation, prevocational services, supported employment services, and behavior management and consultation services has been adjusted to reflect their use by new waiver recipients.

The number of units used is based on the average number of service units used per each month on the waiver during FY02 for this group applied to the total months on the waiver projected for each waiver year, with the exception noted above.

Expenditures

Projected expenditure per unit of service is based on actual expenditures per unit of service during FY02 (with the exceptions noted above), trended forward by 1.5% to reflect the vendor rate increase provided on 7/1/2002. The trend factor does not apply (and was not applied) to the service costs for environmental accessibility adaptations, family foster care (residential habilitation), state-staffed supported living (residential habilitation) and transportation (i.e., mileage reimbursement). Other increases in expenditures from the base year are increases of 8.03% in the cost of personal care services, 8.08% in the cost of respite care services, 5.4% in the cost of adult foster care services, and 6.18% in the cost of adult residential care services, all of which reflect the impact on providers serving individuals on this waiver of targeted vendor rate increases provided by the Legislature effective October 1, 2003.

^{*}The VPP is a foster care program for children or youth that are in a voluntary placement outside the family home. Participation in the VPP is due solely to the individual's disability (i.e., abuse and/or neglect is not at issue). Parents retain custody of their child while the child receives support services in a placement in a licensed setting.

TABLE 1. PROJECTIONS OF THE TOTAL NUMBER OF CLIENTS USING WAIVER SERVICES BY WAIVER YEAR*

Waiver Service	Waiver Year 1	Waiver Year 2	Waiver Year 3
1. Personal Care Services	786	762	743
2. Respite Care	470	451	433
3. Habilitation Services			
a. Residential Habilitation			
Privately-Contracted Supported Living	2,680	2,589	2,509
State-Staffed Supported Living	98	94	91
Group Home	470	451	433
Child Placing Agency	22	20	18
Family Foster Home	290	258	222
Staffed Residential Home	49	45	42
Foster Group Care Home	49	43	36
Alternative Living	342	328	315
Attendant Care	241	235	230
b. Prevocational Svcs	686	658	632
c. Supported Employment Svs.	1,124	1,079	1,036
4. Environmental Accessibility Adaptations	43	41	39
5. Skilled Nursing	1,026	984	945
6. Transportation	598	574	551
7. Specialized Medical Equipment and Supplies	17	16	16
8. Adult Foster Care	137	136	137
9. Adult Residential Care	21	21	20
10.Physical Therapy	132	127	122
11.Occupational Therapy	85	82	79
12.Speech, Hearing, and Language Services	43	41	39
13.Behavior Management and Consultation	430	413	397
14.Staff/Family Consultation and Training	30	29	28
15.Specialized Psychiatric Svcs	43	41	39
16.Community Access	910	874	839
17.Community Guide	4	4	4
18.Person to Person	179	172	165

^{*}Based on the information in Table 4 below.

State: Washington 3 Date: $\frac{1}{1/2004}$

Date: <u>1/1/2004</u>

ATTACHMENT G-2-a (CONTINUED) DERIVATION/PROJECTION OF FACTOR D

TABLE 2. PROJECTIONS OF THE AVERAGE ANNUAL NUMBER OF UNITS OF SERVICE PER USER EACH WAIVER YEAR*

	Average Annual Number of Units of
Waiver Service	Service Per User Each Waiver Year
1. Personal Care Services (Hour)	928.7
2. Respite Care (Hour)	854.3
3. Habilitation Services	
a. Residential Habilitation	
Privately-Contracted Supported Living (Day)	356.4
State-Staffed Supported Living (Day)	355.2
Group Home (Day)	342.2
Child Placing Agency (Month)	8.3
Foster Family Home (Day)	10.6
Staffed Residential Home (Day)	237.2
Foster Group Care Home (Day)	8.3
Alternative Living (Hour)	252.5
Attendant Care (Hour)	1,620.1
b. Prevocational Svcs (Month)	10.6
c. Supported Employment Services (Month)	10.6
4. Environmental Accessibility Adaptations (Each)	1.0**
5. Skilled Nursing (Hour)	60.2
6. Transportation (Mile)	2,078.0
7. Specialized Medical Equipment and Supplies (Each)	2.4
8. Adult Foster Care (Day)	218.3
9. Adult Residential Care (Day)	208.9
10.Physical Therapy (Hour)	36.6
11.Occupational Therapy (Hour)	16.5
12.Speech, Hearing, and Language Svcs (Hr)	31.9
13.Behavior Management and Consultation (Hour)	28.3
14.Staff/Family Consultation and Training (Hour)	263.1
15.Specialized Psychiatric Services (Each)	5.9
16.Community Access (Month)	10.6
17.Community Guide (Each)	2.4
18.Person to Person (Month)	8.3

^{*}Based on the information in Table 6 below and an average length of stay on the waiver of 11.8 months for each waiver year.

^{**}One per user, based on staff estimate.

Date: 1/1/2004

ATTACHMENT G-2-a (CONTINUED) DERIVATION/PROJECTION OF FACTOR D

TABLE 3. PROJECTIONS OF THE AVERAGE UNIT COST OF SERVICE BY WAIVER YEAR

Waiver Service	Waiver Year 1	Waiver Year 2	Waiver Year 3
1.Personal Care Services (Hour)	\$ 10.14*	\$ 10.14	\$ 10.14
2.Respite Care (Hour)	10.77**	10.77	10.77
3.Habilitation Services			
a.Residential Habilitation			
Privately-Contracted			
Supported Living (Day)	132.52***	132.52	132.52
State-Staffed Supported Living (Day)	273.40	273.40	273.40
Group Home (Day)	97.53***	97.53	97.53
Child Placing Agency (Month)	3,712.25***	3,712.25	3,712.25
Family Foster Home (Day)	2,167.55	2,167.55	2,167.55
Staffed Residential Home (Day)	216.96***	216.96	216.96
Foster Group Care Home (Day)	5,324.62***	5,324.62	5,324.62
Alternative Living (Hour)	14.03***	14.03	14.03
Attendant Care (Hour)	8.99***	8.99	8.99
b.Prevocational Svcs (Month)	518.65***	518.65	518.65
c.Supported Employment Svcs ((Month)	500.74***	500.74	500.74
4.Environmental Accessibility Adaptations (Each)	1,000.00	1,000.00	1,000.00
5.Skilled Nursing (Hour)	25.52***	25.52	25.52
6.Transportation (Mile)	0.31	0.31	0.31
7.Special. Medical Equip.& Supplies(Each)	310.68***	310.68	310.68
8.Adult Foster Care (Day)	46.93****	46.93	46.93
9.Adult Residential Care (Day)	23.89****	23.89	23.89
10.Physical Therapy (Hour)	40.39***	40.39	40.39
11. Occupational Therapy (Hour)	47.22***	47.22	47.22
12.Speech, Hearing, and Language Svcs (Hr)	28.51***	28.51	28.51
13.Behavior Management and Consult. (Hr)	54.84***	54.84	54.84
14.Staff/Family Consult. & Training (Hr)	15.85***	15.85	15.85
15. Specialized Psychiatric Svcs (Each)	143.06***	143.06	143.06
16.Community Access (Month)	473.45***	473.45	473.45
17.Community Guide (Each)	64.71***	64.71	64.71
18.Person to Person (Month) *Based on the costs identified in Table 7 below	485.25***	485.25	485.25

^{*}Based on the costs identified in Table 7 below, increased by 1.5% (per a vendor rate increase (VRI) on 7/1/02) plus an additional 8.62% to reflect a targeted VRI to be provided on 10/1/03.

^{**}Based on the costs identified in Table 7 below, increased by 1.5% (per a VRI on 7/1/02 plus an additional 4.88% to reflect a targeted VRI to be provided on 10/1/03. ***Based on the costs identified in Table 7 below, increased by 1.5% to reflect a

^{***}Based on the costs identified in Table 7 below, increased by $\hat{1}.5\%$ to reflect a VRI provided on 7/1/2002.

^{****}Based on the costs identified in Table 7 below, increased by 1.5% (7/1/02 VRI) plus an additional 5.4% to reflect a targeted VRI to be provided on 10/1/03. *****Based on the costs identified in Table 7 below, increased by 1.5% (7/1/03 VRI), plus an additional 6.18% to reflect a targeted VRI to be provided on 10/1/03.

Due to the state's current fiscal situation, it is anticipated no vendor rate increases will be provided during waiver years 2 and 3.

ATTACHMENT G-2-a (CONTINUED)

DERIVATION/PROJECTION OF FACTOR D

TABLE 4. PROJECTIONS OF THE NUMBER OF CLIENTS USING WAIVER SERVICES DURING WAIVER YEAR 1*

Waiver Service	% of Clients Projected to Use Each Service	Clients to Receive Svc. During Waiver Year 1
1. Personal Care Services	18%	786**
2. Respite Care	11%	470
3. Habilitation Services		
a. Residential Habilitation		
Contracted Supported Living***	62%	2,680**
State-Staffed Supported Living	2.3%	98
Group Home	11%	470
Child Placing Agency	0.6%	22****
Family Foster Home	7.4%	290****
Staffed Residential Home	1.2%	49****
Foster Group Care Home	1.2%	49***
Alternative Living	8.0%	342
Attendant Care	5.5%	241**
b. Prevocational Svcs***	16%	686
<pre>c. Supported Employment Services***</pre>	26.2%	1,124
4. Environmental Accessibility Adaptations	1%	43
5. Skilled Nursing	24%	1,026
6. Transportation	14%	598
7. Specialized Medical Equipment and Supplies	0.4%	17
8. Adult Foster Care	3%	137**
9. Adult Residential Care	0.5%	21
10.Physical Therapy	3.1%	132
11.0ccupational Therapy	2.0%	85
12.Speech, Hearing, and Language Services	1.0%	43
13.Behavior Management and Consultation***	10.0%	430
14.Staff/Family Consultation and Training	0.7%	30
15.Specialized Psychiatric Services	1.0%	43
16.Community Access	21.3%	910
17.Community Guide	0.1%	4
18.Person to Person	4.2%	179

^{*}Derived from the information in Tables 5, 6 and 7 below.

^{**}Adjusted to reflect movement to services as indicated in Table 6 below $(e.g., .18 \times 4,273 = 769 + 11 + 6 = 786)$.

^{***}Number served adjusted to reflect service use by new waiver clients.

^{****}Adjusted to reflect movement from services as indicated in Table 5 below. The number served for the following year is adjusted downward per Table 5.

ATTACHMENT G-2-a (CONTINUED)

DERIVATION/PROJECTION OF FACTOR D

TABLE 5. NUMBER OF INDIVIDUALS AGING OUT OF THE VPP THAT USE VARIOUS SUPPORT SERVICES BY MONTH OF AGE-OUT*

SERVICES BY MONTH OF	Support Pri			the VPP
		covided I		
		Foster	Child	Staffed
	_	Group	Placing	Residential
	Foster Care	Care	Agency	Home
Subsequent to Base Year				
(SYF02) & Prior to Wvr Yr 1	26	2	4	2
Marith 1				
Waiver Yr 1-Month 1 Waiver Yr 1-Month 2	2 2	1	1	1
Waiver Yr 1-Month 2 Waiver Yr 1-Month 3	1	1		
Waiver Yr 1-Month 4	1			
Waiver Yr 1-Month 5	1			
Waiver Yr 1-Month 6	2			
Waiver Yr 1-Month 7	3	1		
Waiver Yr 1-Month 8	3			
Waiver Yr 1-Month 9	3			1
Waiver Yr 1-Month 10	1	1		_
Waiver Yr 1-Month 11	1			
Waiver Yr 1-Month 12				
Waiver Yr 2-Month 1	3	1		
Waiver Yr 2-Month 2	1			
Waiver Yr 2-Month 3	4	1	1	
Waiver Yr 2-Month 4	1	1	_	
Waiver Yr 2-Month 5	1			1
Waiver Yr 2-Month 6	3	1		
Waiver Yr 2-Month 7	1			
Waiver Yr 2-Month 8				
Waiver Yr 2-Month 9	4			
Waiver Yr 2-Month 10				
Waiver Yr 2-Month 11	2			
Waiver Yr 2-Month 12	3	1		
		_		
Waiver Yr 3-Month 1	3	1		1
Waiver Yr 3-Month 2	2	1		1
Waiver Yr 3-Month 3	4	1	1	
Waiver Yr 3-Month 4	4	1		
Waiver Yr 3-Month 5	2			1
Waiver Yr 3-Month 6	2			
Waiver Yr 3-Month 7	2			
Waiver Yr 3-Month 8	4	1		
Waiver Yr 3-Month 9	2	_	1	
Waitron Vn 2-Month 10		i .	i	İ
Waiver Yr 3-Month 10	-	1		
Waiver Yr 3-Month 10 Waiver Yr 3-Month 11 Waiver Yr 3-Month 12	5 2	1 1		

 $^{{}^{\}star}\text{Reflects}$ current or historical (for those already aged out) use of services under the VPP.

STATE: Washington 3

TABLE 6. NUMBER OF INDIVIDUALS AGING OUT OF THE VPP THAT WILL USE VARIOUS SUPPORT SERVICES BY MONTH OF AGE-OUT*

SUPPORT SERVICES BY			Aging Out of t	he VPP
	Provided By:			
	Personal	Supported	Adult	Attendant
Month Aging out of the VPP	Care	Living	Foster Care	Care
Subsequent to Base Year			_	_
(SYF02) & Prior to Wvr Yr 1	11	12	5	3
Waiver Yr 1-Month 1	1	2	1	
Waiver Yr 1-Month 2	1	1		
Waiver Yr 1-Month 3			1	1
Waiver Yr 1-Month 4		1		
Waiver Yr 1-Month 5				
Waiver Yr 1-Month 6		1		1
Waiver Yr 1-Month 7	1	2	1	
Waiver Yr 1-Month 8	1	2	_	
Waiver Yr 1-Month 9	_	2	1	1
Waiver Yr 1-Month 10	1	2		
Waiver Yr 1-Month 11	1			
Waiver Yr 1-Month 12				
Waiver Yr 2-Month 1	1	2	1	
Waiver Yr 2-Month 2	1			
Waiver Yr 2-Month 3	1	3	2	
Waiver Yr 2-Month 4	_	1		1
Waiver Yr 2-Month 5	1	1		
Waiver Yr 2-Month 6	1	2		
Waiver Yr 2-Month 7		1		
Waiver Yr 2-Month 8	1	2		1
Waiver Yr 2-Month 9	1	2		1
Waiver Yr 2-Month 10				
Waiver Yr 2-Month 11		1	1	
Waiver Yr 2-Month 12	1	2		1
Waiver Yr 3-Month 1		2	1	1
Waiver Yr 3-Month 2	1	2		1
Waiver Yr 3-Month 3	1	3	1	
Waiver Yr 3-Month 4	1	2	1	1
Waiver Yr 3-Month 5	1	1		1
Waiver Yr 3-Month 6	_	1	1	_
Waiver Yr 3-Month 7	1	1		
Waiver Yr 3-Month 8	1	2	1	
Waiver Yr 3-Month 9		2		
	1	∠		
Waiver Yr 3-Month 10	_	_		
Waiver Yr 3-Month 11	2	3	1	
Waiver Yr 3-Month 12	1	2		

^{*}Reflects projected or historical (for those already aged out) use of services after leaving the VPP. Projections based on % of VPP-Wvr ageouts using each service since inception of the VPP (1998).

STATE: Washington 3 DATE: 1/1/2004

TABLE 7. PERCENTAGE USING WAIVER SERVICES DURING FY02

Waiver Service	Percentage Using Waiver Services During FY02 (7/1/01 - 6/30/02
1. Personal Care Services	17.7%
2. Respite Care	10.8%
3. Habilitation Services	
a. Residential Habilitation	
Contracted Supported Living	61.9%
State-Staffed Supported	61.9%
Living	
Group Home	10.8%
Child Placing Agency	0.6%
Family Foster Care	7.4%
Staffed Residential Home	1.2%
Foster Group Care	1.2%
Alternative Living	8.0%
Attendant Care	5.5%
b. Prevocational Svcs	16.0%
c. Supported Employment Services	26.2%
4. Environmental Accessibility Adaptations	1.0%*
5. Skilled Nursing	24.0%
6. Transportation	13.6%
7. Specialized Medical Equipment and Supplies	0.4%
8. Adult Foster Care	3.0%
9. Adult Residential Care	0.5%
10.Physical Therapy	3.1%
11.0ccupational Therapy	1.9%
12.Speech,Hearing, and Language Services	1.0%
13.Behavior Management and Consultation	9.9%
14.Staff/Family Consultation and Training	0.7%
15.Specialized Psychiatric Svcs	1.0%
16.Community Access	21.3%
17.Community Guide	0.1%
18.Person to Person	4.2%
	-

^{*}Based on staff estimate.

STATE: Washington 3 DATE: 1/1/2004

TABLE 8. UNITS OF WAIVER SERVICES USED BY WAIVER CLIENTS DURING FY02 (7/1/2001 - 6/30/2002)

DURING FYUZ (7/1/2001 - 6/30/	
Waiver Service	# of Units of Service Received During Each Month on the Waiver
1. Personal Care Services (Hour)	78.7
2. Respite Care (Hour)	72.4
3. Habilitation Services	
a. Residential Habilitation	
Contracted Supported Living (Day)	30.2
State-Staffed Supported Living (Day)	30.1
Group Home (Day)	29.0
Child Placing Agency (Month)	0.7
Family Foster Care (Day)	0.9
Staffed Residential Home (Day)	20.1
Foster Group Care (Day)	0.7
Alternative Living (Hour)	21.4
Attendant Care (Hour)	137.3
b. Prevocational Services	0.9
(Month)	
c. Supported Employment	0.9
Services (Month)	
4. Environmental Accessibility Adaptations(Each)	*
5. Skilled Nursing (Hour)	5.1
6. Transportation (Mile)	176.1
7. Specialized Medical Equipment and Supplies (Each)	0.2
8. Adult Foster Care (Day)	18.5
9. Adult Residential Care (Day)	17.7
10.Physical Therapy (Hour)	3.1
11.Occupational Therapy (Hour)	1.4
12.Speech, Hearing, and Language Services (Hour)	2.7
13.Behavior Management and Consultation (Hour)	2.4
14.Staff/Family Consultation and Training (Hour)	22.3
15.Specialized Psychiatric Services (Each)	0.5
16.Community Access (Month)	0.9
17.Community Guide (Each)	0.2
18.Person to Person (Month)	0.7

^{*}One per user, based on staff estimate.

STATE: <u>Washington 3</u>

ATTACHMENT G-2-a (CONTINUED)

DERIVATION/PROJECTION OF FACTOR D

TABLE 9. COST PER UNIT OF WAIVER SERVICES FOR WAIVER CLIENTS DURING FY02 (7/1/2001 - 6/30/2002)

	Average Cost per Unit of Waiver
Waiver Service	Service Received During FY02
1. Personal Care Services (Hour)	\$9.20
2. Respite Care (Hour)	10.12
3. Habilitation Services	10,11
a. Residential Habilitation	
Contracted Supported Living (Day)	130.56
State-Staffed Supported Living	273.40
(Day)	
Group Home (Day)	96.09
Child Placing Agency (Month)	3,657.39
Family Foster Care (Month)	2,167.55
Staffed Residential Home (Day)	213.75
Foster Group Care (Month)	5,245.93
Alternative Living (Hour)	13.82
Attendant Care (Hour)	8.86
<pre>b. Prevocational Svcs (Month)</pre>	510.99
c. Supported Employment Services (Month)	493.34
4. Environmental Accessibility Adaptations(Each)	1,000.00*
5. Skilled Nursing (Hour)	25.14
6. Transportation (Mile)	0.31
7. Specialized Medical	306.09
Equipment and Supplies (Each)	
8. Adult Foster Care (Day)	43.87
9. Adult Residential Care (Day)	22.17
10.Physical Therapy (Hour)	39.79
11.Occupational Therapy (Hour)	46.52
12.Speech, Hearing, and Language Services (Hour)	28.09
13.Behavior Management and Consultation (Hour)	54.03
14.Staff/Family Consultation and Training (Hour)	15.62
15.Specialized Psychiatric Services (Each)	140.95
16.Community Access (Month)	466.45
17.Community Guide (Each)	63.75
18.Person to Person (Month)	478.08

^{*}Based on staff estimate.

STATE: Washington 3 DATE: 1/1/2004

METHODS USED TO EXCLUDE PAYMENTS FOR ROOM AND BOARD

The purpose of this Appendix is to demonstrate that Medicaid does not pay the cost of room and board furnished to an individual under the waiver.

A. The following service(s), other than respite care*, are furnished in residential settings other than the natural home of the individual(e.g., foster homes, group homes, supervised living arrangements, assisted living facilities, personal care homes, or other types of congregate living arrangements). (Specify):

Residential Habilitation may be provided in a family foster home, foster group care facility, group home, group training home, or staffed residential home.

Adult foster care services are provided in adult family homes.

Adult residential care services are provided in licensed boarding homes.

*NOTE: FFP may be claimed for the cost of room and board when provided as part of respite care in a Medicaid certified NF or ICF/MR, or when it is provided in a foster home or community residential facility that meets State standards specified in this waiver.)

B. The following service(s) are furnished in the home of a paid caregiver. (Specify):

Residential habilitation services may be provided in a family foster home.

Below is an explanation of the method used by the State to exclude Medicaid payment for room and board.

ATTACHMENT G-3-a

DOCUMENTATION OF APPROPRIATE CLAIMING FOR HOME SUPPORTS

Adult Family Home

Payment for the room and board for an adult family home resident is made under a stand-alone payment code. The payment made by the state is net of client payments (e.g., from SSI or other unearned or earned income). State payments for room and board are account-coded to all state dollars (i.e., are not account-coded against the division's home and community-based services waiver).

Adult Residential Care

Payment for the room and board for an adult residential care resident is made under a stand-alone SSPS code. The payment made by the state is net of client payments (e.g., from SSI or other unearned or earned income). State payments for room and board are account-coded to all state dollars (i.e., are not account-coded against the division's home and community-based services waiver).

Foster Family Home

Payment for the room and board for a foster family home resident is made under a stand-alone payment code. The payment made by the state is net of any payment made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

Foster Group Care Facility

Payment for the room and board for a foster group care facility resident is made under a stand-alone payment code. The payment made by the state is net of any payment made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

Group Home/Group Training Home

The state of Washington's claim for residential habilitation services provided in group homes and group training homes is based on the cost of group home services only (i.e., not based on the total cost of the group home, which includes room and board). The individual pays for the cost of room and board using earned or unearned income. If the individual's contribution is less that the full cost of the room and board, the payment toward the cost of room and board made by the state is account-coded to all state dollars to ensure that no federal funding is claimed. The rate for room and board for most group homes has been standardized at \$492.50 per month. A few (i.e., the larger) group homes have room and board rates less than \$492.50.

ATTACHMENT G-3-a

DOCUMENTATION OF APPROPRIATE CLAIMING FOR HOME SUPPORTS (Continued)

Individuals Residing in Their Own Residence

Waiver clients who live in their own home (e.g., house, apartment) pay for their room and board out of their own resources (e.g., SSA, SSI, earnings from supported employment). Since supportive living services (either state-staffed or privately contracted) do not include room and board, payments for those services (which are claimed under Title XIX) do not include the cost of room and board.

Staffed Residential Home

The payment for room and board for a staffed residential home resident is made under a stand-alone payment code. The payment made by the state is net of any payments made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

METHODS USED TO MAKE PAYMENT FOR RENT AND FOOD EXPENSES OF AN UNRELATED LIVE-IN CAREGIVER

Check	one:	
Х		The State will not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who lives with the individual(s) served on the waiver.

The State will reimburse for the additional costs of rent and food attributable to an unrelated live-in personal caregiver who lives in the home or residence of the individual served on the waiver. The service cost of the live-in personal caregiver and the costs attributable to rent and food are reflected separately in the computation of factor D (cost of waiver services) in Appendix G-2 of this waiver request.

Attached is an explanation of the method used by the State to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver.

FACTOR D'

LOC: <u>ICF/MR</u>

NOTICE: On July 25, 1994, HCFA published regulations which changed the definition of factor D'. The new definition is:

"The estimated annual average per capita Medicaid cost for all other services provided to individuals in the waiver program."

Include in Factor D' the following:

The cost of all State plan services (including home health, personal care and adult day health care) furnished in addition to waiver services WHILE THE INDIVIDUAL WAS ON THE WAIVER.

The cost of short-term institutionalization (hospitalization, NF, or ICF/MR) which began AFTER the person's first day of waiver services and ended BEFORE the end of the waiver year IF the person returned to the waiver.

Do NOT include the following in the calculation of Factor D':

If the person did NOT return to the waiver following institutionalization, do NOT include the costs of institutional care.

Do NOT include institutional costs incurred BEFORE the person is first served under the waiver in this waiver year.

If institutional respite care is provided as a service under this waiver, calculate its costs under Factor D. Do not duplicate these costs in your calculation of Factor D'.

APPENDIX G	- 5
FACTOR D'	(cont.)
LOC: ICF/M	I <u>R</u>
Factor D'	is computed as follows (check one):
	Based on HCFA Form 2082 (relevant pages attached).
X	Based on HCFA Form 372 for Waiver $\#$ 0050.90.R2 which served this population (see Attachment G-5-a).
	Based on a statistically valid sample of plans of care for individuals with the disease or condition specified in item 3 of this request.
	Other (specify):

ATTACHMENT G-5-a

PROJECTION OF D'

TABLE 1. PROJECTION OF FACTOR D' VALUES

Waiver Time Period	<u>Factor D'</u>
Base Year: 7/1/2001-60/30/2002	10,453
Waiver Year 1	10,610*
Waiver Year 2	10,610
Waiver Year 3	10,610

 $^{*10,610 = (10,453 \}times 1.015)$

Factor D' values represent the Factor D' value from the 372 Report for Waiver #0050.90.R2 (the individuals that will be on this waiver are a subset of those served by Waiver #0050.90.R2) for the fifth year (7/1/01 - 6/30/02) of the waiver renewal period. A single trend factor of 1.5% has been applied to reflect a 7/1/02 vendor rate increase. No other trend factors have been applied, because it is anticipated no vendor rate increases will be provided during the course of the waiver period.

FACTOR G

LOC: <u>ICF/MR</u>

Factor G is computed as follows:

The July 25, 1994 final regulation defines Factor G as:

"The estimated annual average per capita Medicaid cost for hospital, NF, or ICF/MR care that would be incurred for individuals served in the waiver, were the waiver not granted."

Provide data ONLY for the level(s) of care indicated in item 2 of this waiver request.

	Based on institutional cost trends shown by HCFA Form 2082 (relevant pages attached). Attached is an explanation of any adjustments made to these numbers.
	Based on trends shown by HCFA Form 372 for this waiver (which is being renewed), which reflect costs for an institutionalized population at this LOC provides an explanation of these projections.
	Based on actual case histories of individuals institutionalized with this disease or condition at this LOC. Documentation attached.
	Based on State DRGs for the disease(s) or condition(s) indicated in item 3 of this request, plus outlier days. Descriptions, computations, and an explanation of any adjustments are attached to this Appendix.
X	Other (specify): <u>Based on the actual per person per day</u> average cost for ICF/MR services in the State of Washington for SFY02 (7/1/2001-6/30/2002) times the average number of days individuals will be on this waiver. See Attachment G-6-a.

If institutional respite care is provided as a service under this waiver, calculate its costs under Factor D. Do not duplicate these costs in your calculation of Factor G.

ATTACHMENT G-6-a

PROJECTIONS OF FACTOR G

TABLE 1. PROJECTIONS OF FACTOR G VALUES

Time Period	Average Daily Cost of ICF/MR Care	Average # of Days in an ICF/MR for Waiver Clients in the Absence of the Waiver*	Projected Factor G Values
7/1/2001-6/30/2002	404.70		
Waiver Year 1	405.10**	358.3	145,147
Waiver Year 2	405.51**	358.6	145,416
Waiver Year 3	405.92**	358.7	145,604

^{*}From Appendix G-2.

Values for Factor G are based upon actual per day costs for ICF/MR care in the state of Washington during SFY02 (7/1/2001 - 6/30/2002) times the number of days clients on the waiver would be in an ICF/MR if the waiver did not exist. In the absence of the waiver, waiver clients would be in an ICF/MR for the same number of days that they were on the waiver. Average number of days on the waiver is contained in the projections of Factor D (Appendix G-2).

Since 6.6% of ICF/MR bed days are provided by private contractors which received a 1.92% vendor rate increase on 7/1/2002, the FY02 average cost has been increased by 0.1% (i.e., .0192 X .066) each year. The remainder of ICF/MR bed days (i.e., 93.4%) are provided by state-run institutions. It is anticipated no state employee pay raises will be provided during the waiver period.

^{**}Increased by 0.1% each year to reflect a vendor rate increase of 1.92% for facilities providing 6.6% of ICF/MR services (.001 = .0192 X .066).

FACTOR G'

LOC: <u>ICF/MR</u>

The July 25, 1994 final regulation defines Factor G' as:

"The estimated annual average per capita Medicaid costs for all services other than those included in Factor G for individuals served in the waiver, were the waiver not granted.

Include in Factor G' the following:

The cost of all State plan services furnished WHILE THE INDIVIDUAL WAS INSTITUTIONALIZED.

The cost of short-term hospitalization (furnished with the expectation that the person would return to the institution) which began AFTER the person's first day of institutional services.

If institutional respite care is provided as a service under this waiver, calculate its costs under Factor D. Do not duplicate these costs in your calculation of Factor G'.

APPENDIX G-7
FACTOR G'
LOC: ICF/MR
Factor G' is computed as follows (check one):
Based on HCFA Form 2082 (relevant pages attached).
Based on HCFA Form 372 for this waiver.
Based on a statistically valid sample of plans of care for individuals with the disease or condition specified in item 3 of this request.
X Other (specify): <u>Based on the actual cost for ICF/MR</u> residents for SFY01 (7/1/00 - 6/30/01) trended forward based on the and vendor rate increases provided on 7/1/2001 and 7/1/2002. See Attachment G-7-a.

ATTACHMENT G-7-a

PROJECTIONS OF FACTOR G'

TABLE 1. PROJECTED FACTOR G' VALUES

Time Period	Factor G'
Base Year: 7/1/2000 - 6/30/2001	\$2,072
Trend Factor (1.021 X 1.015)	X 1.036
Waiver Year 1	2,147
Waiver Year 2	2,147
Waiver Year 3	2,147

Projected Factor G' values are based on actual Medicaid State Plan costs for ICF/MR residents during SFY01 (7/1/00 - 6/30/01) trended forward based on vendor rate increases provided on 7/1/2001 (2.1%) and 7/1/2002 (1.5%). No additional trend factors have been applied because it is anticipated that no vendor rate increases will be provided during the waiver period. (SFY01 data were used because Medicaid vendors have up to one year to bill the MMIS for services, and more recent expenditure data might be incomplete.)

DEMONSTRATION OF COST NEUTRALITY

LOC: ICF/MR

YEAR 1

FACTOR D: 46,791 FACTOR G: 145,147

FACTOR D': 10,610 FACTOR G': 2,147

TOTAL: <u>57,401</u> < TOTAL: <u>147,294</u>

YEAR 2

FACTOR D: 46,824 FACTOR G: 145,416

FACTOR D': 10,610 FACTOR G': 2,147

TOTAL: <u>57,434</u> < TOTAL: <u>147,563</u>

YEAR 3

FACTOR D: 46,952 FACTOR G: 145,604

FACTOR D': 10,610 FACTOR G': 2,147

TOTAL: <u>57,562</u> < TOTAL: <u>147,751</u>